



**Big M**

**Melbourne Marathon  
1985**

 **COMPUTER  
TECHNOLOGY**  
A SERVICE OF MAYNE NICKLESS LIMITED (INC. IN VIC.)

**1985 Official Computer  
Results Courtesy of  
Computer Technology**



*Mr. Irving Saulwick, chairman Victorian Dairy Industry Authority, presents Margaret Reddan, 1st woman, with her gold medal.*

*The Big M — a great marathon and a great effort by all who competed, well done!*

Dr. J. M. Bryden  
General Manager  
Victorian Dairy Industry Authority



# The Big M Melbourne Marathon

Each of the nearly 5000 entrants in the eighth annual Big M Melbourne Marathon is in debt to the excellent organisation of this year's event.

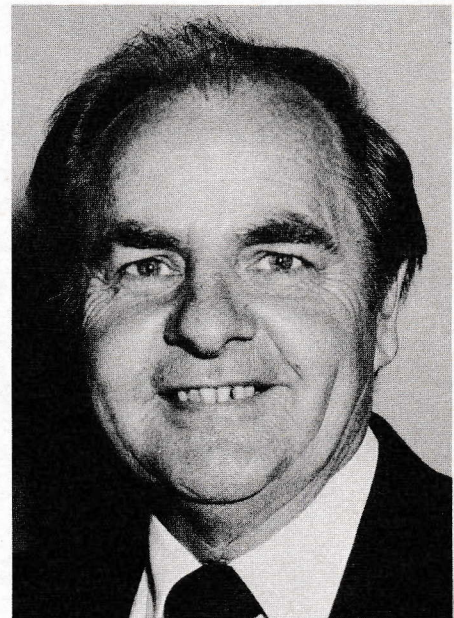
For participants and friends alike, the Family Fiesta was a welcome innovation. Sponsored by the Melbourne City Council and supported by the Victorian Jaycees, its great success contributed to the development of the Big M Melbourne Marathon as both a people's race and Australia's premier marathon.

It is especially pleasing to note that amongst the entrants were fifty-one from overseas.

The loyalty of sponsors should be acknowledged as their continuing contribution enables this race to be conducted so efficiently. In particular, I thank the Victorian Dairy Industry Authority; Radio 3MP; Melbourne City Council; Computer Technology; Philippine Airlines; Adidas; Ansett Airlines; Statewide Building Society; Frankston City Council; Seiko; AMI Toyota; Budget Rent-A-Car; HSV 7; St. Kilda Road Travelodge; Victoria's 150th Anniversary Committee; Canon Copiers; Du Pont.

Thanks are due to the Victoria Police, the St. John Ambulance Brigade, the Australian Sports Medicine Federation, doctors, paramedics, athletic clubs, local councils and to the hardworking Marathon Committee for their dedication and hard work.

Finally, I commend each of the athletes whose name appears in this booklet. To prepare physically and psychologically for a marathon during the winter and to complete the demanding course is a fine achievement of fitness and discipline of which all entrants should feel proud.



NEIL TREZISE

Minister for Sport and Recreation  
Patron, Big M Melbourne Marathon



## **The Big M Melbourne Marathon**

Olympic Park Administration Building,  
Swan Street, MELBOURNE, Vic. 3002, Australia    Telephones (03) 428 7808

Dear Marathoner,

Congratulations on being part of Australia's most prestigious marathon. The 8th Annual Big M Melbourne Marathon saw 4,987 entrants, including 330 women, 642 interstate and overseas entries, 1,473 1st time marathoners and 9 wheelchair entrants all eager to run the 1985 Big M Melbourne Marathon.

The performances of the winners, Fred Vandervennet, Belgium, 2:12:35 and Margaret Reddan, 2:44:56 was outstanding. So too were the fine performances from many runners recording their personal best for the distance.

This year's race from the start at Frankston to the Family Fiesta in the Alexandra Gardens was without doubt our smoothest and most successful. To the many volunteers who assisted on the day, including athletic clubs, Victoria Police, St. John, Australian Sports Medicine Federation and all the other support groups my heartiest congratulations and thank you.

The Family Fiesta was a fitting conclusion to a great run. The involvement of competitors, family, friends and the public contributed not only to a people's race but a people's day.

Thank you to all sponsors who have played such a major role in the success of our marathon. We are indeed grateful for your support.

During the past eight years I have participated in and viewed some of the world's great marathons — London, Berlin, Honolulu, Tokyo. It is with pride I have watched the development and improvement of marathon runners in the Big M since 1978. In 1978, 44% of the field finished in 4 hours, in 1985, 67% of the field finished in 4 hours. Australians have been tagged as achievers, this is borne out by the amazing improvement in the past eight years.

1985 was indeed a busy year — Australian record entries were received in the Myer Women's 10K Classic and the Royal Life Half Marathon. The 3MP/adidas Warm-Up Run was also most successful.

A special thank you to my staff for their tireless work and to the committee of Melbourne Marathon Inc.

I look forward to seeing you on the line in 1986, the year of the Edinburgh Commonwealth Games.

Regards,



*Ted Paulin*

TED PAULIN  
EXECUTIVE DIRECTOR

*Big M girl Tracy, at the finish line.*



# VANDERVENNET WINS THE PEOPLE'S MARATHON

By Chris Wardlaw

Former Olympian and contributor to *Australian Runner* magazine

Fred Vandervennet, of Belgium, won the 8th Annual Big M Melbourne Marathon in 2hr 12min 35sec. At its essence, this was the *result* of the race. But when thousands head down the highway on Big M morning, the Melbourne Marathon is far more than one fine performance, though we must give the winner due acclaim.

This community race is still the largest marathon in the country, despite this year's decline in the entry. Indeed the entry was down some thousand runners this year in comparison to 1984. However, there are some possible reasons for the apparent decline, and those reasons may in fact reflect a more aware, better prepared and still growing running movement.

When the Big M began it was the only *real* community marathon in Australia to top the emerging demand of runners to tackle a marathon. Not only were there few marathons available, but the 'fun run' circuit largely catered for 'oncours'. People who wanted to complete the City to Surf, the Doga Fun Run and then a marathon. Many achieved the common man's Everest, and sunk back into their easy chairs. Those who stayed running, started to see it as a way of life, with the marathon *one* aspect of running, not *the* central focus. As new runners entered the sport, this wider circuit of runs and runners de-emphasised the marathon as the sole criteria for successful running. As well,

several very successful well-run marathons in Adelaide, Sydney, Canberra, the Gold Coast and Perth give viable alternatives for runners to program their running experience.

More particularly, runners in Victoria now have many excellent runs to aim at — the Myer Women's 10K, the Jogorun, the Round the Town, Superun, the Royal Life Half Marathon. All these runs attracted large numbers, with the Royal Life more than doubling its entry in 1985. In this perspective, the Big M's entry of 4,988 really reflects the health of the running movement. It remains the flagship of community runs in Victoria, and because runners are discerning, educated and more committed to a longer term view of their sport, it will always attract a large entry, and more importantly, the standard will continue to improve.

All the foregoing then, is to reinforce the opening paragraph. Fred Vandervennet won this race, but the runners really own it.

The 3,789 other finishers followed Fred across the line at the Arts Centre with their own personal goals achieved. Some goals revised upwards, some downwards as the race progressed, but all achieving their main aim — to finish. Testimony to the thousands who have achieved this aim, is the seemingly infinite number of runners who pass with the singlet emblazoned 'I finished the Big M' throughout the year.

I watched this year's Big M from the

comfort of the HSV7 studio masquerading as an expert commentator. When I entered the studio at 7.45 a.m. it was a lovely cool morning, practically windless. But the layperson could have been fooled into believing these were perfect conditions. Certainly for the elite runners who would run the course in not much over two hours, the conditions were going to remain good, though not perfect.

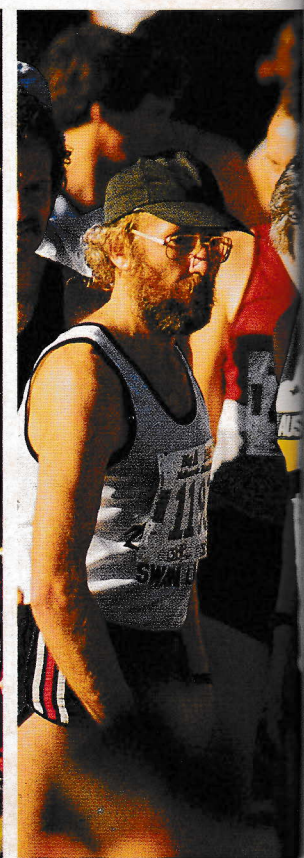
Direct sunlight, while superb for the thousands of spectators who line this course from Frankston to Melbourne, can be quite deleterious to distance performances. The scientists can explain this much better than I, but essentially moisture is evaporated too quickly off the skin, and the body's cooling system is not as effective on a cloudy day, even with the same air temperature. So I would suggest for the three, four and five hour runners, conditions were not as conducive to performances as they might have been. When I left the studio at 11 a.m., the sun was bright, and the air temperature had risen substantially. The run up St. Kilda Road must have seemed a long way!

At 8 a.m. the field got under way and the lead pack quickly settled into a very fast pace. The pack got by 5K in 15:22 and 10K in 30:47 well under 2:11 pace. Bill Rodgers' course record was under attack!

The lead pack included the Belgian, Vandervennet who has two very fine recent marathons to his credit. A personal

FRANKSTON 8 a.m.

Melbourne is that way



best 2:12:09 at Tokyo and 2:13 plus at Rotterdam behind Carlos Lopes' fabulous world record 2:07:11 in April. But most 'experts' focused attention on Ron Tabb of the USA. He won the Australian Championship in Sydney in 1983 in 2:10:54 and has a personal best of 2:09:31 in the 1983 Boston. These were easily the outstanding credentials for the race. But others threatened. Fraser Clyne of Scotland had run 2:11:50. Self styled runner/entertainer Gary Fanelli of the USA carried a P.B. of 2:14:16. The Australian contingent included Olympian Steve Austin, a fine 10K runner who showed in the '84 Big M with a competitive second to Juma Ikgaa, that he could easily run with international invitees. Rob Wallace, Commonwealth rep in 1982 has run 2:13. Gary Hand, Alan Thurlow, and Laurie Adams were all sub 2:20 runners who could challenge.

Among the women, Margaret Reddan, Qld, the '84 Big M winner was a clear favourite to double, though Dot Browne, Vic, and Mora Main, NSW, would be serious challengers.

