

# Big M Melbourne Marathon 1981



**COMPUTER  
TECHNOLOGY**

A UNIT OF MAYNE NICKLESS LIMITED (INC. IN VIC.)

1981 Official Computer results  
Courtesy of  
Computer Technology

Congratulations to both  
Organisers and Competitors  
for a most successful  
1981 Marathon.

V.D.I.A.

**Big M Melbourne Mar**  
 **FINISH**





# Big M Melbourne Marathon

On behalf of the Big M Melbourne Marathon Committee I would like to extend congratulations to all competitors and especially the winners, on their magnificent performance in this year's event.

Melbourne is lucky in having a unique sporting tradition — home of the Melbourne Cup, the Victorian Football League Grand Final and host of many international sporting events, the Melbourne Marathon is now unfolding as another great sporting achievement.

This year the Marathon attracted a record 5,807 competitors. The 42.2 km run provides a great challenge to all sportsmen and women and proves that age is no barrier to compete. Older men and women and youngsters join in and know the satisfaction of competing in one of the toughest of all athletic events. Wheelchair champions, polio victims and amputees have also accepted the challenge to compete.

In staging the event, once again the organisers and volunteers have worked as a team responding to the task of organising a major sporting event without a hitch.

I wish to thank the media, local councils, police, the doctors and paramedic volunteers for their assistance to this year's organisers.

The sponsors, once again, gave generously and in particular, I would like to thank:

BIG M	PUMA
3MP	MURRAY GOULBURN
AIR NEW ZEALAND	COOPERATIVE (DEVONDALE)
STATEWIDE BUILDING SOCIETY	THE AGE
COMPUTER TECHNOLOGY	MYER
TAA	DENCORUB
	HSV7

for their support.

I am especially grateful to the Melbourne Marathon Committee for their hard work and enthusiasm in organising the Fourth Melbourne Marathon.

I dedicate this book to each and every competitor and believe it will serve as a reminder of a remarkable day in their lives, and the events leading up to that day to make it possible.

Looking forward to seeing you next year, "Life. Be In It".

Yours sincerely,

BRIAN DIXON,

Minister for Youth Sport and Recreation.  
Chairman, Big M Melbourne Marathon Committee.  
Participator Big M Melbourne Marathon.





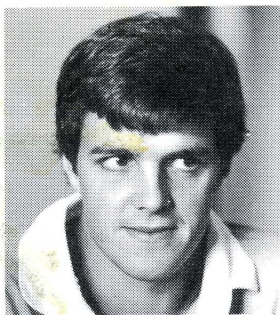
JACKIE TURNEY

# One day in October

The Big M Marathon is more than a race, and certainly much more than a "fun run". To describe it, as some people do, as 26 miles 385 yards of sweat, pain and triumph, is to tell only part of the story. To say it is the day on which Andrew Lloyd travels from Sydney to collect a trophy and a swag of other prizes, although true, is still just part of the picture.

In the course of four years, the Big

Story by



**Peter Stevens**  
"The Age"

M Marathon has earned a unique place in the Australian running calendar. It has created its own attraction among runners, and a strange fascination among many non-runners. Every year it becomes the goal for hundreds of first-time marathoners. The number of entries and finishers has increased in each of the four years. Through word of mouth — not through a huge advertising budget,



*Andy Lloyd, three times winner.*

or paying "superstars" to enter — the Big M has become the biggest marathon in Australia, the biggest in the southern hemisphere, and one of the biggest in the world.

Rarely does one hear criticism of the race. Although another run has already claimed the title, the Big M could well be known as "the people's marathon".

It may yet become known as the

*They're off.*





*Big and brassy at the start.*

“Andrew Lloyd Big M Marathon”, unless his remarkable winning streak ends. In times of 2:26.44 (1979), 2:17.37 (1980 and course record), and 2:19.03 this year, Lloyd, 22, has achieved a hat-trick of victories on days of vastly different weather conditions. 1979 was the infamous scorcher, with a strong northerly wind, 1980 was overcast and drizzly, and this year the sun again shone, although the temperature was well below 1979’s sizzling 29 degrees.

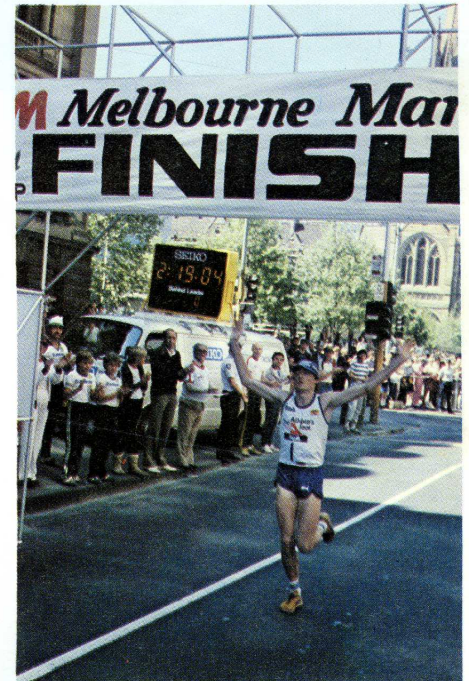
He put in a special effort for the 1981 race, and was disappointed with his time. As he told Ron Carter of “The Age”, he had been inspired by Australia’s top distance runner, Robert de Castella, and de Castella’s coach, Pat Clohessy, at a training camp in May. He had been left behind walking on a training run on hills with de Castella. “I vowed that would never happen again, and I’ve been training on the hills at home since,” Lloyd said.

Lloyd ran alone from the 15km mark, although he only beat David Byrnes, 30, home by 27 seconds. “Had it been a mile or so further, maybe I would have caught him,” Byrnes later speculated. It was the second time he had been runner-up, the first being in the inaugural Big M, in 1978, when he finished more than

two minutes behind Bill Scott. Byrnes finished seventh, in 2:24.27 last year. Lloyd and Byrnes were the only runners to break 2:20.

The first woman was Jackie Turney, 23, who ran 2:42.12, which is the fastest by an Australian woman in Australia. She had trained up to 110 km a week and said after the win — her first in a marathon — “I knew I was capable of being up there but I didn’t think I could go that fast.” Turney was 75th overall, and exactly nine minutes ahead of Desiree Letherby, 35, the second woman home, in 179th place.

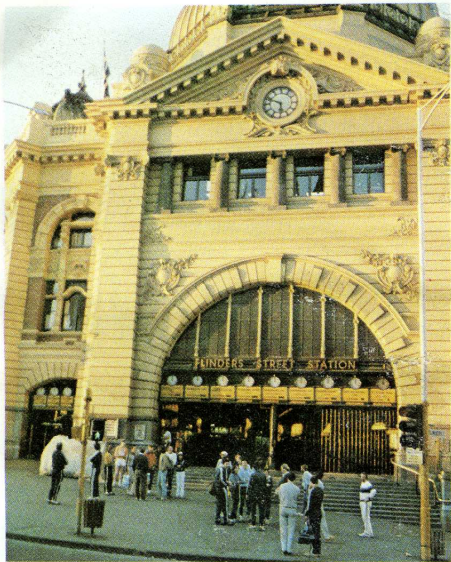
Turney has a previous personal best of 2:49.25, and had only a month ago won the Sun Superun. She finished second in the Nike Inter-



**Photographs  
Mike Rayner  
“The Age”**



*Peter Thorley presenting trophy to Jackie Turney, first woman.*



*Flinders Street at dawn.*

national marathon in Canberra in April, and third in the Australian Championship. A total of 301 women entered the race, and 177 finished.

This year, for the first time, the first 100 runners to finish were given a specially struck medallion. The 100th finishing time was 2:45.03. The idea for the medallions came from one of the driving forces behind the marathon, professional runner Ted Paulin. Ted saw the medallions as a way of recognising the outstanding achievement of the top 100 runners, instead of only the first two or three. They give the good-average marathoner something extra to aim for.

But most runners in the Big M are unlikely to run a 2:45 marathon. The "half way line" this year was 3:46.49, with the most popular 10 minute interval being between 3:50 and 4:00. It is interesting to compare the results this year with 1980, when the weather was much cooler. This year, 12 runners broke 2:30, in 1980, the figure was 13. Last year 384 runners dipped under the magic three hours, but this year, only 362 made it. This year 3759 finished the race under six hours, and in 1980, 3704 completed the run in that time. In 1980, 1282 finished inside 3:30, this year, the number was 1271.



*Seiko truck leading the way.*



The attraction, the charm of the Big M cannot be described by statistics. It is a fever that seems to sweep over otherwise normal runners. It seems to start about June. "Running in the Big M?" you ask a friend, to receive the reply: "Oh, I don't know. Still haven't got over the knee. There's plenty of time yet." You know, instantly, that person is hooked. You know that he will in a few weeks be logging the 20 milers, worrying about every snuffle, every ache. Despite the derision from family and friends, despite everything, he will be there, at Frankston in October, with hundreds of fellow eight and nine minute milers, striving for his own level of excellence.

It is hard to explain the appeal of any marathon in 1981 terms. In a western society so inclined to watch, to spectate, rather than do or participate, what inspires 5,806 people — 500 of whom even came from interstate or overseas — to run a marathon; to run 26 miles 385 yards with no chance of material gain, of public recognition, but with every chance of acute muscular discomfort, and overwhelming fatigue? What makes a man shout at himself through clenched teeth at St Kilda junction as his legs start to cramp and stagger: "Come on you (unprintable), come on! Run!" Is it pride, lunacy or just a desire to do something instead of paying to watch other people do it? Who knows? But as Arthur Lydiard said at the pre-race spaghetti dinner: "We are part of an international movement that is going to keep growing for a long time."

The train trip to Frankston was again popular, with 3,685 tickets being given out. At Frankston itself, the scene was, to say the least, strange. Wherever one looked, there were worried looking skinny people, whose main topic of conversation seemed to be toilet facilities. The odour of liniment, and the shuffling of waffle soles was inescapable. Having been led to the start by a brass

*Plenty of help on the way.*



*"Water!" he cried.*

band, the moment of truth arrived. All the training would now be tested. The result would soon be on the board.

The race began under a cloudless sky, in about 12 degree heat. The humidity was around 80 per cent. It climbed to 13.7 degrees and 64 per cent at 9 a.m., and 18.3 degrees and 54 per cent at noon. It was not until late in the afternoon that the first clouds drifted across the sun. It was a day on which hats, cool singlets and plenty of fluids would be needed. The organisers of the event had wisely provided 61,000 plastic cups to dispense the hundreds of gallons of Staminade and water to the parched runners.



