

Melbourne Marathon Spartans Club

Annual General Meeting
Monday 12 September 2022 at 7.30 pm in the
AFL Dining Room, Melbourne Cricket Ground

AGENDA

Item #	ITEM
1	Welcome by President Jay Fleming
2	Apologies
3	Confirmation of Minutes of the Annual General Meeting held on 13 September 2021
4	Business Arising from above Minutes
5	Correspondence In/Out
6	President's Report (please see over page)
7	Treasurer's Report (please see over page)
8	Secretary's Report (please see over page)
9	General Business 9.1 Spartans entering other events on Running Calendar wearing their own running club colours.
10	Election of Office Bearers President: Jay Fleming Vice President: Paul Basile Secretaries: Anne Ziogos, Vicky Chung Membership Secretary: Felicity Doolan Treasurer: Rod Bayley General Committee (5): David Foskey, John Dobson, John Kaparelis, John Zeleznikow, Kai Ooi
11	Presentations/Awards: Hall of Fame Induction – Introduction by Clarke Whitehand, assisted by PP John Dean Shirley Young Award - First Female Spartan in 2021 – Serena Zienau (SF0114)- Time 3.54.47 Jack Gubbins Award - First Male Spartan in 2021 – David Alcock (S1313) - Time 2.41.55

15 Minute Break – Stretch your legs and then please return to your Seat

12	<p>Guest Speaker - Kevin Cassidy</p> <ul style="list-style-type: none"> • Started athletics at school then joined Coburg Harriers aged 16; • loved the 800 and 1500 winning both at the 1976 high schools carnival at the old Olympic Park; • in 1977 just before turning 17, he ran a 3:26 Marathon; • spent a few years on the AFL/VFL umpires list; • turned to ultramarathons in 1985, running many 50 miles, 100 km and 24 hour events before turning to Trail Running which was then considered the ultimate 100 mile test. All the main ones were in the US and included heat, cold and altitude requiring time to acclimatize to the conditions; • when his running days subsided in 2006 due to a variety of injuries, Kevin swam the English Channel and also conquered the Catalina to California channel and the circumnavigation of Manhattan Island in what is now known as the World Triple Crown of open water swimming; • in 2017 he conquered the very treacherous and rarely conquered 26km NZ Cook Strait; • in 2021, he was inducted into the Australian Marathon Swimmers Hall of Fame. Since 2017, Kevin's focus has been on Racewalking, yet another discipline in which he has predictably excelled!
13	<p>Presentation of Spartan Singlets by Kevin Cassidy to 10-, 15-, 20-, 25-, 30-, 35- and 40-year runners / Photographer – Paul Basile - Paul to also thank Kevin</p>
14	<p>Evening Close – <i>Please join us for a catch-up and light refreshments</i> ☺</p>

REPORTS

PRESIDENT'S REPORT - Jay Fleming (\$1012)

The Committee warmly welcomes all incoming Spartans, milestone Spartans and invited guests to the 2022 Annual General Meeting of the Melbourne Marathon Spartans Club! We are overjoyed to be back at the MCG after 3 long years of COVID ravages. On Committee, we have tried our very best to make our 2020 and 2021 online AGM's as inclusive and engaging as possible, but nothing beats catching up in person over a bite and sip of something.

Getting together is vital for anyone but especially for members of a club like ours. A lot happens in three years of living a life, especially three years in the life of a Spartan. We put our bodies through a lot, and while overcoming adversity makes us all stronger, the cumulative effects of associated physical and mental stresses also take their toll.

During tonight's AGM, we hope to be touching base with Spartan Hall of Fame and Committee Member John Kaparelis who is tackling the indescribably challenging Townsville Magnetic 30 in 30 ... that's 30 marathons in 30 days. John has been running a marathon every day from September 1 until today so we will check in on him after his 12th marathon in a row to see how the body and spirit are holding up. John will continue to run a marathon each day until September 30 followed by one rest day on October 1 before tackling The Melbourne Marathon with most of us on October 2. This is hot on the heels of John's 5 Marathons in 5 days in June which followed his 10 marathons in 10 days in April. If you look around the room and on this Program, you will find a QR code to support John's achievements by donating to our

premier charity CPEC.