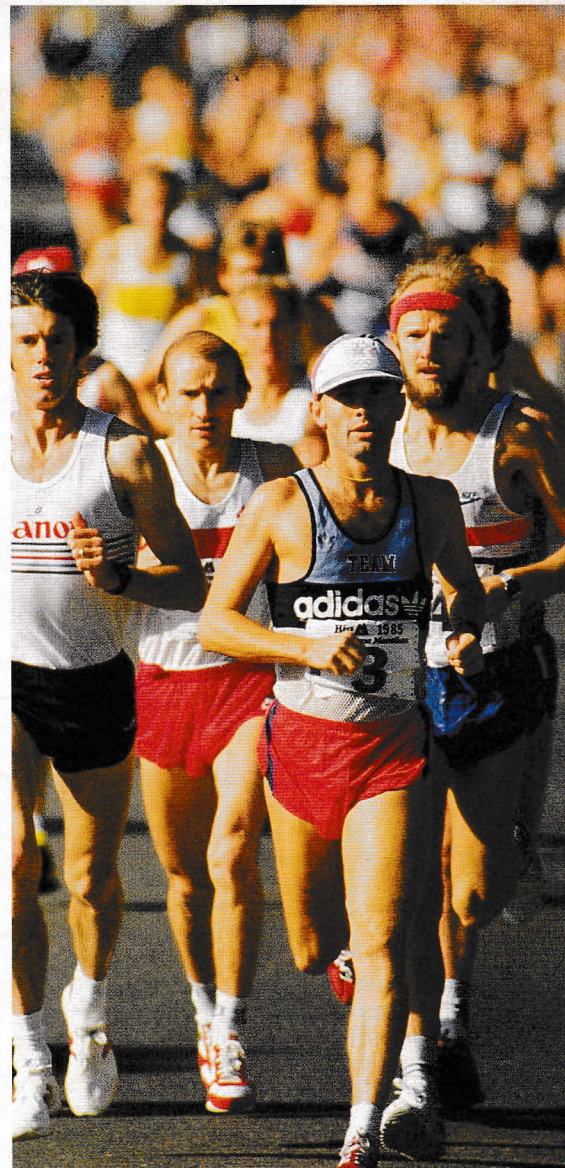
As the pack went through 15K in 46:06, Rodgers' record was clearly being threatened. Austin was leading but without a race number, making clear his intention not to finish. But, his aggressive, supportive first 20k set up the possibility of a course record. Rodgers' record was set in favourable conditions, with cool overcast weather and a following wind. But on this day, despite less favourable conditions, Vandervennet was going to frighten it!

Others were going to set records regardless of any ideas about conditions! Gary Hand won the City of Frankston Trophy for first male over 40 in a new record 2:21:38. A fine time for any age! Tony Berry, of Kings Park, SA established a new course record in the male 50-54 age category with 2:42:56.

In fact, AGE seems no barrier in this sport. Jean Albury has a sensational PB of 3:09:14, and this year ran 3:16:29 at the age of 56. Madge Sharples, UK, a special guest, in her 5th marathon for the year ran 5:03:21 at 69 years. Madge won the Jack Woodruff Memorial Perpetual Trophy as the oldest female to finish. At the other end of the scale, Craig Ware, Vic, only 17, ran 2:48:07. All these runners won category trophies. But incredibly, the leading pack was made up of Austin 34, Tabb 31, Clyne 30, Vandervennet 32. The two top Australians, Thurlow 3rd and Adams 5th are 30 and 34 respectively. Many 'middle aged' TV watchers must have felt inspired by this ageing pack careering down the highway!

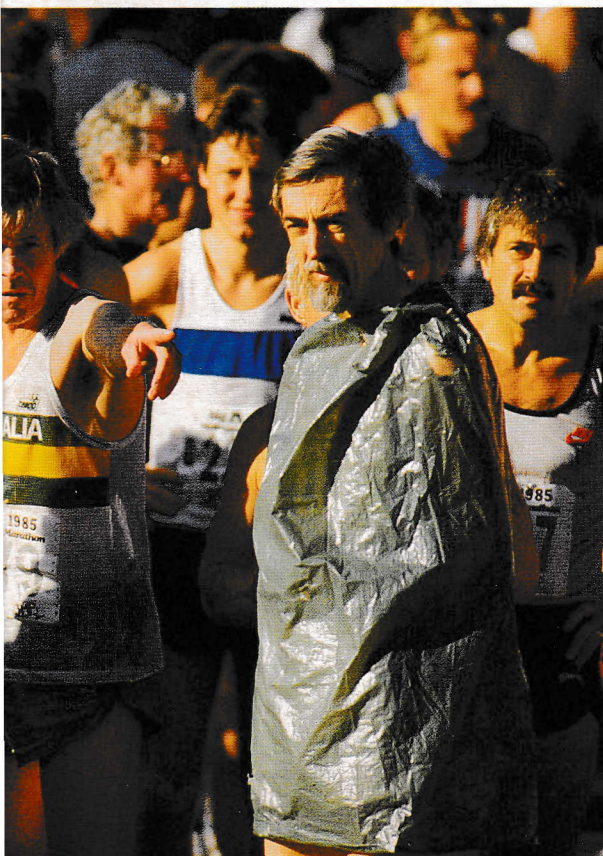
Two septarians vied for oldest finisher to win the Jack Woodruff Memorial Trophy for oldest male. (Jack was former Lord Mayor of Melbourne). It was won by Ernest Walker of Seaford, 72 years old, who ran 5:19:50. Lindsay Neelands of Euroa, also 72, ran 5:55:50.

Once Austin stepped aside having run a rather stunning 1:17:28 25K, still under 2:11 pace, Vandervennet was left alone. Tabb had begun to struggle after 15K and was out of contact by 25K, yet he was to fight on for a respectable 4th. Clyne went with Fred through 20K but was off the lead at 25K. Gary Fanelli, the runner/entertainer, today was more the latter. Though even dressed as Elwood Blues he managed to run 2:46:55. That suit and tie must have been hot! And how does the hat stay on, and the mouth organ get enough air into it for 26 miles, 385 yards? The mind boggles not least because Gary's PB as 'Elwood' is 2:36. (Fanelli is 34 by the way!) Tani Ruckle led the women through 15K to pick up the new Melbourne Airport Travelodge Award, but Margaret Reddan passed her and ran 2:44:56 to set up a possible hat trick next year. Margaret has



**The fast group.**

**Paul Ramsden, General Manager, 3MP present Alan Thurlow (W.A.) with Victorian Tourism Commission trophy, 1st interstate male.**



had a meteoric rise in marathoning and is now one of our most travelled runners. She led home the 241 females to finish the race, and compares this race and its crowd support with races she has participated in overseas, including the Avon International Marathon in the USA.

Before Fred Vandervennet could cross the line Jeff Wiseman completed the distance in 2:01:38 in a wheelchair, with Jan Randles' 2:18:38 being the first female paraplegic across the line.

Other outstanding efforts in the field included the effort of Beres Sexton, of Griffith. Beres 23, has had 3 brain operations to curb a tumor which has left him with partial vision and partial paralysis of his left side. Beres set the Big M as his target and ran 5:09:25.

Jeff McNeil has only 2% vision, yet has achieved a PB of 2:52. He had a setback with a knee injury after an accident, yet still ran 3:12:33 in this year's Big M.

Running a marathon can be a vehicle for a fine individual effort, and for others it can be a new scale of performance. Johnny Famechon, former world featherweight champion, ran the 10K of the March Jogorun to complete his longest distance, and after some good natured side wagers, set the Big M as his target. (Could a world champion have been inspired by Rocky's defeat of the Philadelphia Museum of Art steps!) Johnny not only finished, but just missed the glory of a sub 3 hour race with 3:00:49. Next year?

Through 30K in 1:33:05 Vandervennet was now alone, with the mythical(?) marathoner's wall somewhere in the next 10K to climb over. He hit a wall of sorts as the sun, and by his own admittance, the loneliness, took its toll. At 35K Rodgers record was still in sight, but Fred slowed marginally, but still recorded a 2:12:35.

'Reflecting back on the race, I think I ran the first half a little too fast. In the middle stages I realised I was going to be suffering towards the end' was Fraser Clyne's summation of his second place 2:14:20. As it was, even the winner slowed, having gone through the half marathon in 1:05:22, thus coming home in 1:07:13, but most of that slow down was in the final 5K. 'I was alone, I had no one to talk to, no one to run with and I didn't know how far I was in front. It was very difficult' said Fred. The Australians were led home by Alan Thurlow, a former New Zealand World Cross Country representative, now based in Perth, who ran 3rd in a marvellous PB 2:16:07. Alan picked up a trip to London and the major end of the Computer Technology Participation Awards to help meet his training and travel expenses. This is in participation for a possible attack on the qualifying time of 2:14 to represent Australia at the Edinburgh Commonwealth Games next year.

Some two hours later Paul Morris completed the distance in 4:16:48. Paul has run 5 previous Big M's, the first four around the 3 hour mark, and last year 3hrs 59mins. In May, doctors had diagnosed Paul had Hodgkinsons Disease and was in stage two, bordering on stage three. 'At 39', Paul said to Peter Stone of The Herald, 'I'd been somewhat prepared for the

diagnosis, but I still proceeded to die a thousand deaths and think the worst'. Then I thought: 'To hell with it, I'm going to beat this, I've been adverse before, I've got too much to live for right now'. Paul's marathon was only a short jog compared with his effort in doing an 'ultra' - Adelaide to Melbourne during August-September. Paul did his training in between chemotherapy sessions. Of the 3,790 people who finished the marathon, Paul is one of the inspirational stories of the event.

While there were many in the race with dozens of marathons behind them, 1,473 were doing their first. Trevor Scott and Heather Batza, both Victorians, won Statewide Building Society Trophies as first male and female 'Novice Marathoner', in 2:22:10 and 3:22:36 respectively. Both very good runs.

Many groups run the marathon as teams and there were some outstanding efforts. The Athletic Club section went to Malvern Harriers who were led home by Barry McKerrow and Morris Hearn were both placed in the first ten. Hard to beat! One excellent team effort was produced by National Mutual, who had three runners in the 2:40's to win the Business Houses team category.

The Brimacombes make life difficult for budding Husband/Wife teams with Laurie a top class ultra runner, and his wife, a 3½ hour performer.

