

Melbourne Marathon Spartans Club

Annual General Meeting
Monday 18 September 2023 at 7.30 pm in the
AFL Dining Room, Melbourne Cricket Ground

AGENDA

Item #	ITEM
1	Welcome by President Jay Fleming
2	Apologies by Secretary Anne Ziogos
3	Confirmation of Minutes of the Annual General Meeting held on 12 September 2022
4	Business Arising from above Minutes
5	Correspondence In/Out
6	President's Report (please see over page)
7	Treasurer's Report (please see over page)
8	Secretary's Report (please see over page)
9	General Business 9.1 Proposed Annual Membership Fee Increase
10	Election of Office Bearers – Nominations Received: President: Jay Fleming, Vice President: Paul Basile, Treasurer: Rod Bayley, Minute Secretary: Pamela Young, Membership Secretary: Felicity Doolan, People and Culture Secretary: Jay Fleming. General Committee (8): David Foskey, John Dobson, Kai Ooi, Vicky Chung, John Zeleznikow, Candida Baskcomb, Peter Seal
11	Presentations/Awards: Shirley Young Award - First Female Spartan in 2022 – Meta Vincent SF0095 – Time: 3.17.47 Presentation by Jayden Weatherley, Grandson of Shirley Young (SF0002) Jack Gubbins Award - First Male Spartan in 2022 – Jason Daye S1293 – Time: 2.26.55 Presentation by Life Member Peter Battrick (S0005) Hall of Fame Induction – Introduction by Legend Peter Ryan (S0069), assisted by Past President John Dean (S0020) Honorary 15 Year Milestone Award – Brenton Ponza SH0002

Special Award by President Jay Fleming (S1012)

10 Minute Break – Stretch your legs and then please return to your seat

12	Guest Speakers - David Eadie & Nikki Wynd
13	Presentation of Spartan Singlets by David Eadie & Nikki Wynd to 10, 15, 20, 25, 30, 35, 40 & 45 year runners / Photos by Vice President Paul Basile (S0874)
14	Evening Close – Please join us for a catch-up and light refreshments ☺

PRESIDENT’S REPORT - Jay Fleming (S1012)

Dear Spartans! Welcome to the 2023 AGM being held a couple of hundred metres from the Finish Line of the Melbourne Marathon at Collingwood’s magnificent home ground. A huge welcome to our **Incoming Spartans** this evening being recognised for unwavering dedication over a minimum of a ten-year period. Welcome also to our **Milestone Spartans** this evening being recognised for unwavering dedication to keep on keeping on getting to the next five-year increment of the Spartan singlet.

While it may be appropriate to focus solely on the act of running, major events and personal times in these words and meetings, in so many ways the story of our personal running journey also reflects the story of our life. These ten-year and five-year time spans are the bare minimum and only achievable when life has gone according to our preferred script, but these time spans can often take significantly longer when life takes us on totally unplanned routes. Tonight, we celebrate not just individuals arriving at a particular singlet number but also the largely untold stories of what they overcame to get here. Apart from the regular wear and tear of body parts and rehabilitation from injuries, a small sample of other conquered challenges I have personally been inspired by over the last year alone have included organ transplants, second and third cancer remissions, loss of sight, the passing of children and grandchildren, horrendously acrimonious divorces, domestic violence, substance abuse/misuse, gambling addiction, debilitating anxiety, depression and other conditions impacting mental health.

Purely from a mental health perspective incorporating the Buddha’s famous quote below, participating in physical activity assists with living in the moment by reducing focus on tomorrow’s anxieties or yesterday’s depressions. In the case of running, our focus is instead drawn to our cadence, dappled sunlight, sweaty sticking top, target times on the Garmin, branches swaying in the breeze, tight left hamstring, grinding of gravel underfoot, a hill feeling a little steeper on the day, families of ducks and other birds going about their day, toe of sock sitting awkwardly in right shoe, disjointed bits of runners and cyclists passing conversations ... and the list continues. Frankly, any activity that assists with living in the present moment literally assists with living life itself, as life is a whole collection of ‘present-moments’ that can easily be half-lived or totally missed when the mind has little to distract it from past troughs or future potential troughs that often turn out not to be troughs after all.

While the vast majority of tonight’s Spartan triumphs won’t make the pages of tomorrow’s papers or trashy clickbait, they do nonetheless strengthen the resolve of the ‘little person’ each of us has sitting on our shoulder whispering in our ear: “If we have overcome and persevered to achieve this together... hmmm ... I wonder what else we can achieve together”. So, Spartans tonight as you mingle during the breaks, please welcome and feel welcomed by ‘your-people’, where there is no need to explain your thoughts and feelings fearing you won’t be fully understood ... coz we all just totally ‘get’ each other!

“Be where you are, otherwise you will miss your life” — Siddhārtha Gautama (The Buddha)

TREASURER'S REPORT

MELBOURNE MARATHON SPARTANS

FINANCIAL STATEMENT 1 JULY 2022 to 30 JUNE 2023

**Rod Bayley (S612)
Honorary Treasurer**

Bank balance 1 July 2022	\$	\$15,730.77
<u>INCOME:</u>		
Membership	\$5,819.06	
Donations	3,114.51	
Post	292.05	
Singlets	4,255.00	
Merchandise	6,408.02	
Miscellaneous	<u>60.00</u>	
	<u>\$19,948.64</u>	\$35,679.41
<u>EXPENSES</u>		
Major expenses include the following amounts:		
Annual General Meeting	8,203.10	
Marathon Day (Massage, Refreshments)	1,420.00	
CPEC Donation	2,100.00	
Merchandise	6,665.65	
Singlets	4,237.00	
Miscellaneous	<u>1,258.16</u>	
	<u>\$23,884.41</u>	
Cash at Bank		\$11,795.00
Term Deposit		5,603.76
TOTAL FUNDS		<u>\$17,398.76</u>
Membership	2022/23	326
Membership	2023/24	103

SECRETARIES' REPORT – Anne Ziogos (SF0045) & Vicky Chung (SF0133)

The year 2023 has been a positive and exciting year. As a Committee, we have discussed and looked at various ways to improve and update our Club. We have had monthly Tan Runs, with very healthy turnouts, upgraded our merchandise and generally tried to bring lots of cheer to the Club.

All the Club members are working and contributing to the changes. We have welcomed some new members to the Committee who are helping by making positive changes, such as coming up with new ideas of welcoming new members into our expanding club and various ways to acknowledge our Spartan community.

We have found a new venue to hold our meetings, so our Committee members can stay connected and contribute their much-valued ideas during the meetings.

Having two Secretaries working together and helping each other has lessened the workload. It has also been reassuring to know that everything is double-checked.

At present we have 1,485 Male, 169 Female, 2 Wheelchair and 4 Honorary Spartans members. Our Club is constantly growing and evolving.

We look forward to your presence at one of our Sunday Tan Runs and at this year's AGM on 18 September at the iconic MCG. Good luck and have a great run at the 2023 Melbourne Marathon!

Anne & Vicky

Tonight's QR Codes:



Spartan Membership \$20



Non-member AGM \$5

Marathon Day - 15 October 2023 - Get Involved!

Volunteers required for Expo and Marathon Day Village marquee.

See one of our friendly Committee members OR contact Paul Basile 0439 718 281

Thank you for your attendance – see you next year!