*Frankston, early morning.*

*St. Kilda Road.*



One cannot overlook the importance of efficient organisation in a race the size of the Big M. With 5,806 people, ranging in age from six to 76, challenging themselves over 42.2 km, in Melbourne's notoriously unpredictable weather, so much could go wrong. In the four runnings of the event, the organisation has been close to faultless. This year, the 1,000 volunteers who staffed the drink stations, bussed the DNF's to the finish line and looked after runners at the start and finish deserve only the highest praise.

The youngest finisher was again John Gojkovic, 7, whose 3:31.10 was one second ahead of his father, and 20 seconds ahead of his sister,

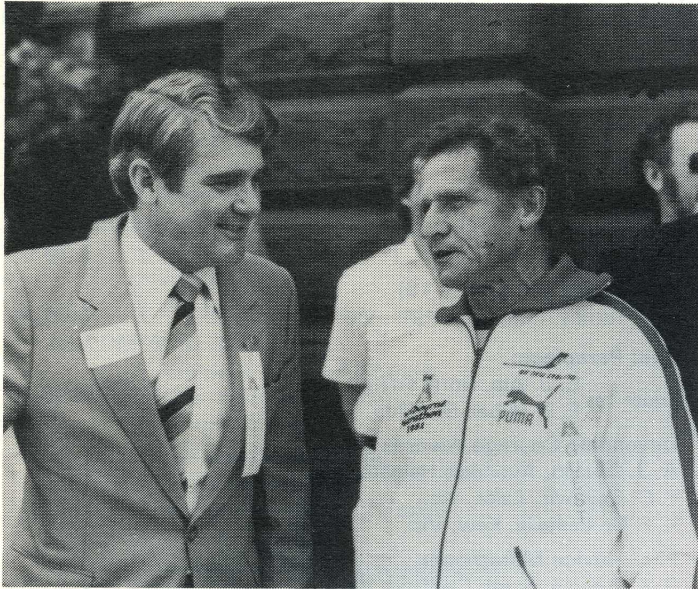
Michelle, 11. Throughout the race, John, resplendent in his red Nikes and red running clothes received non-stop applause and shouts of encouragement from spectators at the side of the road.

The finishers included three nine-year-old boys and one girl, two ten-year-old boys, six 11-year-old boys and one girl, and nine 12-year-old boys and one girl. Ninety-five runners under the age of 16 completed the course. Their times ranged from a few seconds short of six hours, to the outstanding performance of Paul Minton, 13. He came in 251st, in 2:55.21. Grant Devers, 17, was the fastest junior, finishing 36th in 2:36.51.

The first 20 finishers included 15 different ages, from 20 to 45. The last 20 also included 15 different ages, from 13 to 49. From start to finish, in all departments, the Big M again showed itself a runner's marathon, put on for the average runners, not despite them. Because of their fast times, young or old ages, or dramatic improvements since last year, there are many impressive stories to be told about the entrants in any Big M. But each of the 3,763 finishers will probably long remember his or her own story, with well deserved pride, for a rare and remarkable achievement.

*Just a few more steps.*

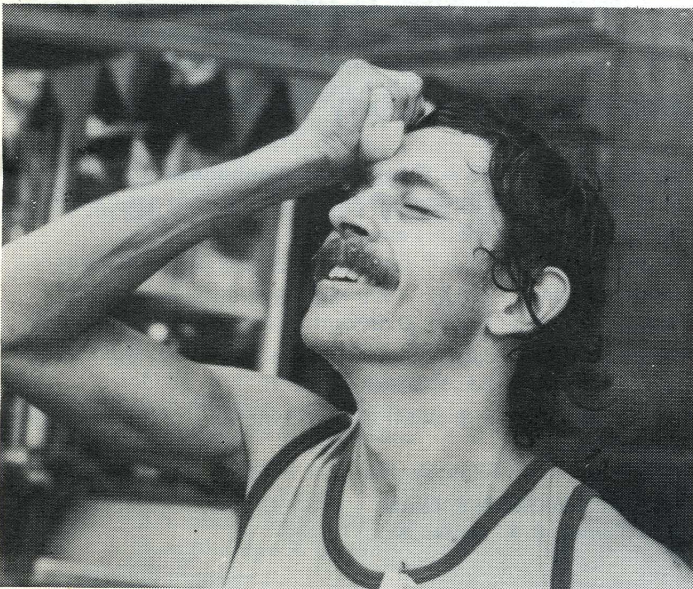




Peter Thorley — Chairman of Commissioners, City of Melbourne — talks with Arthur Lydiard.



Trevor Vincent, first over 40.



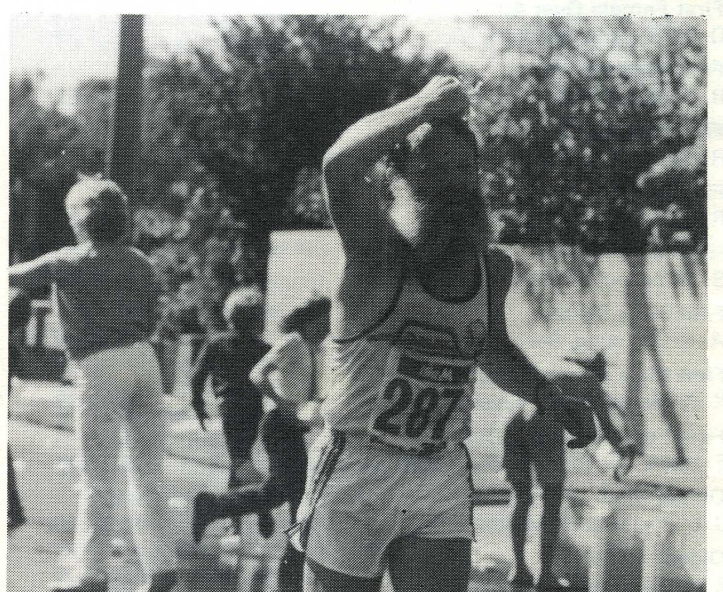
Beautiful!!!



Racing through Chelsea.



Relief at the finish.



Sponge!



# Big M Melbourne Marathon



Air New Zealand trips to compete in the 1982 Boston Marathon plus gold medallions for the winner and the first woman.

Air New Zealand return tickets to compete in a New Zealand feature marathon in 1982, for second and third placegetters, second woman and first two paraplegics.

## 1981 BIG M MELBOURNE MARATHON RESULTS

1. A. L. Lloyd, Church Point, N.S.W.	2:19.03
2. D. H. Byrnes, Burnley, Vic.	2:19.30
3. G. K. Adams, South Caulfield, Vic.	2:21.31
4. G. Sofianos, Hawthorn, Vic.	2:23.38
5. C. R. Donald, Mt. Waverley, Vic.	2:23.46
6. J. N. Waddington, Essendon, Vic.	2:27.09
7. P. B. O'Hare, Warragul, Vic.	2:27.50
8. D. P. T. Minogue, Hampton, Vic.	2:28.37
9. M. Cull, Church Point, N.S.W.	2:28.57
10. K. A. Duxbury, East Kew, Vic.	2:29.14

### First 10 Females

1. J. C. Turney, Endeavour Hills, Vic.	2:42.12
2. D. A. T. Letherby, Elizabeth East, S.A.	2:51.12
3. J. M. Pratten, Hughes, A.C.T.	2:53.57
4. D. M. Browne, Mitcham, Vic.	2:54.38
5. B. K. Byrnes, Burnley, Vic.	2:58.31
6. N. A. Drake, St. Kilda West, Vic.	2:58.32
7. S. F. Hill, Willoughby, N.S.W.	3:04.10
8. C. A. Barker, Elwood, Vic.	3:04.52
9. K. L. Turney, Endeavour Hills, Vic.	3:06.26
10. S. J. Cathcart, Ormond, Vic.	3:10.23

### First Male Over 40

T. A. Vincent, Glen Waverley, Vic.	2:31.05
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### First Female Over 40

D. M. Browne, Mitcham, Vic.	2:54.38
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### First Male 45-49

R. Gribble, Guildford, N.S.W.	2:32.37
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### First Female 45-49

R. Barker, Elwood, Vic.	3:39.13
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### First Male 50-54

R. D. Young, Blackburn, Vic.	2:49.31
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### First Female 50-54

S. G. Young, Blackburn, Vic.	3:19.39
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### First Male 55-59

A. E. C. Young, Beech Forest, Vic.	3:04.12
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### First Male 60 and Over

K. C. Mander, Mt. Waverley, Vic.	3:02.37
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### First Female 60 and Over

E. Harris, Ettalong Beach, N.S.W.	5:27.41
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### Oldest Male

J. L. Poelsma, Newborough East, Vic. (76)	4:37.39
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### Oldest Female

E. Harris, Ettalong Beach, N.S.W. (62)	5:27.41
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### First Junior Boy (under 19)

G. W. Devers, Murtoa, Vic. (17)	2:36.51
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### First Junior Girl (under 19)

K. L. Turney, Endeavour Hills, Vic. (18)	3:06.26
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### First Paraplegic

Equal 1st C. J. Alp, North Fitzroy, Vic.	2:09.18
E. E. Hubel, St. Kilda, Vic.	

### Devondale Courage Awards

A. J. Cavallo, Avondale Heights, Vic.
P. D. Gojkovic, Lalor, Vic.
R. F. De Castella, Kew, Vic.

### First Novice Marathoner

G. K. Adams, South Caulfield, Vic.	2:21.31
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### Most Improved on Performance in 1980

#### Big M Melbourne Marathon

P. J. Minton, South Croydon, Vic. (13)	2:55.21
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## COMPUTER TECHNOLOGY TEAM CATEGORIES:

### (a) ATHLETIC CLUB — Brooks Kew-Camberwell

D. H. Byrnes, K. A. Duxbury, D. A. Bland

### (b) SPORTING CLUB — Paravics

C. J. Alp, E. E. Hubel, I. F. Gainey

### (c) COMMUNITY CLUB — Warragul Search & Rescue

P. B. O'Hare, R. F. Brown, D. Birks

### (d) BUSINESS HOUSES/WORK — The Athlete's Foot

A. L. Lloyd, M. Cull, E. Krenkles

### (e) GOVERNMENT & SEMI GOVERNMENT — SRA of N.S.W.

#### Team Number 1

R. Gribble, A. Reynolds, W. Flanagan

### (w) OPEN WOMEN'S TEAM — Prom Girls

J. C. Turney, B. K. Byrnes, K. L. Turney

## 3MP FAMILY CATEGORIES:

### (f) MOTHER & DAUGHTER —

C. A. Barker 3:04.52, R. Barker 3:39.13

### (g) FATHER & SON —

W. A. Probst 2:51.51, R. J. Probst 3:19.03

### (h) HUSBAND & WIFE —

A. Cook 2:48.01, I. Cook 3:12.25

### (i) SET OF TWINS —

M. M. Grant 3:50.05, P. J. Ryan 3:50.06

### (j) BROTHER & SISTER —

J. M. Pratten 2:53.57, A. D. Pratten 2:58.35

A TENTATIVE DATE FOR THE 1982 BIG M MELBOURNE MARATHON HAS BEEN SET DOWN FOR SUNDAY, 17TH OCTOBER, 1982.