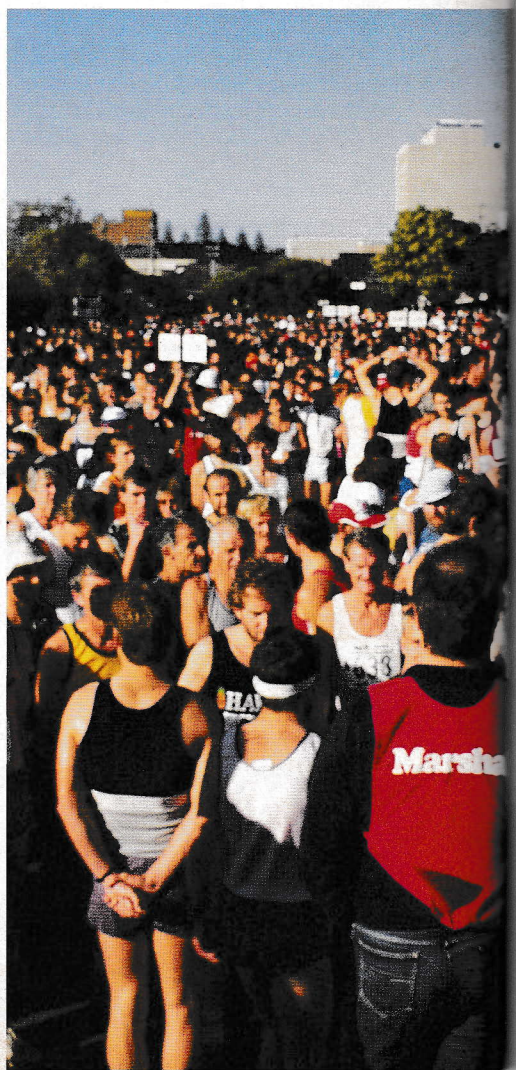
The Big M got away this year with a minimum of fuss. To organise for 5,000 people to run 26 miles plus on a Sunday morning is a logistical nightmare. Literally hundreds (perhaps one thousand) are involved in supporting those runners. The medical backup, the refreshment stations, the start line marshals, the finish line marshals, the providers of medallions, massages, entertainment, the local councils, sponsors, the media, representatives — all are crucial to its smooth running. Most are voluntary helpers, many working long after the runners are at home with their feet up. Included in this group are the police force, critical to the event because major roads and highways are used. 1986 promises to be a watershed year for running as the new 'user pays policy' is to be enforced. Not only the Big M, but other major community runs are going to face a financial crisis if the policy is implemented in its full force. Hopefully, 1986 Big M Marathoners are not to be taxed a large amount for the right to run from Frankston to Melbourne on a Sunday morning. Hopefully, a compromise can be worked out with the police, government and various run organisers.

So the 1985 Big M Melbourne Marathon drew to a finish as friends and relations soaked up the sunshine, massages, drinks and entertainment in the park. Many, no doubt, recommitted themselves to another marathon. Others probably said 'never again' but took the first few awkward steps towards another one the next day in training. Perhaps others will set personal goals for a 10K or half marathon in 1986. Each year I commit myself to finishing a Big M. While I've participated in 2 Olympic Marathons, I've yet to get from Frankston to Melbourne. Perhaps next year.

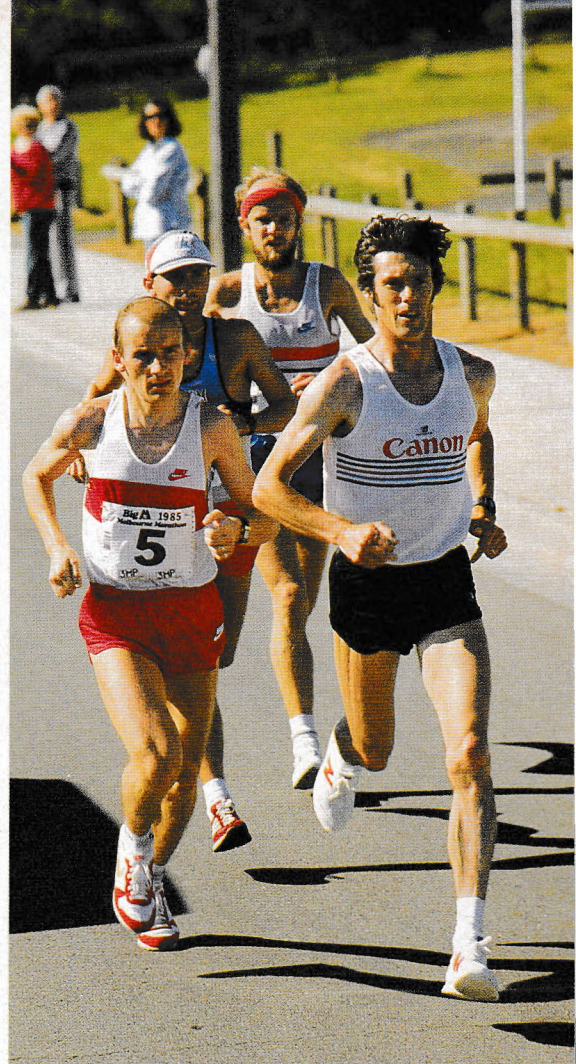


**My dad did it!**

**At the bayside**

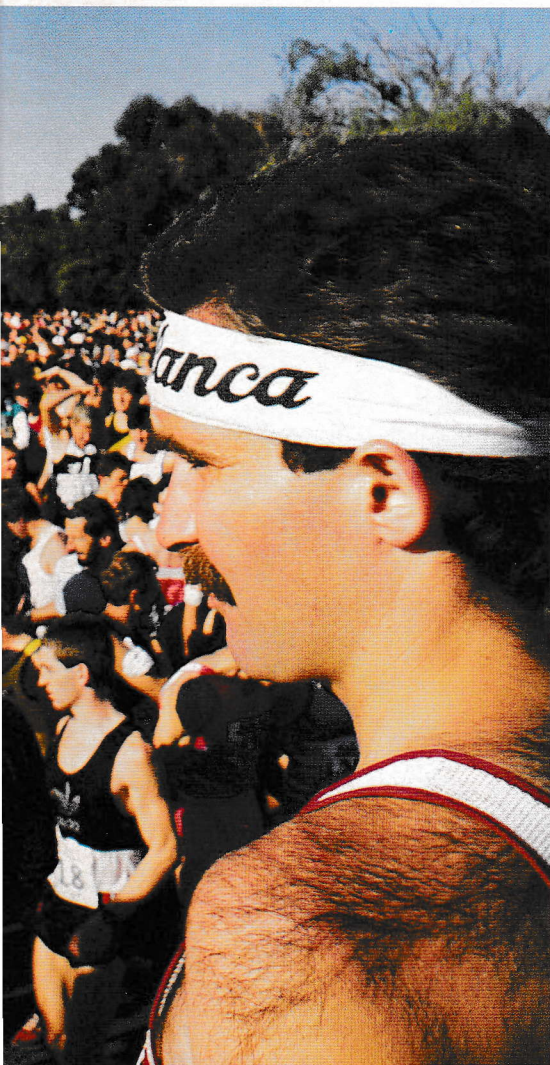






**Vandervennet (5), Tabb, Clyne,  
and Austin at 14K.**

**Peter Cowley, State Manager, Computer  
Technology, presents John Guerin (Vic.) with one of the participation awards.**





**Melbourne Lord Mayor, Cr. Tom Lynch, presents the Lord Mayor's trophy to Margaret Reddan (Qld.).**



**Melbourne City Council female paralegic winner Jan Randles.**



**The Leaders**

**Ian MacDonald, Marketing Manager Ansett, presents Petrina Trowbridge with the Ansett trophy (1st woman 35-39 years).**



# 3MP CARBO PARTY

## TED PAULIN

The Friday evening prior to the Big M Melbourne Marathon has become a traditional night to load up on carbohydrates and pasta, 1985 was no exception with this year's annual carbo-load conducted at the Sheraton Hotel, Spring Street, Melbourne.

The function provides not only the opportunity to build up the carbohydrates, but after many months of training the adrenalin starts pumping as the race draws near.

Invited guest runners speak about their own career highlights, training tips and race day advice. Guests included Ron Tabb, U.S.A., Fraser Clyne, Scotland, Fred Vandervennet, Belgium, Gary Fanelli, U.S.A., Madge Sharples, Scotland, Gary Hand, Canberra and Margaret Reddan, Queensland.

The evening was sponsored by 3MP and Nanda who provided all the great pasta dishes. Gary Collins, Programme Director 3MP, welcomed invited runners and guests and outlined the comprehensive radio coverage 3MP would provide on race day.

Ron Tabb from Eugene, Oregon, U.S.A., certainly had the best credentials, with 10 major marathon victories and a best time of 2:09:31, 2nd place in Boston 1983. Fred Vandervennet, Belgium was 5th in Rotterdam this year and has a best time of 2:12:09, Fraser Clyne, fourth fastest all time Scottish marathon runner, winner of Oakland Marathon, U.S.A., 1983-84, best time 2:11:09.

Runners listened, eager to gain knowledge which may assist them to run just that little faster. It was interesting to note that Ron Tabb had often run two marathons close together. After his Boston run in April, 1983 he came to Australia in May and won the Wang Australian Marathon in 2:10:53. Other

guests Gary Fanelli, Madge Sharples and Margaret Reddan all added to a great night's entertainment. Films were shown on Honolulu, Glasgow and London.

The Nanda pasta was excellent, with spaghetti and assorted pasta, beautifully prepared by Nick Rice, Manager Sheraton Hotel and his staff; runners were backing up for 'seconds', a real carbo-loading night!

A great percentage of the guests were from interstate — Adelaide, Sydney, A.C.T. and Brisbane with international visitors from New Zealand, West Germany, Sweden, U.K. and U.S.A.

Gary Fanelli had everyone smiling when he produced a small pair of scissors to cut his spaghetti. (Note the picture.) Madge Sharples, the 'Bonnie Lassie' from Scotland, started running at 65 years of age and since then has run in 27 marathons around the world. Her message to all ladies — 'get out and get fit'.

Guests were invited to mingle with the invited runners making the night very informal — I had a great night and thoroughly enjoyed myself. If you missed out this year mark your calendar for 1986. The Carbo Party has become a most important part of marathon week.



From left: Ron Tabb, Madge Sharples, Gary Fanelli. Courtesy of Classic Photos

From left: Fraser Clyne, Fred Vandervennet, Margaret Reddan, Ron Tabb, Madge Sharples, Gary Fanelli. Courtesy of Classic Photos





## CITY OF MELBOURNE

This year nearly 5,000 people responded to the challenge of Melbourne's Big M Marathon.

In just eight years the race has gained international recognition and has become an annual highlight in our sporting and social calendar.

This year the City of Melbourne is once again delighted to present medallions to all those who endured the length of the Frankston to Melbourne course, in recognition of their achievement.

In the light of Victoria's 150th birthday celebrations, the City of Melbourne gave further support to the Big M Melbourne Marathon by providing apres race, a Family Fiesta for the runners and spectators.

Located in the relaxing environment of the City's beautiful Alexandra Gardens, the Fiesta provided an afternoon of free entertainment including live music, fun acts for the children, aerobics, presentations and interviews with some of Big M's top runners.

We hope to make the Fiesta an annual event to complement Victoria's greatest marathon and add to the vitality the race brings to our City.



A handwritten signature in black ink, appearing to read 'T. S. Lynch'.