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Additionally, at the Podcast stand, please feel welcome to write names of runners you believe would make inspirational or engaging Podcast interviews and we will contact them to gauge their interest and availability. We are totally aware that many other Spartans here this evening have tackled extreme events to find their own breaking point. If you are one of these or know someone who is, please pop a name down in the folder. One name that's definitely on the list is former Committee member Matt Callaghan who a couple of months ago was pacer in the Badwater 135 (217km) in Lone Pine, California, an experience he so eloquently narrated in our August Newsletter. For Spartans who are budding sports producers, if the opportunity presents itself during your notable or extreme event, or if you're filming for someone else, please film snippets of video that can be edited at the end of the event and we'll try to work with RunNation to see what that might look like for adding to their bank of future scheduled screenings.

We are also aware there are many Spartans who have endured unspeakable pain and discomfort during life-threatening conditions, medical procedures and rehabilitation. Even though they may not have completed an advertised and scheduled extreme event as such, their superhuman spirit has still overcome their own Everest by coming out the other side after staring down and defying dire predictions from advanced practitioners. Please consider yourself Podcast material as it is definitely a triumph of the human spirit!!

A huge welcome to our incoming Spartans this evening and we hope you feel a degree of specialness in your new green Spartan colours on race day as you get used to acknowledging with a head-nod or a thumbs-up, the 'Go Spartan' from runners and spectators. We trust you will have a wonderful inaugural evening with us and we look forward to welcoming you to the Spartan Family where there will be many more events as you progress through the singlet colours over your journey! Once a Spartan; Always a Spartan!!

'We all live under the same sky, but we do not all have the same horizon' – Konrad Adenauer

TREASURER'S REPORT - Rod Bayley (S0612)
Financial Statement 1 July 2021 – 30 June 2022

Bank Balance 1 July 2021		\$12,212.05
Income:		
Membership	5,179.98	
Donations	624.18	
Post	513.20	
Singlets	3,330.00	
Merchandise	<u>4,202.76</u>	
	<u>13,850.12</u>	<u>13,850.12</u>
		<u>26,062.17</u>
Expenses:		
Singlets	1,724.80	
Merchandise	6,725.30	
Post	813.57	
Miscellaneous	<u>1,067.73</u>	
	<u>10,331.40</u>	<u>10,331.40</u>

Membership 2021/22 – paid members = 235	Cash at Bank	\$15,730.77
Membership 2022/23 – paid members as at 10/9/22 = 260	Term Deposit	5,590.65
	Total Funds	<u>\$21,321.42</u>

SECRETARIES' REPORT – Anne Ziogos (SF0045) & Vicki Chung (SF0133)

The year 2022 has been a positive and exciting year. As a committee, we have discussed and looked at various ways to improve and update our Club. We had monthly Tan runs, with very healthy turnouts, upgraded our merchandise, and generally tried to bring lots of cheer to the Club.

All the Club members are working and contributing to the changes. We have welcomed some young members to the Committee who are helping by making positive changes, such as updating our paying system to an electronic one to make payments and contact with our members a lot easier.

We had some face-to-face as well as Zoom meetings, to make sure all Committee members were able to stay connected and contribute their much-valued ideas during the meetings.

Having two secretaries working together and helping each other has lessened the workload. It has also been reassuring to know that everything is double-checked.

At present we have 1,437 male members, 156 female members, 2 wheelchair members, and 4 honorary members. 180 paid members and 64 paid incoming Spartans.

Our Club is constantly growing and evolving. We look forward to your presence at one of our Sunday Tan runs and at this year's AGM on 12 September at the iconic MCG.

Good luck and have a great run at the 2022 Melbourne Marathon!

Tonight's QR Codes if needed:



Spartan Membership \$20



Non-member AGM \$5



John Kaparelis/CPEC Donation

Marathon Day - 2 October 2022 - Get Involved!

Volunteers required for Expo and Marathon Day Village marquee. See one of our friendly Committee members. For more details contact Paul Basile 0439 718 281

Thank you for your attendance – see you next year!