**COMPUTER TECHNOLOGY TEAM CATEGORY RESULTS:**

- (a) **ATHLETIC CLUB** —
  1. Brooks Kew-Camberwell;
  2. Waverley A.A.C.;
  3. Sandringham Athletic Club.
- (b) **SPORTING CLUB** —
  1. Paravics;
  2. Paranational;
  3. Bayside Orienteers.
- (c) **COMMUNITY CLUB** —
  1. Warragul Search & Rescue;
  2. Mirboo Mountain Men;
  3. Copper Bar Boys.
- (d) **BUSINESS HOUSES/WORK** —
  1. The Athlete's Foot;
  2. Runners World No. 1 Team;
  3. D. & A. Ceilings.
- (e) **GOVERNMENT & SEMI GOVERNMENT** —
  1. SRA of N.S.W. Team Number 1;
  2. S.L.A.C. "A";
  3. Metropolitan Fire Brigade.
- (w) **OPEN WOMEN'S TEAM** —
  1. Prom Girls;
  2. Peninsula H. H. Harriettes;
  3. Springvale Veteran A.A.C.

**3MP FAMILY CATEGORY RESULTS:**

- (f) **MOTHER & DAUGHTER** —
  1. C. A. Barker/R. Barker;
  2. N. R. Gray/M. R. Gray.
- (g) **FATHER & SON** —
  1. W. A. Probst/R. J. Probst;
  2. F. P. Riley/D. J. R. Riley;
  3. R. Baldwin/B. M. Baldwin.
- (h) **HUSBAND & WIFE** —
  1. A. Cook/I. Cook;
  2. L. Michelsson/M. Michelsson;
  3. J. M. Gage/N. Gage.
- (i) **SET OF TWINS** —
  1. M. M. Grant/P. J. Ryan.
- (j) **BROTHER & SISTER** —
  1. J. M. Pratten/A. D. Pratten;
  2. S. R. Barker/J. G. Barker;
  3. P. D. Gojkovic/M. L. Gojkovic.

**1981 STATISTICS**

Entrants	5,807
Females	301
Interstate/Overseas	500
First Marathoners	2,364
<hr/>	
Finishers	3,769
Females	177

**SPECIAL PRIZE WINNERS**

**1. 'THE AUSTRALASIAN GUIDE TO LONDON' SPECIAL PRIZE**

Return trip to London to compete in the 1982 London Marathon; plus 21 days accommodation; plus \$300 spending money.

**Winner:** Mrs. Elizabeth Arnott, Belair, S.A.

**2. 'AIR NEW ZEALAND' PRIZE**

Return trip to compete in New Zealand in 1982.

**Winner:** Mr. Richard Ward, Mooroolbark, Vic.

**3. 'T.A.A.' PRIZE**

**T.A.A. Major Early Entry Prize Winner — 1981**  
Return trip to Sydney for two for the 1981 City to Surf.

W. Schofield, South Yarra, Vic.

Return tickets to Sydney for two to compete in 1982 City to Surf.

**Winner:** Mr. Stephen Jacobs, Kew, Vic.

**4. 'PUMA' PRIZES**

**Winners of 'Puma' track suits:**

- Mrs. G. M. Humphreys, Clayton, Vic.
- Mr. M. Plunkett, Croydon, Vic.
- Mr. M. P. Russell, St. Kilda, Vic.
- Mr. D. L. O'Donnell, Lower Templestowe, Vic.
- Mr. W. J. Jackson, Brighton, Vic.
- Mr. M. J. Bohnke, Braybrook, Vic.
- Mr. D. F. Mackenzie, Hampton, Vic.
- Mr. E. R. Armstrong, Glen Waverley, Vic.
- Mr. G. McKie, Mont Albert North, Vic.
- Mr. D. N. Limbrick, Farrer, A.C.T.

**Winners of 'Puma' running shoes:**

- Mr. R. J. Crispin, East Brighton, Vic.
- Mr. S. D. Harris, Ferntree Gully, Vic.
- Mr. F. G. Ortiz, Christie Downs, S.A.
- Mr. P. L. Dumsday, Frankston, Vic.
- Mr. S. N. Baker, Armadale, Vic.
- Mr. R. P. G. Nolan, Toorak, Vic.
- Mr. C. F. Flynn, Nintingbool, Vic.
- Mr. C. Bowes, Frankston, Vic.
- Mr. A. N. Hennekam, Berwick, Vic.
- Mr. R. H. Levy, Brighton, Vic.

**'Puma' Weekly Prize Winners — 1981**  
**'Puma' running shoes to:**

- M. Thompson, Hawksburn, Vic.
- J. Elward, Wangaratta, Vic.
- D. Hook, Lower Templestowe, Vic.
- J. Tickell, Terrey Hills, N.S.W.
- W. Perks, Kirribilli, N.S.W.
- N. Dawe, Clayton South, Vic.
- G. Grant, Wangaratta, Vic.
- G. H. Knorr, Lower Templestowe, Vic.
- C. Casey, Mulgrave, Vic.
- M. Owens, Bentleigh, Vic.
- G. McKie, Mont Albert North, Vic.
- R. Michelson, Oakleigh, Vic.
- E. White, Prahran, Vic.
- K. Arnott, Robinvale, Vic.

# MELBOURNE MARATHON COMMITTEE 1981

## PATRON AND CHAIRMAN

- The Hon. Brian Dixon, M.P.,  
Minister for Youth, Sport and Recreation.

## DEPUTY CHAIRMAN

- Ron Clarke, M.B.E., Independent.

## TREASURER AND FINANCE DIRECTOR

- Mr. Rick Pannell, Independent.

## SPONSORSHIP, PUBLICITY AND PROMOTION DIRECTOR

- Mr. Ted Paulin,  
Professional Cross Country Club of Victoria.

## RACE DIRECTOR

- Mr. Fred Lester, Independent.

## SECRETARY

- Mrs. Win May, Independent.

Cr. Max Batchelor — City of Frankston.

Dr. John Dingle — Australian Sports Medicine Federation.

Mr. Nigel Starr — Department of Youth, Sport and Recreation.

Mr. John King — Melbourne Tourism Authority.

Inspector Alan Porter — Victoria Police.

Mr. Doug Ferrier — Victorian Amateur Athletic Association.

Miss Jane McNair — Victorian Athletic League.

Mr. Harry Campbell — The Victorian Dairy Industry Authority.

Mr. Daryl Poore — The Victorian Government Travel Authority.

Mrs. Janet O'Dell — Victorian Marathon Club.

Mrs. Pam Turney — Victorian Women's Amateur Athletic Association.

Ms. Alison Gribble — Independent.

Mr. David Mildenhall — Independent.

Mr. Jack Woodruff — Independent.



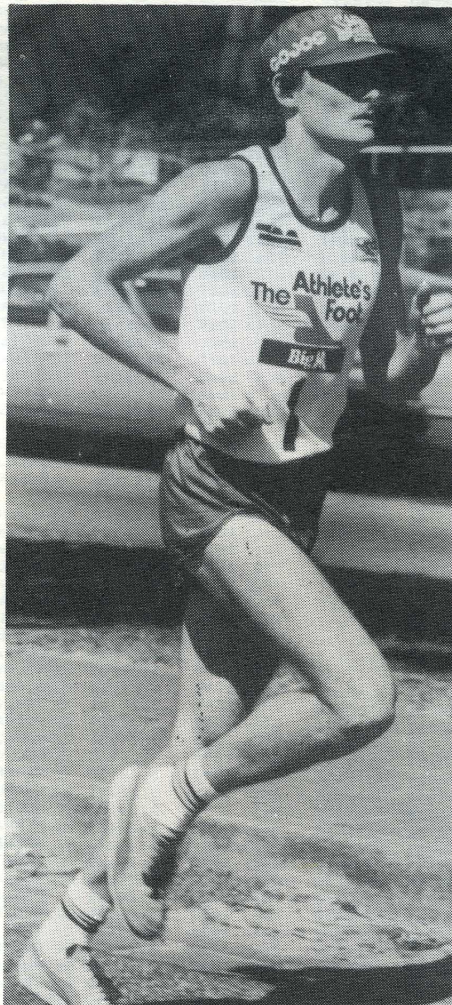
*Left to Right — Standing: Daryl Poore, Fred Lester, Ted Paulin, Nigel Starr, Janet O'Dell, Alan Porter, Rick Pannell, Doug Ferrier.  
Seated: Win May, Harry Campbell, Brian Dixon, Max Batchelor, Pam Turney.*