T. S. LYNCH  
Lord Mayor



**Deeks Senior, Rolet De Castella – 3567.**

**Jean Albury, Women's Marathon 55-59 age group world record holder.**

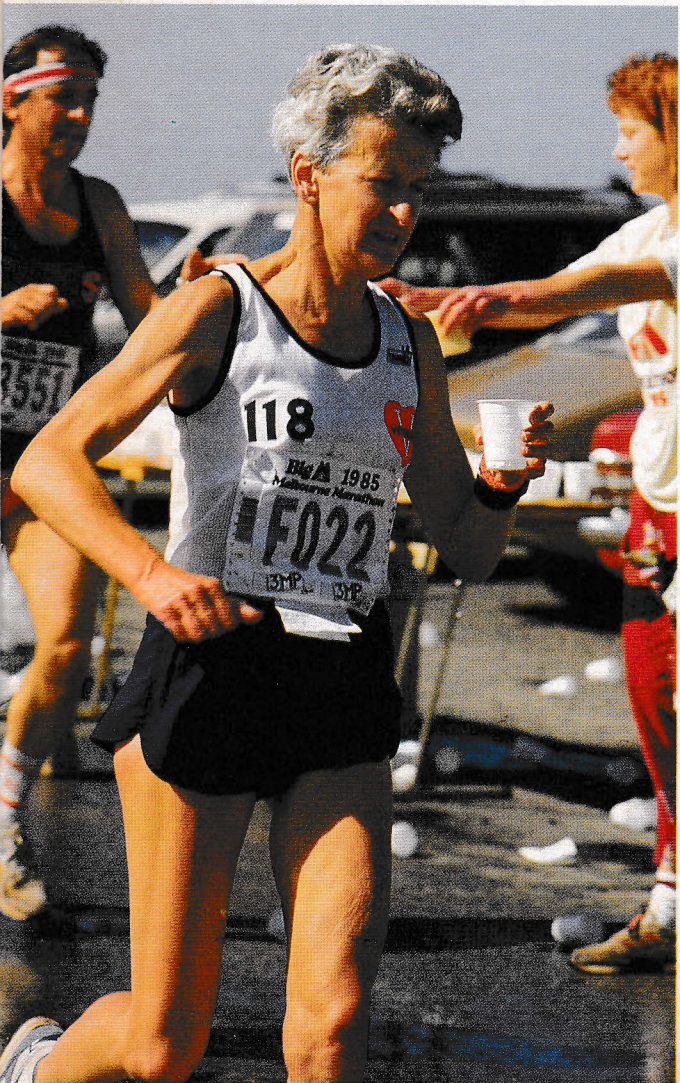


**Behind the leaders.**



**Helping hands at the finish.**

**The courageous.**





# Big M

## 1985 BIG M MELBOURNE MARATHON RESULTS

**WINNER:** Gold Big M Melbourne Marathon Medallion. Minister for Sport and Recreation Perpetual Trophy:  
F. Vandervennet, Belgium.

**FIRST FEMALE:** Gold Big M Melbourne Marathon Medallion. Lord Mayor of Melbourne Perpetual Trophy:  
M. Reddan, Australia.

**FIRST AUSTRALIAN MALE:** Trip to compete in the 1986 London Marathon:  
A. Thurlow, St. James, W.A.

**FIRST AUSTRALIAN FEMALE:** Trip to compete in the 1986 Osaka Marathon:  
M. Reddan, Benowa, Queensland.

### First 10 Males

1. F. Vandervennet, Belgium	2:12:35
2. F. Clyne, Scotland	2:14:20
3. A. R. Thurlow, Saint James, W.A.	2:16:07
4. R. Tabb, U.S.A.	2:17:45
5. L. G. Adams, Nerang, Queensland	2:17:48
6. B. W. McKerrow, Windsor, Victoria	2:20:12
7. J. J. Guerin, Wangaratta, Victoria	2:20:25
8. M. P. Hearn, East Malvern, Victoria	2:21:03
9. G. W. Hand, Duffy, A.C.T.	2:21:38
10. T. Scott, Beaumaris, Victoria	2:22:10

### First 10 Females

1. M. A. Reddan, Benowa, Queensland	2:44:56
2. T. Brockwell, Mailors Flat, Victoria	2:46:36
3. P. A. Trowbridge, Canterbury, Victoria	2:46:37
4. T. M. Ruckle, Mosman, N.S.W.	2:48:36
5. D. M. Browne, Mitcham, Victoria	2:50:06
6. C. M. Ey, Scullin, A.C.T.	2:57:12
7. K. Banks, Holden, A.C.T.	2:58:09
8. C. L. Setterfield, Wheelers Hill, Victoria	2:58:44
9. J. A. McGillivray, Warrnambool, Victoria	3:04:17
10. M. Edwards, Frankston, Victoria	3:05:05

**First Male (Under 20) — Victorian Dairy Industry Authority Trophy**  
C. R. Ware, Hadfield, Victoria (17) 2:48:07

**First Female (Under 20) — Victorian Dairy Industry Authority Trophy**  
R. L. Sutton, Mount Waverley, Victoria (19) 3:41:08

**First Male 35-39 — Ansett Trophy plus Interstate Travel Award**  
P. Garvin, Woden, A.C.T. 2:24:26

**First Female 35-39 — Ansett Trophy plus Interstate Travel Award**  
P. A. Trowbridge, Canterbury, Victoria 2:46:37

**First Male Over 40 — City of Frankston Trophy**  
G. W. Hand, Duffy, A.C.T. 2:21:38

**First Female Over 40 — City of Frankston Trophy**  
D. M. Browne, Mitcham, Victoria 2:50:06

**First Male 40-44**  
G. W. Hand, Duffy, A.C.T. 2:21:38

**First Female 40-44**  
D. M. Browne, Mitcham, Victoria 2:50:06

**First Male 45-49**  
J. L. Sumner, Melbourne, Victoria 2:36:42

**First Female 45-49**  
M. C. Ellis-Smith, Blackburn, Victoria 3:09:08

**First Male 50-54**  
A. Berry, Kings Park, S.A. 2:42:56

**First Female 50-54**  
H. J. Walker, Wollstonecraft, N.S.W. 3:38:08

**First Male 55-59**  
V. F. O'Brien, Vermont South, Victoria 2:57:28

**First Female 55-59**  
J. Albury, Beaumaris, Victoria 3:16:29

**First Male 60 Years and Over**  
R. S. Harris, Townsville, Queensland 3:13:16

**First Female 60 Years and Over**  
M. Sharples, United Kingdom 5:03:21

**Oldest Male — Jack Woodruff Memorial Perpetual Trophy**  
E. F. Walker, Seaford, Victoria (72) 5:19:50

**Oldest Female — Jack Woodruff Memorial Perpetual Trophy**  
M. Sharples, United Kingdom (69) 5:03:21

**First Male Paraplegic — Melbourne City Council Trophy**  
J. J. Wiseman, Dee Why, N.S.W. 2:01:38

**First Female Paraplegic — Melbourne City Council Trophy**  
J. M. Randles, South Melbourne, Victoria 2:18:38

**First Male Novice Marathoner — Statewide Building Society Trophy**  
T. Scott, Beaumaris, Victoria 2:22:10

**First Female Novice Marathoner — Statewide Building Society Trophy**  
H. J. Batza, Churchill, Victoria 3:22:36

**First Male Interstate Finisher — Victorian Tourism Commission Trophy**  
G. Hand, Duffy, A.C.T. 2:21:38:

**First Female Interstate Finisher — Victorian Tourism Commission Trophy**  
M. Reddan, Benowa, Queensland 2:44:56:

**First Male to the 15K Mark — Melbourne Airport Travelodge Award**  
F. Vandervennet, Belgium

**First Female to the 15K Mark — Melbourne Airport Travelodge Award**  
T. Ruckle, Mosman, N.S.W.

**Special Award — 15th Person past the 15K Mark — Melbourne Airport Travelodge Award**  
B. Kelly, Ouyen, Victoria

**Courage Awards — Victorian Dairy Industry Authority Trophies**  
R. Bewley, Glen Iris, Victoria  
J. A. McNeill, Box Hill, Victoria

### COMPUTER TECHNOLOGY TEAM CATEGORIES

(a) <b>ATHLETIC CLUB</b>		
<b>MALVERN HARRIERS</b>		7:22:42
B. W. McKerrow	2:20:12	
M. P. Hearn	2:21:03	
G. R. Moss	2:41:27	

### 1985 BIG M MELBOURNE MARATHON STATISTICS

<b>ENTRANTS</b>	4,987
<b>FEMALES</b>	330
<b>INTERSTATE</b>	591
<b>OVERSEAS</b>	51
<b>FIRST MARATHONERS</b>	1,473
<b>WHEELCHAIRS</b>	9
<b>FINISHERS</b>	3,790
<b>FEMALES</b>	241

(b) <b>SPORTING CLUB</b>			
CROSSLANDS RUNNERS		8:46:32	
R. W. Kimberley	2:48:38		
A. J. Hatch	2:48:57		
E. J. Phillips	3:08:57		
(c) <b>COMMUNITY SERVICE CLUB</b>			
GALAXIS CLUB MUNICH		10:34:03	
R. W. Wache	2:28:37		
S. R. Reuter	2:40:26		
D. L. Langer	5:25:00		
(d) <b>BUSINESS HOUSES/WORK</b>			
NATIONAL MUTUAL		8:11:21	
D. J. Clancy	2:41:34		
T. Moore	2:42:26		
B. R. Abrahams	2:47:21		
(e) <b>GOVERNMENT &amp; SEMI GOVERNMENT</b>			
TELECOM ROCKETS		8:20:12	
K. A. McLeod	2:41:35		
T. J. Nolan	2:47:09		
J. A. Fawcett	2:51:28		
(f) <b>OPEN WOMEN'S TEAM</b>			
PHARLAPPERS		8:54:05	
C. M. Ey	2:57:12		
K. Banks	2:58:09		
C. L. Setterfield	2:58:44		
(g) <b>WHEELCHAIR TEAM</b>			
THE SOUTHERNERS		4:20:19	
I. F. Gainey	2:01:41		
J. M. Randles	2:18:38		
(h) <b>VETERAN MEN'S TEAM (40+)</b>			
SOUTH MELBOURNE VETS		8:16:33	
G. C. Carmona	2:36:21		
C. J. Davies	2:43:05		
K. E. McIntosh	2:57:07		
(i) <b>VETERAN WOMEN'S TEAM (40+)</b>			
VETERAN WOMEN 85		9:15:43	
D. M. Browne	2:50:06		
M. C. Ellis-Smith	3:09:08		
J. Albury	3:16:29		