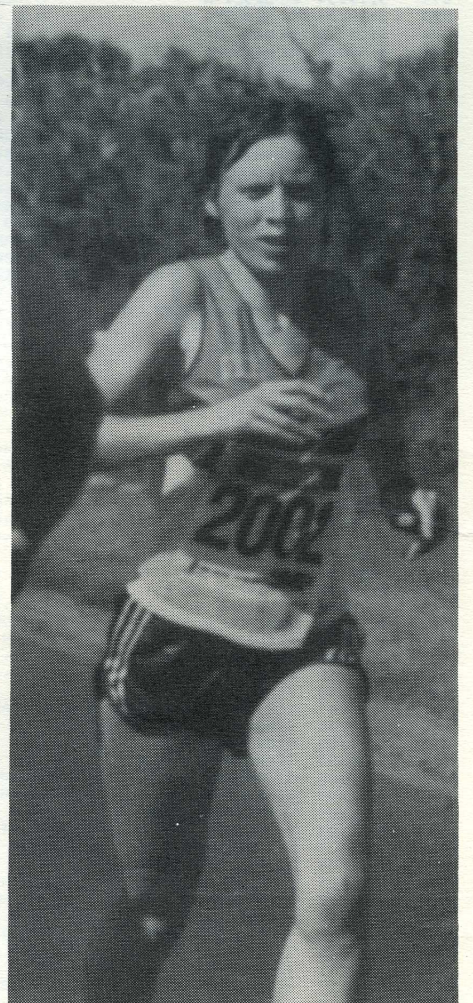
*Just a wee drink.*



*David Byrnes.*



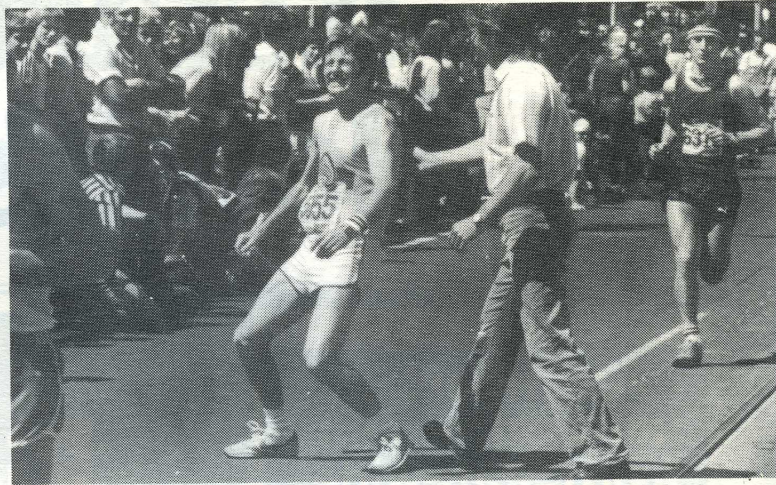
*Andy Lloyd.*



*Jackie Turney.*



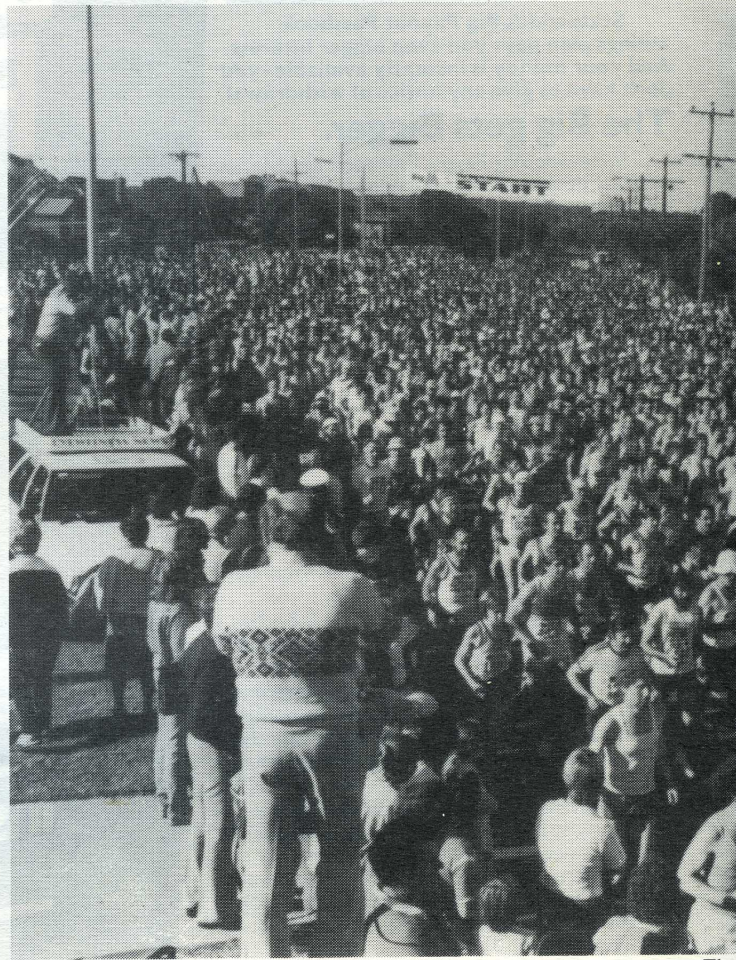
*Give me your shoulder.*



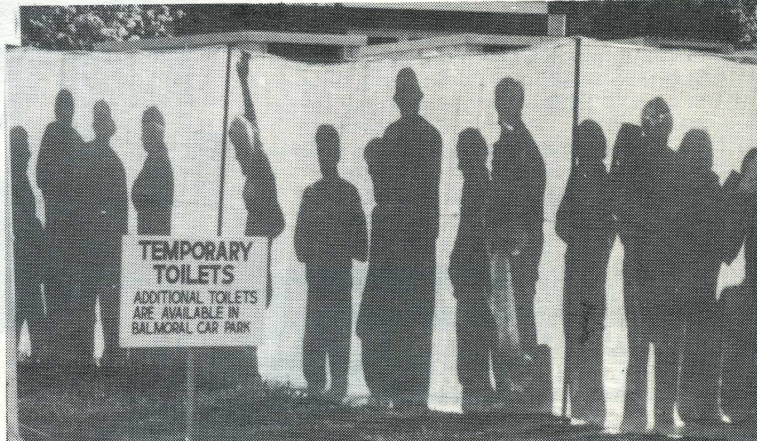
*Disco not allowed.*



*Sway with me.*



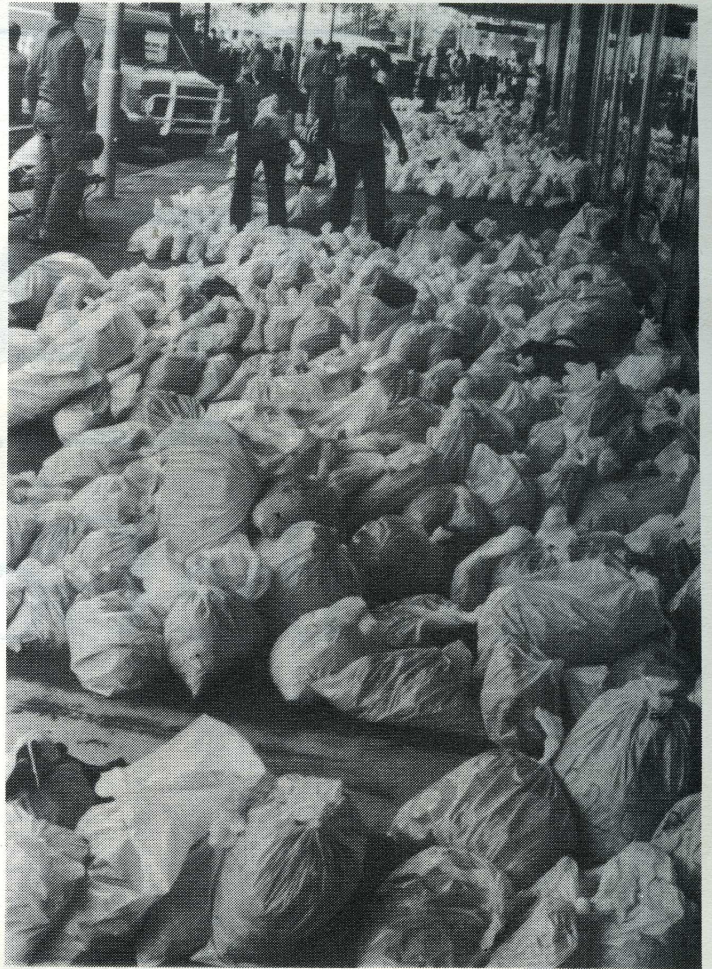
*They*



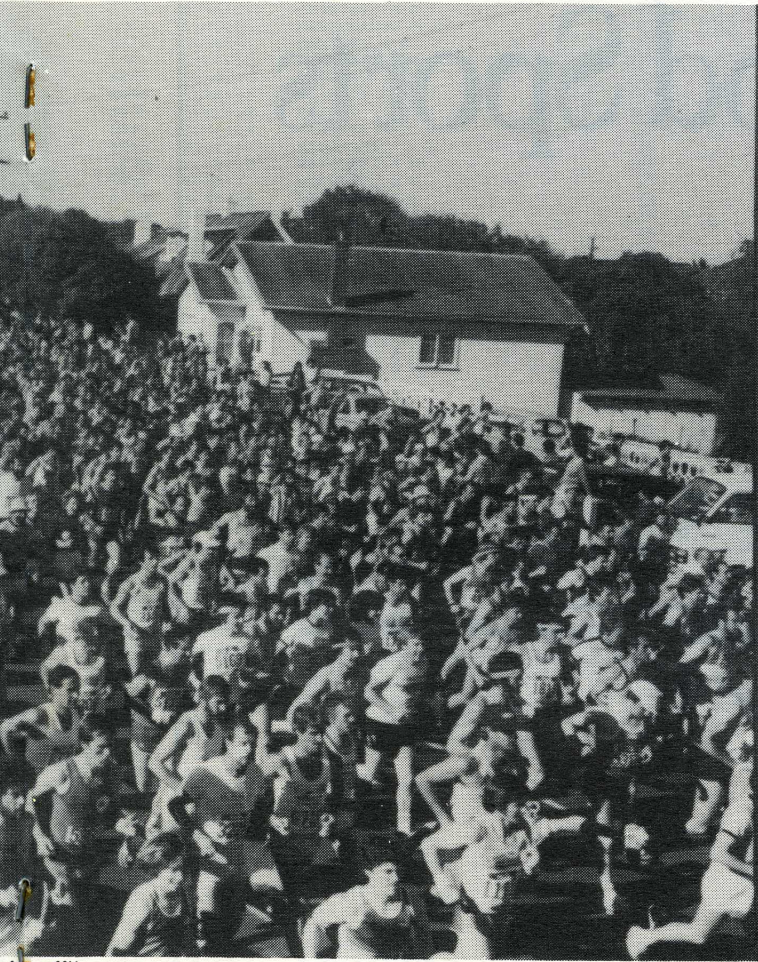
*Silhouette.*



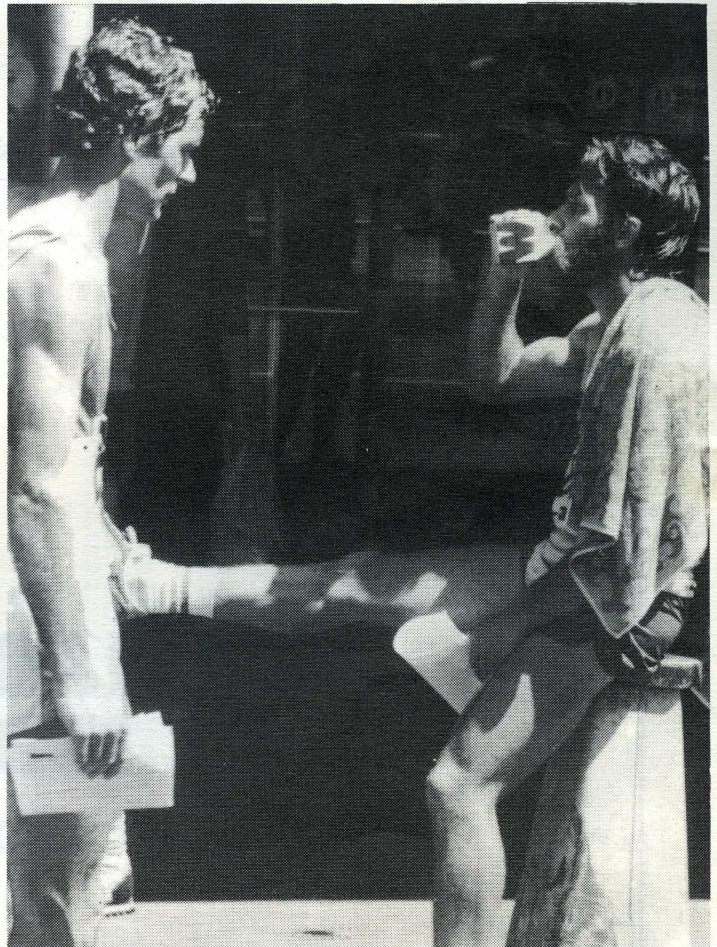
*J. Gilmour — hardly raised a sweat.*



*The baggage area.*

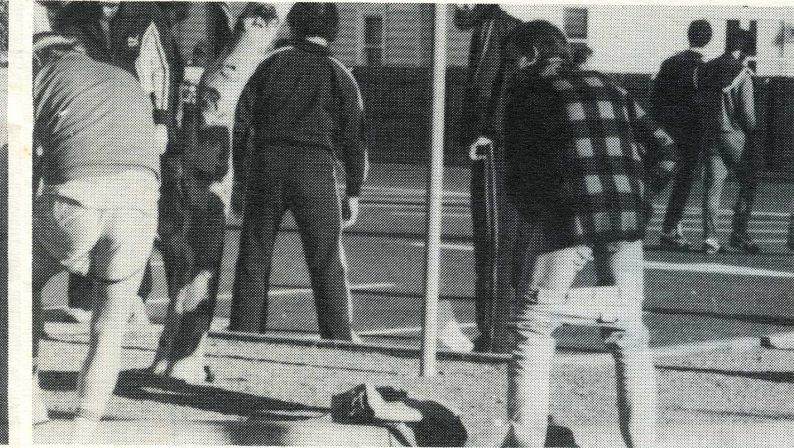


*... off!!*



*Flasher???*

*Relax with a Big M.*



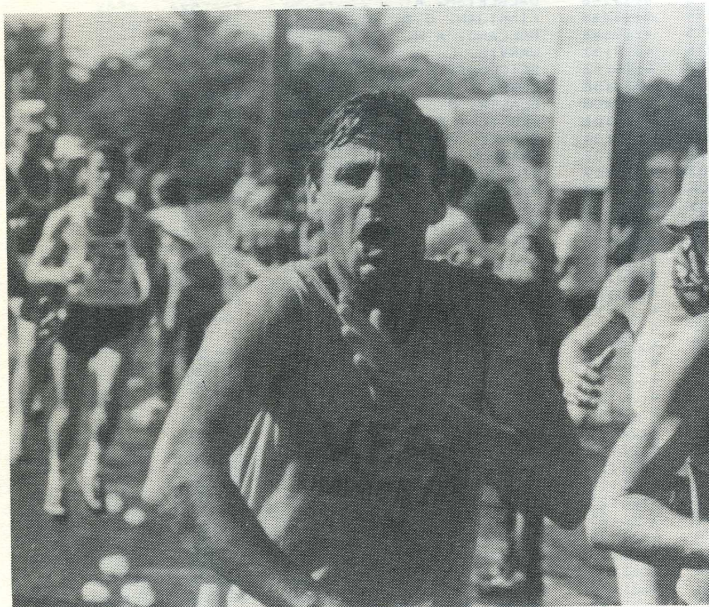




Heading for home.



Keeping the sun at bay.



Water!!!



Feeding station.



Flinders Street



Youth made it, too.



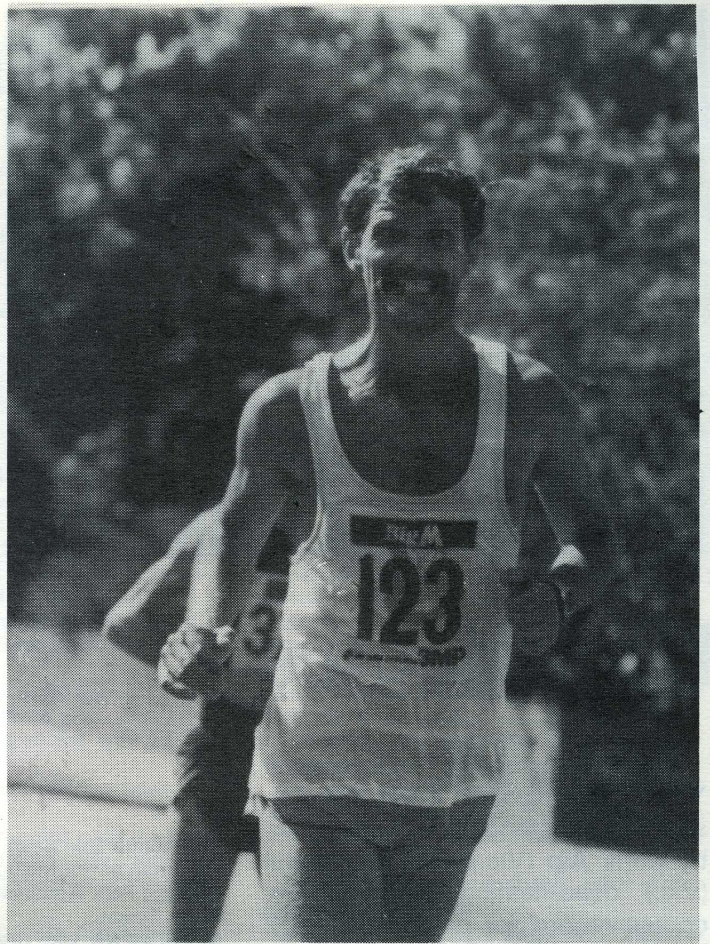
*The early leaders.*



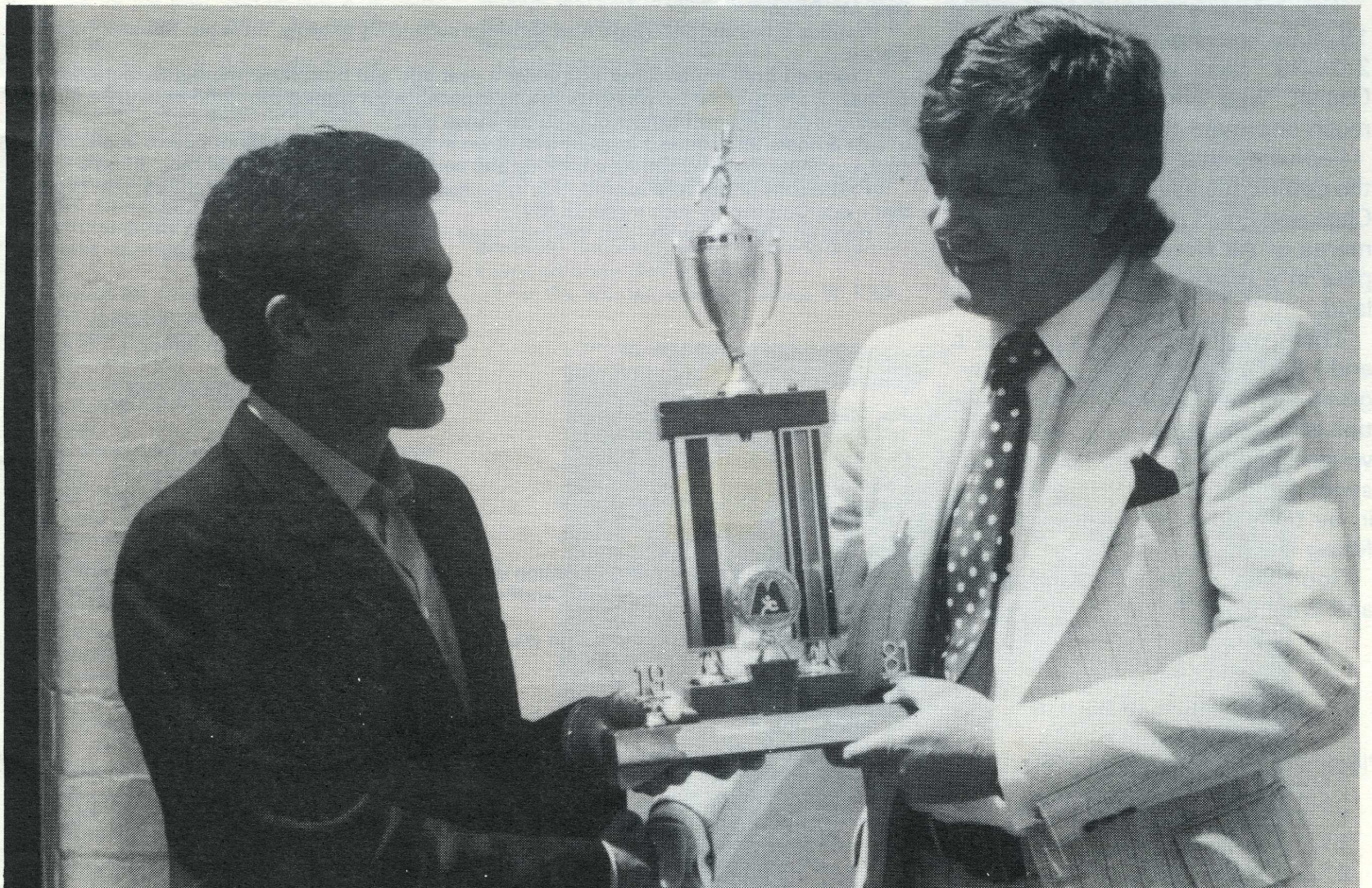
*Heading for Melbourne.*



*The ladies were there too.*



*Smile, you're on candid camera!*



*Courage Award Winner Albert Cavallo receives his trophy from Brian Purtell, managing director, V.D.I.A.*



Chris Alp and Eric Hubel — a great effort.