#### 3MP FAMILY CATEGORIES

(j) <b>HUSBAND AND WIFE</b>			
BRIMACOMBE		6:14:16	
L. P. Brimacombe	2:37:44		
J. E. Brimacombe	3:36:32		
(m) <b>FATHER AND DAUGHTER</b>			
BELLIES ONE		7:06:28	
R. A. Bell	3:33:14		
J. L. Bell	3:33:14		
(n) <b>FATHER AND SON</b>			
O'BRIEN		5:56:57	
V. F. O'Brien	2:57:28		
R. F. O'Brien	2:59:29		
(o) <b>BROTHER AND SISTER</b>			
PARKER		6:33:26	
D. A. Parker	3:15:25		
S. E. Parker	3:18:01		

#### \$6,400 COMPUTER TECHNOLOGY PARTICIPATION AWARDS

<b>1st Australian Male</b>			
A. Thurlow, St. James, W.A.		2:16:07	
<b>2nd Australian Male</b>			
L. G. Adams, Nerang, Queensland		2:17:48	
<b>3rd Australian Male</b>			
B. W. McKerrow, Windsor, Victoria		2:20:12	
<b>4th Australian Male</b>			
J. J. Guerin, Wangaratta, Victoria		2:20:25	
<b>5th Australian Male</b>			
M. P. Hearne, East Malvern, Victoria		2:21:03	

<b>6th Australian Male</b>			
G. W. Hand, Duffy, A.C.T.		2:21:38	
<b>1st Australian Female</b>			
M. Reddan, Benowa, Queensland		2:44:56	
<b>2nd Australian Female</b>			
T. Brockwell, Mailors Flat, Victoria		2:46:36	
<b>3rd Australian Female</b>			
P. A. Trowbridge, Canterbury, Victoria		2:46:37	
<b>4th Australian Female</b>			
T. M. Ruckle, Mosman, N.S.W.		2:48:36	
<b>5th Australian Female</b>			
D. M. Browne, Mitcham, Victoria		2:50:06	
<b>6th Australian Female</b>			
C. M. Ey, Scullin, A.C.T.		2:57:12	
<b>1st Australian Male Over 40</b>			
G. W. Hand, Duffy, A.C.T.		2:21:38	
<b>1st Australian Female Over 40</b>			
D. M. Browne (44)		2:50:06	

#### 1986 Melbourne Marathon

Sunday, October 12, 1986

### 1985 Big M Melbourne Marathon Feature Prize Winners

#### EARLY ENTRY PRIZES:

##### \*ANSETT MAJOR EARLY ENTRY PRIZE

Return tickets to Sydney for two to compete in the City to Surf, August, 1985

L. M. Loveday, Northcote, Victoria

##### \*ADIDAS WEEKLY PRIZE

"The Web" for men or "Starlight" for women running shoes

J. R. Brennan, Traralgon, Victoria  
 F. E. Mulholland, Footscray West, Victoria  
 P. K. Moore, Clifton Hill, Victoria  
 J. Schmolmueller, East Malvern, Victoria  
 G. J. Drayton, Oakleigh, Victoria  
 M. J. Doyle, Armadale, Victoria  
 P. J. Craig, Brunswick, Victoria  
 M. Bridle, Moe, Victoria  
 N. Vamuoulidis, Fawkner, Victoria  
 G. N. Gibney, Kyneton, Victoria  
 G. R. Bryant, Point Cook, Victoria  
 A. D. Featherby, Kingston, Tasmania  
 W. G. Wert, Cheltenham, Victoria  
 A. J. Whittle, Bundoora, Victoria

#### SELECTED AT RANDOM FROM ALL FINISHERS WITHIN 6 HOUR TIME LIMIT:

\*Ansett return tickets to Sydney for two for the City to Surf, August, 1986 to:

J. D. Oxenham, Buronga, N.S.W.

\*Adidas Track Suit awarded to:

R. D. Cordy, West Footscray, Victoria  
 P. T. Gallasch, Loxton, S.A.  
 A. M. De Kort, Bayswater, Victoria  
 E. A. K. Irving, Toorak, Victoria  
 P. L. Malcolm, Catani, Victoria  
 D. C. Milne, Greensborough, Victoria  
 A. R. Moore, Mt. Waverley, Victoria  
 C. M. Jeffery, Mt. Waverley, Victoria  
 H. K. Muczynski, Mornington, Victoria  
 J. P. Breslin, South Melbourne, Victoria

\*Adidas Running Shoes ("The Web" for men or "Starlight" for women) awarded to:

J. R. Betts, Epping, Victoria  
 A. Wong, Canterbury, Victoria  
 A. Illes, Balaclava, Victoria  
 W. W. Stuart, Beaumaris, Victoria  
 I. F. Grant, Carlton North, Victoria  
 J. E. Hartnett, Bentleigh East, Victoria  
 L. M. Devonport, North Fitzroy, Victoria  
 C. F. R. Sharp, Beaumaris, Victoria  
 D. B. Morris, Werribee, Victoria  
 S. K. Turner, Mitcham, Victoria

Photographs by  
**Mike Rayner and Tony Feder**  
 of Impressions Photography Pty. Ltd.

*Fred Vandervennet, Belgium – 1st, 2 hrs:12 min:35 sec.*





# ON THE ROAD CLINICS 1985

JANET O'DELL

Since its inception the Melbourne Marathon has been conscious of the need for expert advice to intending runners on the proper preparation for such a gruelling event. In order to provide this service to participants, annual seminars have been held prior to the event, covering such subjects as training, motivation, injury prevention and diet.

In 1985 for the first time the Melbourne Marathon was delighted to receive a grant from the Department of Sport and Recreation to assist in the presentation of the seminar. The Department are ever conscious of the need to raise the level of community fitness throughout the state, and therefore for the first time a second seminar was proposed, to be held in Bendigo, in addition to that held in Melbourne. Anyone interested in running as a fitness activity was welcome to attend, not only those running marathons. The aim was to encourage Victorians to run for pleasure and for the many benefits to be gained from aerobic exercise.

With the assistance of Margaret Crawford and Karenne Tattersall from the Department, and Janet O'Dell and Dr. Peter Larkins from the Melbourne Marathon committee, two seminars were presented, the first at Melbourne University on Friday July 26, and the second at the Bendigo College of Advanced Education on Sunday July 28.

Speakers at the seminars were: Bram Alexander, ABC 'National' reporter, who spoke most entertainingly on his first

marathon (the Big M in 1984) and the lessons he learnt from it; Louise Burke, dietitian and nutritionist, who gave sane and sensible advice on diet for the runner; Louise speaks from personal experience, as she recently completed the gruelling 'Iron Man' triathlon in Hawaii; Dr. Warren Payne, of the Footscray Institute of Technology, who spoke on the physiological aspects of marathon running; Mark Hargreaves, of Melbourne University, who stressed the importance of fluid intake during the marathon; and Dr. Peter Larkins, whose professional advice on injury prevention and treatment is invaluable.

Films on the Melbourne Marathon and London Marathon were shown, together

with an informative video produced in New Zealand by Dick Quax, featuring such noted runners as John Walker and Lorraine Moller. This video was provided by courtesy of Australian Runner magazine.

The Department intend to produce, in co-operation with the Melbourne Marathon, a booklet of advice to runners and intending runners, and talks and information given at the seminars will be used in the preparation of this publication. In this way more will benefit from the expert resources of the Australian Sports Medicine Federation, the Department of Sport and Recreation and the Melbourne Marathon.




From left: Mark Hargreaves, Bram Alexander, Louise Burke, Dr. Peter Larkins, Dr. Warren Payne

Everyone's a winner at the national capital's world-class marathon!

# Personal Bests

## Canberra Marathon



Incorporating the Australian Veterans and the ACT Marathon Championships

Sunday 13 April  
1986

For entry and complete details, send stamped self-addressed business envelope to:  
Canberra Marathon  
PO Box 144, Kambah  
ACT 2902

Entry forms available in December from Canberra Tourist Bureau in Sydney, Melbourne and Canberra. Entries accepted 1 January - 28 February 1986

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**CAPITAL 7**  
**77**

# A YANK RUNS DOWNUNDER

GARY FANELLI

Weary from a 24 hour flight, I was greeted in Melbourne by friendly people and noticeably a very clean and very modern city. My first runs took me out to the sea for some clean air and around the famous Tan for great scenery.

Back home in Philadelphia it's going into Fall and here it's going into Spring. Ah, what a feeling as I run through the Botanical Gardens!

While here in Melbourne only a short time, I did manage many things. Saw an athletic meet, where 18 year old Dean Paulin ran 800 metres in 1:50; visited the Olympic Stadium which makes seven Olympic Stadiums I've seen so far. Did some great shopping on Bourke and Swanston Streets; bought some opals; went to some great restaurants and visited the lovely and quiet suburbs of Melbourne.

I felt very much at home in Melbourne. Except here I felt unthreatened — here I wasn't paranoid of getting mugged or anything, unlike the big cities in the violence-prone United States.

Off to Frankston for the race. Of course I wasn't exactly racing, but rather running the Big M as 'Elwood Blues' the 'Blues Brother'. A great racing course — flat and by the sea — off we go!!

During the first 5K I played my harmonica and threw candy to the children along the way. I even saw a guy dressed as a Blues Brother standing next to his Blues Mobile — something right out of the movie! He yelled "Go Elwood" as I went by — I felt great!

The many spectators along the way were so supportive, yelling encouragement, some I had never heard before. "Good on ya mate" and "Go Charlie Chaplin", perhaps some old movie buffs? The people at the aid stations were very courteous as well.

The splits along the way were helpful — I was speeding up and slowing down as I ran the Big M and having lots of fun. I would pick up on someone running a good pace and was running on a 2:33:00 pace at half-way. It gets difficult though, running along in a suit and hat.

It was great running along chatting with so many runners in the race. Runners passing me asked me to play a tune and I obliged. There was good traffic control along the route and a great view of the sea at different points.

As we came into Elwood, around 21 miles I was getting weary, but the crowd egged me on up St. Kilda Road. It seemed a long way to the finish. I could see the

Shrine of Remembrance way off and just used my mind and let it pull me towards my goal. As I passed the Shrine I saw '1 km to go', so I picked it up a bit and finished with a roaring kick, much to the delight of the crowds. The television asked me to play one last tune for them so I played 'The Melbourne Marathon Blues'.

Three hours of live coverage is unusual — that's just one of the things that make the Big M a world class marathon, not to mention the nicest 'marathon finisher' medals I've ever seen and I've run over 65 marathons!

The results were out before you could blink an eye, thanks to modern day computers. All in all, Melbourne was a good trip!!



Gary Fanelli entertaining Peter Landy, (HSV7) with the Melbourne Marathon 'Blues'.

(Courtesy of Classic Studios)

## BIG M MELBOURNE MARATHON RECORDS

### Course Records:

Male Bill Rodgers, MA. USA 1982, 2:11:08.  
Female Rhonda Mallinder, Vic. 1983, 2:37:56.

### Age Groups

#### 40-44

Male Gary Hand, A.C.T. 1985, 2:21:38.  
Female Dot Browne, Vic. 1982, 2:46:51.

#### 45-49

Male Bill Raimond, NSW 1982, 2:25:51.  
Female Margaret Smith, Vic. 1982, 3:00:03.

#### 50-54

Male Tony Berry, S.A., 1985, 2:42:56.  
Female Jean Albury, Vic. 1983, 3:15:20.

#### 55-59

Male George Perdon, Vic. 1982, 2:51:35.  
Female Jean Albury, Vic. 1984, 3:09:14.

#### 60 and over

Male Gordon McKeown, Vic. 1984, 2:56:09.  
Female Vi Palin, Vic. 1984, 4:21:33.

#### Under 20

Male Glen Devers, Vic. 1983, 2:26:36.  
Female Susan McNish, Vic. 1983, 3:03:34.

# BIG M MELBOURNE MARATHON

## FIRST 10 FINISHERS 1985

### 5 km TIME SPLITS

POS.	CALLNAME	SURNAME	No.	5KM	10KM	15KM	20KM	25KM	30KM	35KM	40KM	FINISH
1	Fred	Vandervennet	5	15:22	30:47	46:06	60:52	77:28	93:05	108:29	2:05:15	2:12:35
2	Fraser	Clyne	4	15:22	30:47	46:26	61:51	77:56	94:18	110:33	2:07:08	2:14:20
3	Alan	Thurlow	12	15:22	30:47	46:28	62:12	78:59	95:36	111:59	2:09:00	2:16:07
4	Ron	Tabb	3	15:22	30:47	46:25	61:52	78:06	93:41	110:33	2:09:26	2:17:45
5	Laurie	Adams	13	—	32:23	48:10	64:23	80:42	97:18	113:43	2:10:49	2:17:48
6	Barry	McKerrow	17	—	33:09	49:44	66:28	83:02	99:45	116:22	2:13:00	2:20:12
7	John	Guerin	16	15:30	33:09	48:20	65:40	82:03	99:17	116:11	2:13:01	2:20:25
8	Maurie	Hearn	18	—	33:09	48:36	65:12	82:35	99:08	115:54	2:13:17	2:21:03
9	Gary	Hand	11	15:22	30:47	46:28	62:45	81:03	98:26	115:54	2:14:00	2:21:38
10	Trevor	Scott	4784	—	32:44	48:20	64:36	80:53	97:27	114:31	2:13:12	2:22:10

### BREAKDOWN OF FINISHERS AT 30 MINUTE INTERVALS

UNDER

2 hrs. 30 mins	2.30 - 3 hrs.	3 hrs. - 3.30	3.30 - 4 hrs.	4 hrs. - 4.30	4.30 - 5 hrs.	5 hrs. - 5.30	5.30 - 6 hrs.
30 (.079%)	447 (11.7%)	1131 (29.8%)	945 (24.9%)	574 (15.1%)	473 (12.4%)	151 (3.87%)	33 (.087%)
TOTAL FINISHERS: 3789							

### 1985 BREAKDOWN OF ENTRANTS IN AGE GROUP ORDER

Wheelchairs	Under 20	20-29	30-39	40-49	50-59	60-69	Over 70
9	210	1214	2137	1044	248	47	5
.01%	4.2%	24.3%	42.9%	20.9%	4.9%	.09%	.01%



PLACE	TIME	NAME	START NO	AGE
1099	3:18:53	ANDERSON GR	2096	33
1100	3:18:54	SMITH PG	3474	36
1101	3:18:55	PARKER SD	1957	22
1102	3:18:57	CAMERON GN	3007	36
1103	3:18:57	VANDERNAGEL H	F0032	28
1104	3:18:59	COLGRAVE W T	3747	35
1105	3:19:00	GRANT PD	4832	32
1106	3:19:03	GERMANTIS V	3598	26
1107	3:19:03	BLOOD TG	4750	45
1108	3:19:04	WITKAMP CN	2822	50
1109	3:19:05	HURSLEY GS	4559	22
1110	3:19:06	SHARP JR	3425	25
1111	3:19:08	SCOTT JD	1860	38
1112	3:19:09	CHRISTIANSEN J	1944	36
1113	3:19:10	VELTMAN S	2767	36
1114	3:19:12	REID G	3099	43
1115	3:19:13	WYATT BL	3174	45
1116	3:19:13	FARRELL CM	3348	23
1117	3:19:14	MCKINNON IGM	2755	32
1118	3:19:16	CAPARI Z	1006	26
1119	3:19:17	QUICK KP	2568	38
1120	3:19:17	PALMER M	3338	39
1121	3:19:20	BIGGART RG	1238	37
1122	3:19:20	MALONE JW	3380	29
1123	3:19:21	MARTIN RCM	1287	33
1124	3:19:23	MACCARDONE J	0632	37
1125	3:19:24	JOHNSON AJ	4028	18
1126	3:19:25	DUMASIOUS PS	3646	25
1127	3:19:26	UBL V	5142	32
1128	3:19:26	YOUNG SG	F0028	55
1129	3:19:27	BENNETTS JM	4294	48
1130	3:19:28	HEWAT AT	4445	22
1131	3:19:31	SMITH IP	2260	32
1132	3:19:31	STRZADALA H	4247	33
1133	3:19:35	KENT GW	4033	27
1134	3:19:36	HANN F	1788	27
1135	3:19:36	GANT CG	2263	42
1136	3:19:38	ABEL MC	5131	35
1137	3:19:40	MOIR G	0500	48
1138	3:19:40	STORMON JA	2012	32
1139	3:19:41	SUPPLE J F	3750	32
1140	3:19:42	JUNGLING K	1562	34
1141	3:19:44	VAN GRUNSVEN NC	4216	41
1142	3:19:44	BATTERSBY CA	F0252	41
1143	3:19:46	PARKER R H	2553	34
1144	3:19:47	ESPARON MJ	3269	33
1145	3:19:47	RICE DW	5132	34
1146	3:19:48	GREENHALGH D	0347	49
1147	3:19:48	WILSON CJ	4744	34
1148	3:19:50	CAMPBELL I L	1670	25
1149	3:19:52	PEMBERTON CK	3403	31
1150	3:19:52	VAN KALLEVEEN T	4610	51
1151	3:19:57	CORBETT-CONNEL DJ	2182	24
1152	3:19:57	GOURLAY J	3856	36
1153	3:19:59	ALTHEIDE HE	1268	46
1154	3:19:59	NORRIS GB	2628	37
1155	3:20:00	HARGUCSY I	1833	44

PLACE	TIME	NAME	START NO	AGE	PLACE	TIME	NAME	START NO	AGE
1156	3:20:00	HANGAN CN	3130	34	1222	3:21:51	HABERMAN EW	4205	36
1157	3:20:03	AMON RE	3385	22	1223	3:21:53	COLLINS KJ	4317	26
1158	3:20:03	ROBINSON CC	4504	27	1224	3:21:55	CHANDLER KE	3943	27
1159	3:20:09	JONES ID	1479	39	1225	3:21:56	RUYS JG	2207	32
1160	3:20:10	FERGUSON JR	3783	34	1226	3:21:56	BEVAN M	2905	35
1161	3:20:10	EAMES T G	4093	33	1227	3:21:57	MORRIS JW	1160	44
1162	3:20:13	BONE PJ	4739	20	1228	3:21:57	GOODWIN AN	5027	27
1163	3:20:17	TAILFORD BA	5098	38	1229	3:22:02	PRESTEGAR ID	3539	37
1164	3:20:19	HARVEY CJ	4705	24	1230	3:22:06	HAYES RG	4082	41
1165	3:20:21	BYRON BJ	3574	54	1231	3:22:09	CARLSON GR	2663	40
1166	3:20:21	RUTHERFORD A	3679	33	1232	3:22:10	PATON AJ	4471	36
1167	3:20:22	TATTERSON IJ	3008	36	1233	3:22:13	O'DONNELL NC	4589	39
1168	3:20:23	MOLLOY BM	3297	23	1234	3:22:14	GATT CG	F0039	35
1169	3:20:24	HOGAN BJ	3295	44	1235	3:22:16	BLAKE GJ	3100	35
1170	3:20:28	DANIEL J	2130	36	1236	3:22:16	LACY TK	3664	38
1171	3:20:28	VAN DRUNICK JLA	5118	38	1237	3:22:17	MARSHALL RD	3243	24
1172	3:20:31	MITCHELL R	1047	27	1238	3:22:18	BARBER PS	1667	37
1173	3:20:32	FULLER JE	3578	41	1239	3:22:19	MACKENZIE PJ	1167	35
1174	3:20:33	JARDINE JC	3702	38	1240	3:22:20	BISHOP JR	1560	44
1175	3:20:41	VAN VELDHUISEN D	1511	31	1241	3:22:21	MC LOUGHLIN AJ	2536	25
1176	3:20:41	EDWARDS GR	3360	38	1242	3:22:21	TRIPOLI T	3200	45
1177	3:20:43	BERRY G M	1520	47	1243	3:22:21	PITT WJ	3650	35
1178	3:20:43	GARRETT KB	1927	27	1244	3:22:23	JACKSON WJ	4207	43
1179	3:20:48	WYTON AJA	3548	29	1245	3:22:24	RYDAR B J	3577	43
1180	3:20:51	GOGOSCH JD	4803	28	1246	3:22:25	HUNT P F	3788	29
1181	3:20:53	GALLASCH PT	2811	41	1247	3:22:27	CHILMAN TJ	5106	35
1182	3:20:53	TURNER SJ	5224	26	1248	3:22:28	ALLEN MJ	2889	28
1183	3:20:54	DREW CD	1009	35	1249	3:22:28	BECKETT WG	3112	41
1184	3:20:56	HILTON RAA	2022	32	1250	3:22:28	HUCKSON JW	5084	24
1185	3:20:56	FRASER PE	F0048	26	1251	3:22:33	PIGGIN IG	1048	41
1186	3:20:57	JENKINS RB	1522	32	1252	3:22:34	GATEHOUSE TG	4919	34
1187	3:21:02	BEDFORD DJ	3638	25	1253	3:22:35	GRAHAM LB	2071	38
1188	3:21:03	HALLIDAY W	3643	24	1254	3:22:36	GREEN J W	3930	23
1189	3:21:03	BRIDLE LA	F0029	24	1255	3:22:36	BATZA HJ	F0297	32
1190	3:21:04	ANDREWS JR	1968	42	1256	3:22:37	STRADLING DJ	1808	28
1191	3:21:05	LEIGH RF	2116	30	1257	3:22:39	WALKER S	2696	42
1192	3:21:05	MAHER DK	2738	35	1258	3:22:40	WHITE AL	3838	41
1193	3:21:06	LE BUSQUE JR	3351	36	1259	3:22:43	MILLARD D J	1701	47
1194	3:21:07	FLYNN FM	4358	42	1260	3:22:43	FRICKE D J	3682	28
1195	3:21:08	HOLLAND IT	1150	38	1261	3:22:43	DYER GT	4379	51
1196	3:21:09	HARRISON GJ	3349	42	1262	3:22:44	BROUGHTON RL	0303	34
1197	3:21:10	HAMILTON-RITCH DA	2061	39	1263	3:22:45	SMITH RM	2757	41
1198	3:21:12	SUTCLIFFE SB	4159	25	1264	3:22:47	WRIGHT TK	2591	37
1199	3:21:13	GIBNEY PW	5016	20	1265	3:22:48	FIELD CW	0110	32
1200	3:21:14	KEOGH DE	4325	35	1266	3:22:49	BURKE PI	2601	29
1201	3:21:15	TYRRELL JJ	3772	34	1267	3:22:49	HELVER NJ	5156	38
1202	3:21:16	SALTER J	1201	45	1268	3:22:52	COWAN R F	2001	39
1203	3:21:17	TANN R	4387	00	1269	3:22:52	DEAN J D	4100	40
1204	3:21:21	LONHOOKEE LE	3622	29	1270	3:22:54	THOMPSON N	3372	24
1205	3:21:23	SMITH RN	2237	48	1271	3:23:00	PEAK SJG	2537	30
1206	3:21:27	CHESELLS J	F0027	35	1272	3:23:00	CLARKE KFJ	4621	38
1207	3:21:28	RYAN AE	2021	56	1273	3:23:01	RATCLIFF MF	1372	38
1208	3:21:31	REICHER B	1794	23	1274	3:23:01	GRIFFITHS KC	1582	45
1209	3:21:32	STRICKLAND WJ	4577	41	1275	3:23:01	BARRY M	4617	53
1210	3:21:33	FORBES K	5162	46	1276	3:23:02	HARNETT JS	3739	47
1211	3:21:34	VIENET TJ	3262	29	1277	3:23:03	BLOOD D	4704	16
1212	3:21:35	WILSON K M	3880	38	1278	3:23:06	HAMMON DN	1021	29
1213	3:21:37	KELLY AJ	4458	32	1279	3:23:07	LEVENS RKL	3552	33
1214	3:21:38	HETHERINGTON I F	1892	41	1280	3:23:07	CARRROLL E	5003	41
1215	3:21:41	CAMPBELL PJ	4759	38	1281	3:23:08	KLUNDER MH	0575	37
1216	3:21:42	REMILTON KJ	4327	30	1282	3:23:08	FLEMING L	0637	33
1217	3:21:45	RODOW J	4261	38	1283	3:23:08	SYNNOT MA	2975	22
1218	3:21:46	OUELCH RT	1219	37	1284	3:23:10	TAYLOR BJ	2418	38
1219	3:21:47	LENNOX DJ	1363	27	1285	3:23:11	COOPER M	3412	37
1220	3:21:48	HOGGINS GC	4096	34	1286	3:23:12	MITCHELL JL	3382	37
1221	3:21:49	NICHOLLS R A	1732	32	1287	3:23:13	COOPER D	0307	33