Ian Gainey.

## Paraplegics

This year being the "International Year of the Disabled" it was fitting to see two outstanding performances by Chris Alp (Vic.), and Eric Hubel (Vic.) dead-heating with a new course record for paraplegics of 2 hrs. 9 min. 18 sec.

The previous record was set in 1979 by Fred Pointer with a time of 2:54.39. Last year's winner, Ian Gainey, was fifth this year with a much improved time.

Following this great performance, the committee saw fit to award both Chris and Eric a return flight, compliments of Air New Zealand, to compete in a major event in New Zealand.

There were two factors in Chris's and Eric's performance. Firstly, greater emphasis on the construction of the chairs with a special light-weight metal and improved gearing, secondly, the amount of training put in by both boys and a draw was a fitting result.

Good luck in New Zealand, Chris and Eric.

### Paraplegic Results

Place	Time	Surname, init.	Age
1	2:09.18	Alp, C.J.	25
1	2:09.18	Hubel, E.E.	30
3	2:33.04	Turner, R.	28
4	2:37.27	Trotter, P.T.	25
5	2:37.33	Gainey, I.F.	29
6	2:43.57	Wiseman, J.J.	31

## Letters of Thanks

5 Casuarina Avenue,  
BORONIA, VIC. 3155.  
October 20, 1981

The Honourable Brian Dixon, M.P.,  
Chairman of the Melbourne Marathon Committee,  
Olympic Park Administration Building,  
Swan Street,  
MELBOURNE, VIC. 3002.

Dear Mr. Dixon,

Various aches and pains have now subsided sufficiently to allow me to pen this short note of thanks.

I climbed from my armchair just under a year ago and completed the Big M Marathon on Sunday. Training for the run was a marvellous experience but nothing can compare with the thrill of passing under the finish banner outside the Town Hall.

At 3 hours 35 minutes I finished well down in the pack but would not have completed the course without the administrative back-up and constant encouragement of race officials.

Please pass on my deep appreciation to the members of your Committee and all other helpers that made October 18 such a special day.

Keep up the good work. See you next year!

Yours sincerely,  
Peter Field.

Wentworth Chambers,  
180 Phillip Street,  
Sydney.  
20th October, 1981.

The Manager,  
The Big M Melbourne Marathon,  
Olympic Park Administration Building,  
Swan Street,  
MELBOURNE, VIC. 3002.

Dear Sir,

As one who took part in the Marathon last Sunday I congratulate the Organising Committee for the excellence of the arrangements and I warmly thank all those nice helpful people at the 5km refreshment stations.

Once again my congratulations on your organisation.

Yours sincerely,  
M. D. Finlay.

To the Big M Melbourne Marathon Organising Committee,

I would like to pass on my thanks to all members of the Big M Melbourne Marathon Committee for the great job they did in organising the race. With such a large number of participants the committee could not have done a better job; that the event ran so smoothly was a credit to everyone concerned.

All people involved should feel that their hard work was well worthwhile and let us look forward to an equally successful marathon in 1982.

Thank you once again,  
Jackie Turney.

# Do you remember me?

I was starter number 1000, the fellow with the skinny legs, the well-developed belly and the holey t-shirt.

You would probably recall me better if you had seen me on the morning after the Big M marathon.

I had skinny, stiff legs, a well-developed belly and my back was a mass of red spots where the burning sun had made a pattern through the holes.

Next morning I looked like a man who had just run a marathon.

But I guess when you saw me at Frankston early on Sunday, October 18, I merely looked like any of the 2,364 first-timers about to break their maidenhood in the most unpleasant manner.

Funny thing, I remember many of you.

First, there were the blokes on the special train which left Flinders Street station at 6 a.m. Some chaps joked, others pondered their fate, while more than a few sat with their eyes fixed, asking themselves why they were going through it.

I happened to take a seat next to an elderly bloke who, after a season with the Geelong professionals, had decided to tackle his first marathon.

He had prepared himself well — months of solid miles, a detailing of which made me feel both guilty and uncomfortable.

But, to be honest, this old geezer's biggest concern was his daily toilet.

He hadn't gone that morning because he was late for the train, and he was a bit concerned that there mightn't be facilities at Frankston.

The way he told it, the availability of a loo was the only issue which stood between him and a triumphant jig down Swanston Street.

When the train arrived at Frankston, and we jog-trotted around the start, I realised how many others had also been late for the train — or were extremely nervous.

The toilet queue was as long and anxious as the rows outside Bay 11 on Grand Final day.

So much for these mechanical procedures — what of the run, of the 42 kilometres which turned girls into women, boys into men, and men into old men?

Do you remember the pounding of the drum as we walked along the Nepean Highway to the start?

Yes, it was a drum — although, like me, you probably thought for a while that your "Royce" (Hart) was about to jump out of your chest and start running on its own.

Someone likened us to the kids marching off to Gallipoli.

That analogy was somewhat dramatic (a common complaint among people who watch too many movies), but the maiden marathoners did have that well-meaning innocence which over-shadowed a realisation of what was ahead.

The first few kilometres were easy, very easy . . . everyone chatting, wolf whistling at the Big M girls standing at road-side, jogging fluently.

The level of talk revealed when runners were starting to get weary.

Back in the mainstream, where I found a happy niche among the folk whose ambition was to reach the city anytime before supper, the talk died after about 10 km.

From there on the only sound was the shuffling of feet on bitumen.

Outside the Mentone Hotel, a woman on-looker held up a paper plate saying: "You can do it". Her friend remarked how many were moaning "I hope so".

A moment later a bloke ran past and murmured, "I hope so".

On to Beach Road, and the people around me started to fall apart. Some were muttering about their knees, others tied hankies around their ankles, while some had aches in previously unknown regions of the body.

You mightn't believe this, but at the instant I thought how everyone was coming apart, an old cove's denture fell onto the road.

For those of us around who could still manage a smile, we almost wept with laughter. The rest merely laughed on the inside.

This was my first encounter with the "wall", a barrier which most of you know far better than I.

I swear we hit the wall at 30 kilometres — without ever breaking through it. Our mob pushed the bloody thing all the way to the Town Hall!

That Gallipoli thing kept coming back . . . again and again.

Around 30 km we struggled past a young chap who has having awful difficulty overcoming his body's apparent disinterest in making it to the city.

The kid was trying to quote that line from the Gallipoli movie: "What are your legs? Steel springs, and they're going to propel me down the track. How fast can you run? Fast as a leopard."

Unfortunately for him, me, and the other couple of thousand still plodding 12 kilometres from the finish, the leopards of the Big M Marathon were well and truly relaxing somewhere in the City Square.

The last 10 km saw as many of the stragglers walk as run.

Our thighs were as stiff as our shirts were drenched. But people were still able to laugh — a wry, sarcastic sort of humor.

Like the woman plodding along St Kilda

Road, her face grim, her body propelled forward more by the weight of her boobs than by her legs.

"What wouldn't I give now to be doing the washing or scrubbing the floors," she sighed.

A few metres farther a tram went past her.

"If that tram ran over me, I'd probably thank the driver."

But the woman made it to the finish outside the Town Hall. So did the old bloke who worried about his toilet (presumably, he found a loo somewhere). And so did 3769 finishers.

I guess that's why you are reading this: because you're wondering whether others felt as exhilarated as you did when you saw that big crowd and the word "FINISH" emblazoned across Swanston Street.

I certainly did. It didn't worry me in the slightest that I didn't even get there in time for the presentation ceremony, or that Andrew Lloyd could have run it again in the same time as it took me to run once.

The important thing was to achieve your target.

My goal was to get there (and cheat if I needed to!) whereas yours might have been to beat three hours, two and a half hours, or even to beat Andrew Lloyd.

These targets are probably what make people run marathons.

They are our own personal Everests; whether we happen to be mountaineers, a Sir Edmund Hilary perhaps, or just suburban folk who go to the Grampians once in a lifetime.

A few weeks after the Big M Melbourne Marathon I was talking to Albert Young, 59, the farmer who won the 55 to 59-year-olds section.

Albert was a bit cheesed off.

He had wanted to break three hours — but his time, would you believe, was three hours four minutes and twelve seconds.

Four miserable minutes. Wouldn't it turn you off marathon running for life?

Obviously not. Albert is already training for the 1982 Big M Melbourne Marathon.

Neil Kearney — "The Sun".



# The New York Marathon 1981

Albert Salazar captured Australia's Derek Clayton's 12-year-old world marathon record on the 25th October, 1981 with a new world time of 2 hrs. 8 min. 13 sec.

Derek Clayton's time of 2 hrs. 8 min. 33 sec. has stood for 12 years with many top marathon runners attempting to wrest the honour from him. In this world of ever-tumbling world records we in Australia have certainly not recognised this magnificent record which has taken so long to break.

Cuban-born Salazar, now residing in Eugene, Oregon, where many of America's top marathon runners hail from, at 23 years of age, has a bright future before him.

Is it brashness or just supreme confidence in his own ability that motivates Salazar into the added pressure of predicting his own time?

Last year, running in his first marathon Salazar predicted he would break 2 hrs. 10 min. or better. The non-believers were converted when he clocked a 2:09.41 which was the fastest first time marathon ever, a New York Marathon record and the fastest U.S. clocking in history.

If we expected a more conservative Salazar in 1981 we were wrong. With his performance on the line Salazar predicted a new world record. When journalist Bob Wischnia from *Runners World* told Salazar he had bet Derek Clayton that "Salazar will break your record", Salazar replied, "double that bet".

Arthur Ellis, proprietor of Northpoint Holden, who was one of the 16,000 entries in the New York Marathon, was accompanied on several training runs by Fred Lebow, president of New York Runners Club and director of the New York Marathon. Arthur was able to provide me with a wealth of information.

The New York Road Runners Club is the largest in the world with 19,000 members including 15 per cent of which are scattered around the globe. Fred Lebow provided some interesting statistics.

An estimated 2.5 million watched the 16,000 entrants race over the course, together with a viewing

audience of millions who, for the first time were able to watch the marathon on a coast-to-coast hook up.

Some of the requirements included 500,000 paper cups, 18,000 yards of barricade tape, one 100 foot urinal (world's largest), 284 gallons of "Marathon Blue" paint to mark the course, 20,920 gallons of drinking water, 1,200 medical personnel (doctors, nurses, paramedics), 1,400 policemen and 3,500 race-day volunteers.

The race was everything the organisers had hoped for with two world records. Allison Roe (24), New Zealand's champion captured Grete Waitz of Norway's world record for a duel between the two resulting in Waitz retiring at the halfway mark leaving Roe to go on to create a new world time of 2 hrs. 25 min. 29 sec. Ingrid Kristian of Norway was sec-

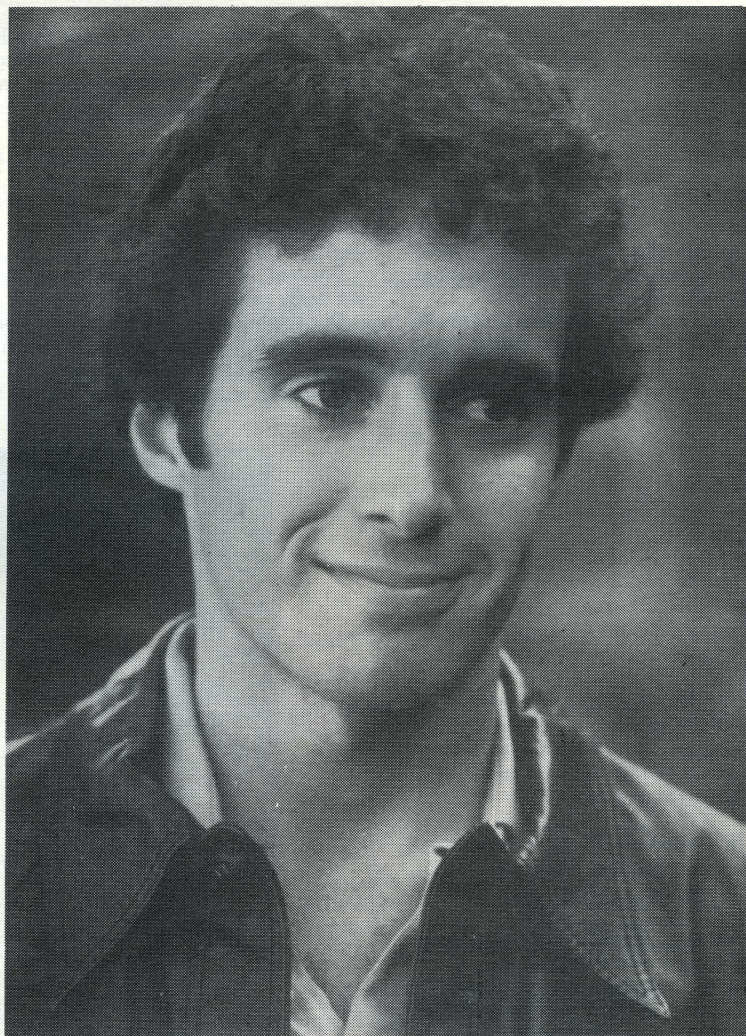
ond in 2 hrs. 30 min. 08 sec. and third to Julie Shea, 2:30.11.

There were some great performances in the race, the first eight miles belong to Ireland's Louis Kenny, the next nine saw a group with Salazar, Scotland's John Graham, Poland's Richard Marczak and Mexico's Jose Gomes, then at around the 17.5 mile mark Salazar ran an incredible 4.33 mile, from that point on it was a question of how fast.

Finland's Jukka Torvia, second in 2:10.52 with England's Hugh Jones 2:10.57 third. Ingemar Johansson, former world heavyweight champion from Sweden was a finisher together with Ruth Rothfarb who, at 80 years of age, was the oldest female competitor.

Road racing in the U.S. and, in particular, marathoning has become the most popular U.S. pastime.

Story — Ted Paulin.



Alberto Salazar.

## 1981 Big M Melbourne Marathon Seminar

The 1981 Big M Marathon Seminar was held once again at Rusden State College on Saturday, 17th October. The day's proceedings were opened by Dr. Davey, Head of the Physical Education Dept. at the College, and Ron Clarke was Chairman for the day.

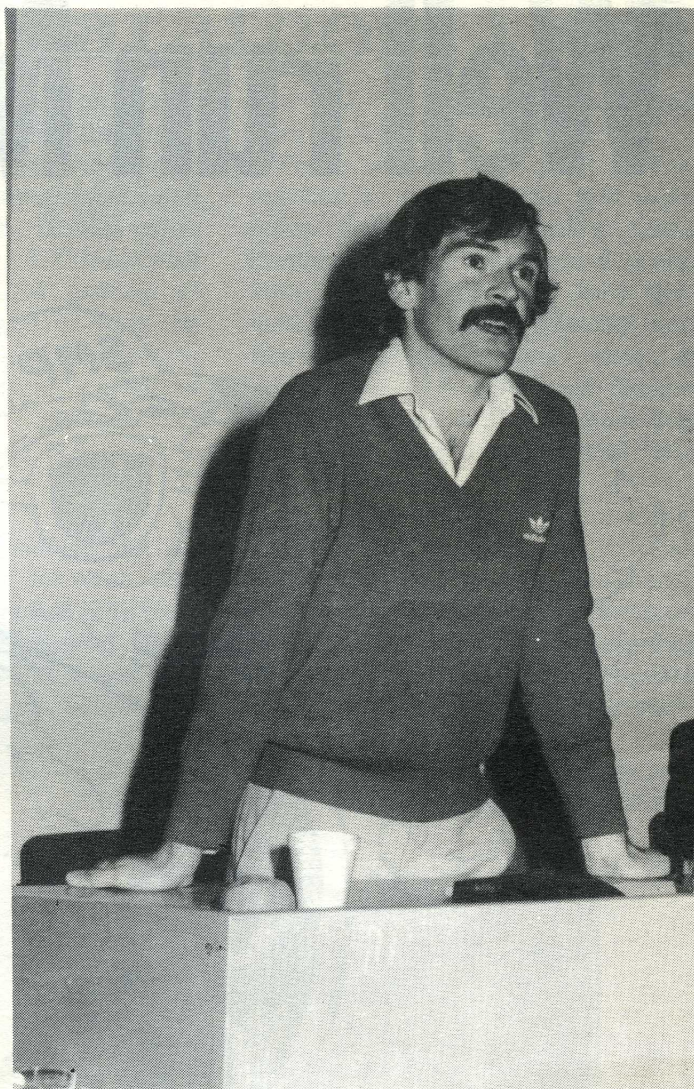
Our special guest was Arthur Lydiard from New Zealand, who represented New Zealand at the 1950 Empire and Commonwealth Games and was one of that country's top marathoners at one time. He has over 30 years experience in training methods and coached such runners as Peter Snell, Murray Halberg and Barry Magee to success in the 1960 Olympic Games. We were very fortunate to have the benefit of his expertise during his informative talk and the ensuing question and answer session.

After lunch (with Big M supplied by courtesy of the V.D.I.A.), Dr. Dick Telford, now working at the Australian Institute of Sport in Canberra, presented his Sports Science segment. Together with Dr. Robert Taylor and Dr. Peter Larkins he presented a comprehensive rundown of Do's and Don'ts in regard to marathon running, with special emphasis on the prevention of injuries. Dr. Andrey Kretsch from the Australian Sports Medicine Federation then gave us a summary of the 1980 Big M Marathon Survey, and emphasized once again that prevention is better than cure.

Lee Saxon, well-known hypnotherapist, returned this year by special request, and was inundated with volunteers eager to be 'put under the influence' to increase their mental determination during the marathon.

Afternoon tea broke the spell, and afterwards we were delighted to have as head of the athletes' panel Robert de Castella, fresh from his overseas triumphs. The audience enjoyed his talk and were suitably impressed by his awesome training schedule of seven days a week, twice a day running to a figure in excess of 140 miles per week. Wal Sheppard, well-known veteran athlete, told us of his return to marathoning after major heart surgery, and Barbara Byrnes spoke of the trip to Canada she won in the Avon International Women's Marathon, and gave us the women's angle on a training schedule.

The day closed with a question and answer session, and hopefully all left full of enthusiasm and ready for a great run the following day.



*Robert de Castella.*



*Robert de Castella, Barbara Byrnes, Wal Sheppard and Ron Clarke.*



Melbourne, here we come.



Des Cooper and his girls.



City Square concert.



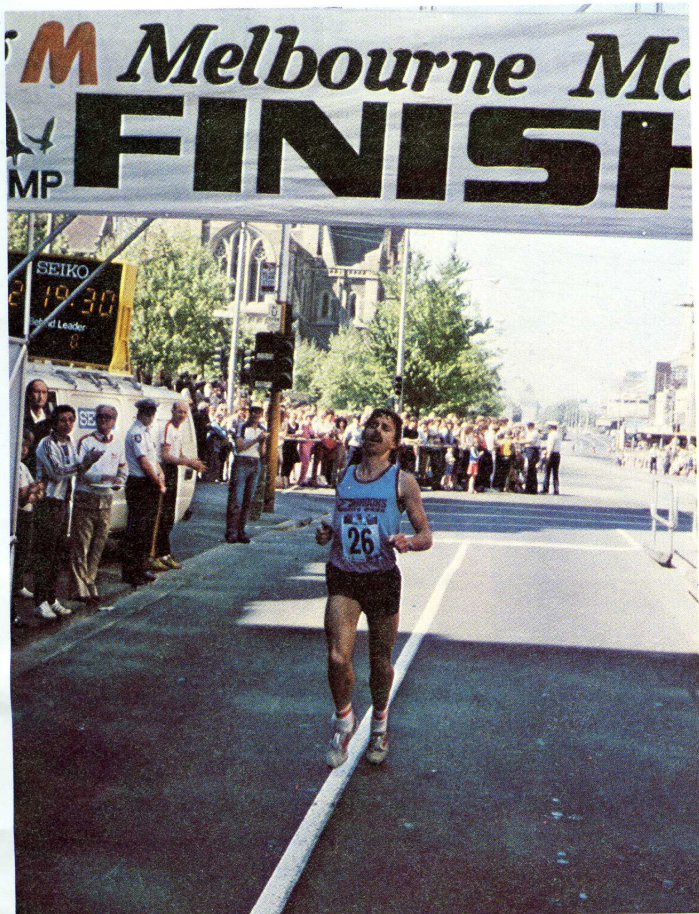
Town Hall relief.



Laid to rest.