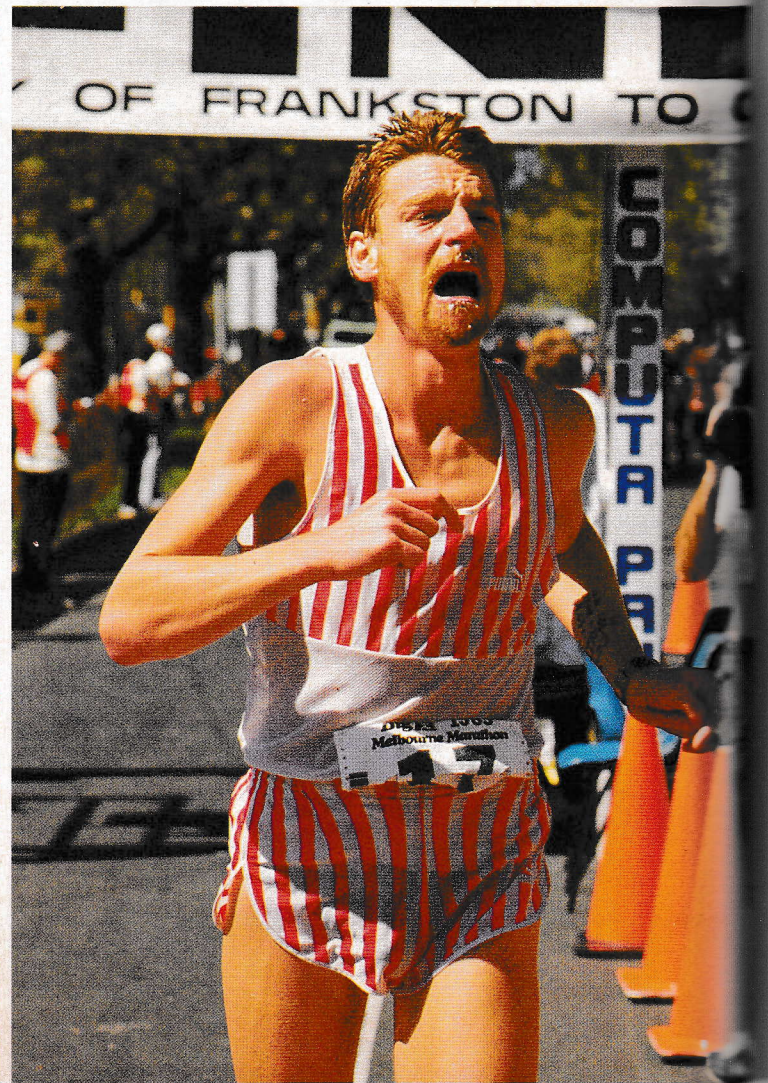
*We're proud of you dad!  
You beauty!*



*Let the Family Fiesta begin!  
What a feeling!*

# The Big M Melbourne FINISH

TY OF FRANKSTON TO C





**Mobile Spa Hire – What a relief.**  
**Easing the aches – Courtesy of College of Tactile Therapy.**



**Entertainment in the gardens.**





## CITY OF FRANKSTON



*Nepean Highway, South Frankston, looking towards the central business district.*

The 1985 Big M Melbourne Marathon was yet another very successful day and I was proud to present the two City of Frankston trophies to the "First Male and Female over 40" to complete the run.

The Melbourne Marathon is now firmly established as one of the unique events on the Australian sporting calendar and reflects great credit on the Organising Committee. Frankston City Council has been supportive of the Marathon since its inception in October 1978 and hopefully will continue its involvement in assisting with arrangements at the start.

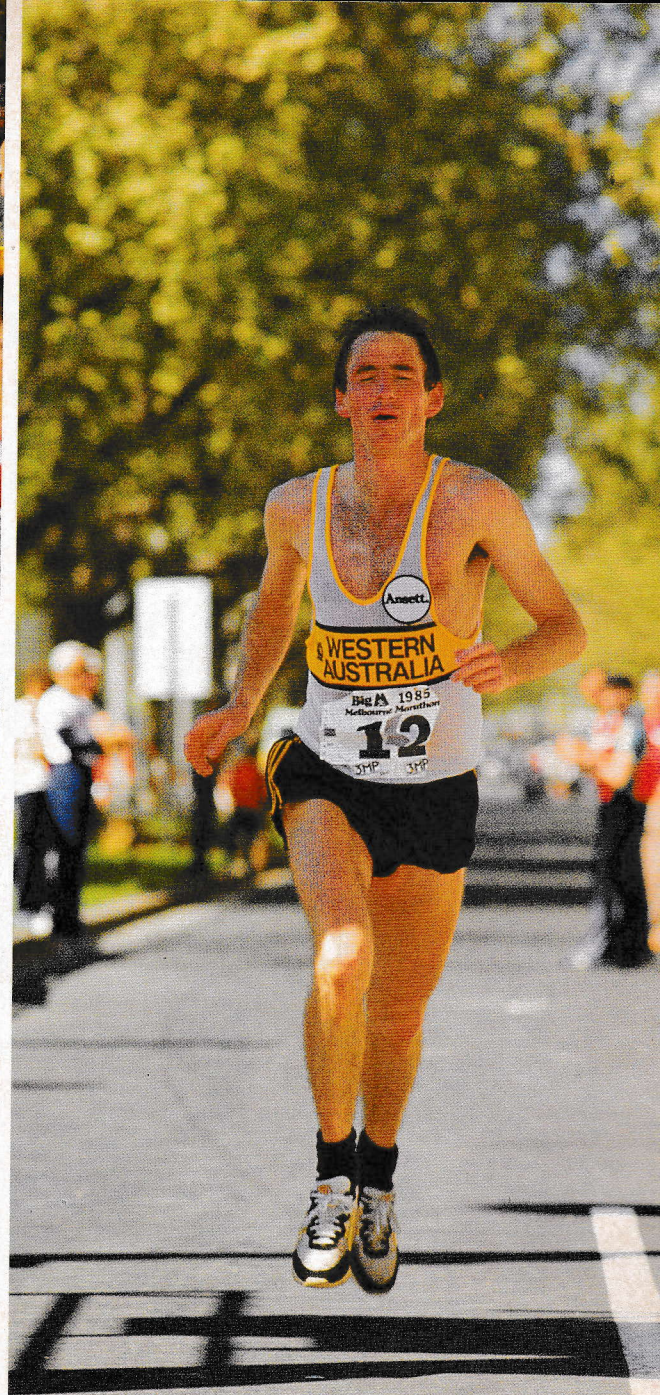
Frankston has always been a sports minded City, with many of its residents achieving success in their chosen sport. We have yet to produce a Big M Marathon winner but with the number of joggers seen regularly around the City and its environs, it may not be in the too distant future.

On behalf of the residents and ratepayers of the City of Frankston, congratulations to all who participated. There is obviously a demand for a marathon in Melbourne and I sincerely trust that this event continues to grow and prosper in the years ahead.