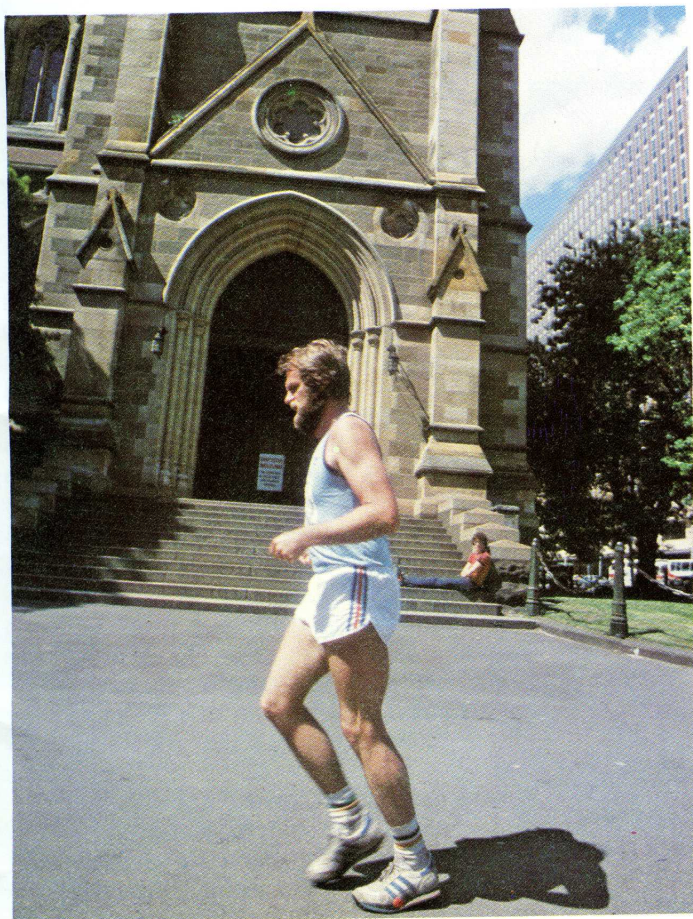


Give us some room.



David Byrnes.

Say a little prayer.



# Big M Melbourne Marathon

## RECORD HOLDERS:

### Course Records:

Male — Andy Lloyd, N.S.W. 1980, 2:17.37.  
 Female — Jackie Turney, Vic. 1981, 2:42.12.

### Age Groups:

#### 40-44

Male — Trevor Vincent, Vic. 1981, 2:31.05.  
 Female — Dot Browne, Vic. 1981, 2:54.38.

#### 45-49

Male — Ron Gribble, N.S.W. 1981, 2:32.37.  
 Female — Margaret Smith, Vic. 1980, 3:07.43.

#### 50-54

Male — Ron Young, Vic. 1981, 2:49.31.  
 Female — Shirley Young, Vic. 1981, 3:19.39.

#### 55-59

Male — George Perdon, Vic. 1980, 2:56.40.

#### 60+

Male — Keith Mander, Vic. 1981, 3:02.37.  
 Female — Eunice Harris, N.S.W. 1981, 5:27.41.

#### Under 19

Male — Glen Devers, Vic. 1980, 2:35.58.  
 Female — Kerrin Turney, Vic. 1981, 3:06.26.

# Big M Melbourne Marathon Winners

## (Men)

1978	Bill Scott	Vic.	2:21.04
1979	Andy Lloyd	N.S.W.	2:26.44
1980	Andy Lloyd	N.S.W.	2:17.37
1981	Andy Lloyd	N.S.W.	2:19.03

## (Women)

	Elizabeth Hassell	N.S.W.	2:53.38
	Jane Kuchins	Vic.	3:12.35
	Rosemary Longstaff	N.S.W.	2:46.15
	Jackie Turney	Vic.	2:42.12

## 1978 — Top Ten Men

	Bill Scott	Vic.	2:21.04
	David Byrnes	Vic.	2:23.06
	Jim Langford	W.A.	2:25.14
	Kevin Rock	Vic.	2:26.36
	Paul O'Hare	Vic.	2:27.09
	Bob Guthrie	Vic.	2:32.06
	Ron Gribble	N.S.W.	2:32.24
	Ted Paulin	Vic.	2:33.37
	John Duck	Vic.	2:34.22
	Ian Rands	Vic.	2:34.33

## 1979 — Top Ten Men

	Andy Lloyd	N.S.W.	2:26.41
	Horst Wegner	N.S.W.	2:31.20
	Brian Morgan	N.S.W.	2:32.09
	Bob Guthrie	Vic.	2:34.14
	Peter Hanoford	Vic.	2:35.30
	Ross Shilston	Vic.	2:37.43
	Nick Hearnshaw	N.S.W.	2:37.38
	John Nolan	Vic.	2:37.43
	Brian McInerney	Vic.	2:38.35
	Eric Sigmoid	Vic.	2:39.13

## 1978 — Top Five Woman

	Elizabeth Hassell	Vic.	2:53.38
	Adrian Beams	Vic.	3:00.50
	Barbra Byrnes	Vic.	3:07.01
	Joan Cameron	Vic.	3:33.34
	Barbra Fay	Vic.	3:34.43

## 1979 — Top Five Woman

	Jane Kuchins	Vic.	3:12.35
	Joan Cameron	Vic.	3:15.28
	Sue Clark	Vic.	3:19.36
	Margaret Smith	Vic.	3:24.28
	Carol Halls	N.S.W.	3:25.52

## 1980 — Top Ten Men

	Andy Lloyd	N.S.W.	2:17.37
	Bill Scott	Vic.	2:19.26
	Brian Morgan	N.S.W.	2:22.03
	Rob Neylon	Vic.	2:22.47
	Graeme Kennedy	Vic.	2:24.01
	Paul O'Hare	Vic.	2:24.20
	David Byrnes	Vic.	2:24.27
	Ross Shilston	Vic.	2:25.26
	John Waddington	Vic.	2:25.44
	Tim Adams	Vic.	2:27.04

## 1981 — Top Ten Men

	Andy Lloyd	N.S.W.	2:19.03
	David Byrnes	Vic.	2:19.30
	Greg Adams	Vic.	2:21.31
	Garry Sofianos	Vic.	2:23.38
	Colin Donald	Vic.	2:23.46
	John Waddington	Vic.	2:27.09
	Paul O'Hare	Vic.	2:27.50
	Des Minogue	Vic.	2:28.37
	Mathew Cull	N.S.W.	2:28.57
	Ken Duxbury	Vic.	2:29.14

## 1980 — Top Ten Women

	Rosemary Longstaff	N.S.W.	2:46.15
	Jane Kuchins	Vic.	2:49.50
	Barbra Fay	Vic.	2:59.00
	Margaret Smith	Vic.	3:07.43
	Jillian Pratten	A.C.T.	3:09.28
	Kim Richardson	Vic.	3:10.52
	Jenny Haddrell	Vic.	3:14.12
	Sue Cathcart	Vic.	3:17.05
	Merri Tindale	N.S.W.	3:17.29
	Cheryl Cranage	Vic.	3:19.34

## 1981 — Top Ten Women

	Jackie Turney	Vic.	2:42.12
	Desiree Letherby	S.A.	2:51.12
	Jillian Pratten	A.C.T.	2:53.57
	Dot Browne	Vic.	2:54.38
	Barbara Byrnes	Vic.	2:58.31
	Ngaire Drake	Vic.	2:58.32
	Sue Willoughby	N.S.W.	3:04.10
	Caroline Barker	Vic.	3:04.52
	Kerrin Turney	Vic.	3:06.26
	Sue Cathcart	Vic.	3:10.23

# London Marathon for Liz

Elizabeth Arnot from South Australia was "The Australasian Guide to London" random prizewinner in the Big M Melbourne Marathon, 1981.

Elizabeth, 38 years old, married with two children, Brett, 17, and Kim, 14, is a teacher at the Glen Osmond Primary School, Adelaide.

George McCarthy, publisher of LAM (London Australasian Magazine), London, was in Melbourne to launch his new magazine "The Australasian Guide to London", when he happened to see the launch of the 1981 Big M Melbourne Marathon in the Bourke Street mall.

Having recently witnessed the inaugural London Marathon, George was very impressed with the race. He contacted Promotions Director Ted Paulin and offered a random prize selected from all finishers.

The prize was a trip to compete in the London Marathon, May 9th, 1982, 21 days' accommodation plus \$300 spending money.

The prize was presented by Mr. Paul Walker, representing George McCarthy, on HSV7 World of Sport.

Elizabeth was flown over from S.A. to collect her prize and a most excited and elated Elizabeth will, I am sure, make a good ambassador for our race.

Four years ago, a girlfriend introduced Elizabeth to jogging. She has competed each year in the major fun run in Adelaide, the City to Bay, and is a member of the Road Runners' Club of Australia.

This year she was encouraged to enter the Big M Melbourne Marathon. Her competitor's number arrived complete with training notes and a programme which was pinned up on the kitchen wall.

With the help of husband Barrie, son Brett, 17, and daughter Kim, 14, doing the domestic duties while mum was out training, Elizabeth stuck rigidly to her training programme, with the final 12 weeks averaging 50-60 miles per week.

The race was a great family affair with Elizabeth's three brothers, Don, Ian and Ted, all running in the event.

Don ran 3 hrs. 12 minutes, both Ian and Ted ran 3 hrs. 16 minutes. All the brothers live in the eastern suburbs of Melbourne. There was a celebra-



Story — Ted Paulin.

Paul Walker presents Elizabeth Arnot (S.A.) with her tickets.

tion after the marathon, a real family affair.

Elizabeth has started training for the London Marathon on May 9th,

1982, so all you South Australians give her some encouragement if you see her training in her Big M T-shirt. Elizabeth, best of luck in London.



Elizabeth (2215) at the finish.



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City of Mordialloc  
City of Sandringham  
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Victorian Marathon Club  
Seiko Time Pty. Ltd.

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Knox-Sherbrooke W.A.A.C.  
Waverley A.A.C.  
Waverley W.A.A.C.  
Nunawading A.A.C.  
Nunawading W.A.A.C.  
Sandringham A.A.C.  
Bentleigh-McKinnon W.A.A.C.  
Hakoah-Ajax A.A.C.  
Glenhuntly A.A.C.  
Glenhuntly W.A.A.C.  
Oakleigh W.A.A.C.  
Kew-Camberwell A.A.C.  
Doncaster A.A.C.  
Doncaster W.A.A.C.  
Oakleigh A.A.C.

To all sponsors a sincere thank you for assisting us in presenting the 1981 Big M  
Melbourne Marathon — Australia's largest Marathon.

To all the support groups a special thank you for your contribution which enabled us  
to present a memorable event.