Albert Knowles, J.P.  
MAYOR



**At the 10K.**



**1st Australian Alan Thurlow, (W.A.)**



**The Lord Mayor of Melbourne, Cr. Tom Lynch presents the M.C.C. wheelchair awards to Jeff Wiseman and Jan Randles.**

**A great moment.**

**The Treasurer of Victoria, Rob Jolly, presents the Minister's trophy to the winner.**





# MELBOURNE MARATHON INCORPORATED 1985 COMMITTEE

CHAIRMAN:	Hon. Brian Dixon, Independent
Vice-Chairman:	Mr. Robin Gay, Independent
Finance Director/Secretary:	Mr. Doug Bourne, Independent
Technical Director:	Mr. Fred Lester, Independent
Medical Director:	Dr. Peter Larkins, (Australian Sports Medicine Federation)
City of Frankston:	Cr. Noel Ferguson
City of Melbourne:	Mr. Bryce Poulier
Melbourne Tourism Authority:	Miss Leonie Collins
Victorian Athletic Association:	Mr. Doug Ferrier
Victorian Cross Country League:	Mr. John May
Victorian Tourism Commission:	Mr. Tony Poletto
Victoria Police:	Inspector Rod Walker
V.M.C. Road Runners:	Mrs. Janet O'Dell
Independent Members:	Mr. Max Batchelor Mr. Don Blyth Mr. Bill Granger Ms Sue Pollard Mr. Chris Wardlaw
Executive Director:	Mr. Ted Paulin
Committee Secretary:	Mrs. Win May



Left to right:  
Standing: Fred Lester, Don Blyth, Bill Granger, Sue Pollard, Ted Paulin, Janet O'Dell,  
Doug Bourne, John May.  
Seated: Robin Gay, Brian Dixon, Win May.  
Absent: Peter Larkins, Noel Ferguson, Bryce Poulier, Leonie Collins, Doug Ferrier,  
Tony Poletto, Rod Walker, Max Batchelor, Chris Wardlaw.



# A SCOTTISH LASSIE RUNS THE BIG M

By Madge Sharples

The Melbourne Marathon was a new and beautiful experience — 26.2 miles of flat, smooth, straight road, with never a boring moment. It's a PB course, and everyone taking part ought to have gained one. (I didn't but that's another story.)

The orderly start at Frankston with the Australian Bush on one side of the road, was exciting for the route gave promise of fresh delights, unfamiliar shrubs and trees in the many gardens we passed, and birds with strange assertive calls.

"Four seasons in a day", they say of Melbourne weather, but marathon day, 13th October, just had one, a picked best. Cloudless skies from dawn promised heat, but as the sun was at our backs from the 8 a.m. start, the sub three hour runners would have that pleasant condition almost all the way. Even my 5:02:00 finish didn't present any problems. Plenty of sun cream before the start, and a Big M hat with a scoop kindly provided by Ted Paulin kept me comfortable when the sun was ahead for the last two hours.

After about 15K we ran by the sea with glimpses of sandy beaches and colourful yachts lined up for races. The light sea breeze was cool and refreshing. When the

silhouettes of Melbourne's skyscrapers were close enough for identification, that was a thrill, like being able to read the time on Big Ben in the London Marathon. Soon we were running along the famed St. Kilda Road with welcome shade from the beautiful trees lining the grass verges. Then there was the last straight surge down a traffic free road to the Arts Centre, groups of finishers and supporters cheering from the grass on either side.

It was a very special picture story book finish with the golden tinted roof and the spire of the Arts Centre Complex rising in the sunshine above the gaily dressed crowds.

My thanks to Ted Paulin for inviting me to take part, and Dot and Colin Browne, Betinna and Bill Woodburn and Marge and Peter Colthup for their very kind hospitality.

I would like to see more women get into running, no matter how short the distance. Running is a magic key that opens doors leading to fitness and all the attributes of better health.

It has brought me to Melbourne. What couldn't it do for you!



Madge still smiling at the finish line.

(Courtesy of Classic Studios)

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# Big M Melbourne Marathon Hall of Fame Winners

## MALE

## FEMALE

**1978**

**Bill Scott**  
2:21:04



Australia



**Elizabeth Hassell**  
2:53:38



Australia



**1979**

**Andy Lloyd**  
2:26:44



Australia



**Jane Kuchins**  
3:12:35



Australia



**1980**

**Andy Lloyd**  
2:17:37



Australia



**Rosemary Longstaff**  
2:46:15



Australia



**1981**

**Andy Lloyd**  
2:19:03



Australia



**Jackie Turney**  
2:42:12



Australia



**1982**

**Bill Rodgers**  
2:11:08



U.S.A.



**Sue King**  
2:37:57



U.S.A.



**1983**

**Juma Ikangaa**  
2:13:50



Tanzania



**Rhonda Mallinder**  
2:37:56



Australia



**1984**

**Juma Ikangaa**  
2:15:31



Tanzania



**Margaret Reddan**  
2:43:40



Australia



**1985**

**Fred Vandervennet**  
2:12:35



Belgium



**Margaret Reddan**  
2:44:56



Australia







**Not so tired.** (Courtesy of Classic Studios)  
**John Famechon, former World Featherweight Boxing Champion finishing his first marathon.** (Courtesy of Classic Studios)



**Bernard O'Shea enjoying the Family Fiesta with his family.** (Courtesy of Classic Studios)



**At the finish line.** (Courtesy of Classic Studios)



**Graeme Coppel, Sales Manager, Philippine Airlines, presents Alan Thurlow with his air tickets to the London Marathon.**



# 1985 BIG M MELBOURNE MARATHON SPONSORS

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St. Kilda Road Travelodge  
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Victoria's 150th  
Canon Copiers

## SPECIAL THANKS TO

Dept. of Sport and Recreation	Oakleigh WAC
City of Melbourne	Oakleigh AC
City of Frankston	Moorabbin AC
City of Chelsea	Dandenong AC
City of Mordialloc	Glenhuntly AC
City of Sandringham	Kew-Camberwell D AC
City of Brighton	Mentone AC
City of St. Kilda	Vic Veterans AC
City of South Melbourne	Brunswick WAC
Australian Sports Medicine Federation	Victorian Athletic Association
St. John Ambulance Brigade	VMC Road Runners
Union Carbide Aust. (Glad Bags)	Royal District Nursing Service
Victorian Arts Centre	Parkdale Life Saving Club
Victoria Police	Black Rock Life Saving Club
Victorian Cross Country League	Victorian Jaycees
Frankston WAC	Melbourne School of Tactile Therapies (Aust.)
Old Scotch AC	Doug Bourne and Tony Cefai
Springvale/Noble Park AC	Public Accountants
Knox/Sherbrooke AC	Robert Jamieson (Hon. Auditor)
Waverley WAS	Tom Yuncken (Hon. Solicitor)
Nunawading AC	Mrs. Win Woodruff & Family
Bentleigh/McKinnon AC	Victorian Tourism Commission
Sandringham AC	Albert Park Committee of Management

*To all sponsors a sincere thank you for assisting us in presenting the 1985 Big M Melbourne Marathon — Australia's Premier Marathon*

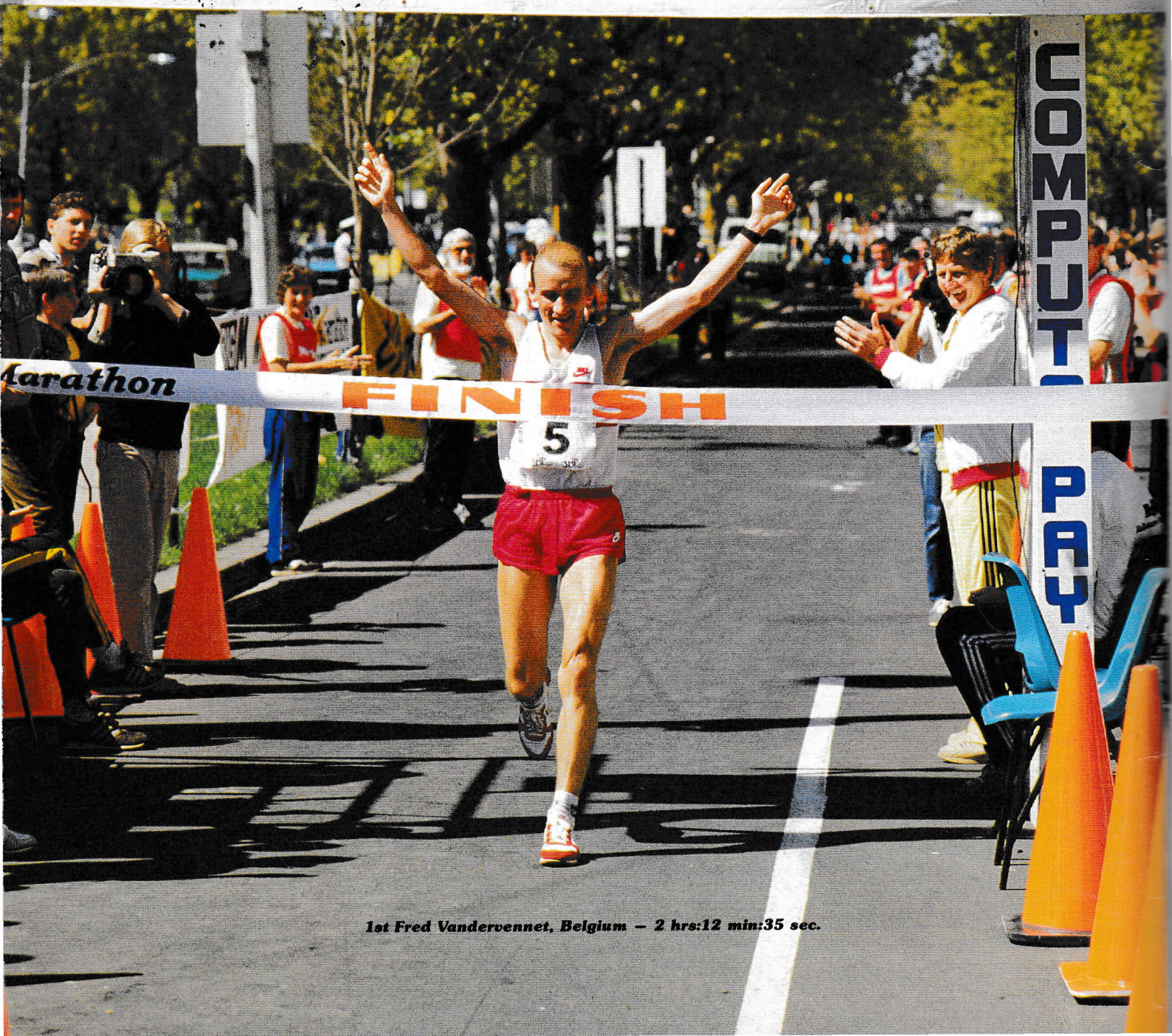
*To all the support groups a special thank you for your contribution which enabled us to present a memorable event.*

Margaret Reddan, (Qld.) 1st woman, 2 hrs:44 mins:56 sec.



2:12:35  
SEIKO

The Big M Melbourne  
**FINISH**  
CITY OF FRANKSTON TO



1st Fred Vandervennet, Belgium - 2 hrs:12 min:35 sec.