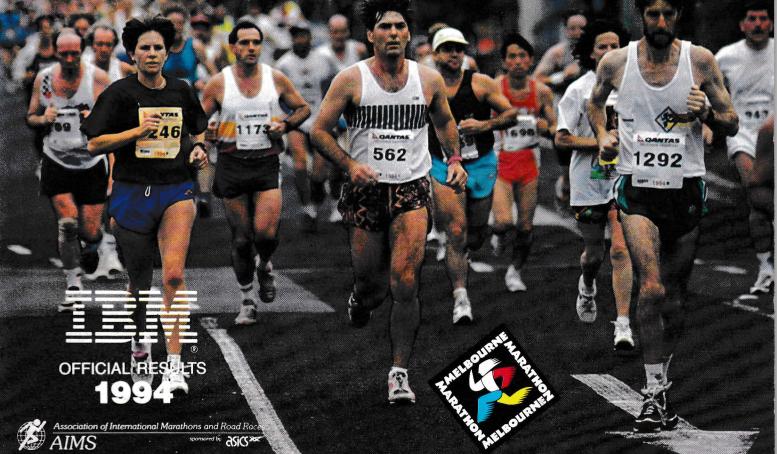
AEBOURNE MARATHON





Minister for Sport, Recreation & Racing



A MESSAGE FROM THE PATRON, The Honourable Tom Reynolds M.P. Minister for Sport, Recreation and Racing

The Qantas Melbourne Marathon continues to be a significant event in Victoria's sporting calendar.

The 1994 event attracted 2212 competitors including 160 interstate and 199 overseas entrants, the majority of whom were from Japan. The 1972 Olympic Gold Medallist Frank Shorter started the field of 1967 men and 245 females and then ran with them over the full marathon distance.

The Half Marathon proved once again to be a popular event with 1462 competitors, an increase of more than 200 on the 1993 event. The event attracted 72 interstate and 87 overseas competitors and a total of 1066 males and 396 female competitors.

The Eveready Torch Run on the Friday evening preceding the marathon provided a spectacular sight as competitors' torches lit up the 4.7 kilometres of the run along the Yarra Bank to Southgate.

Wheelchair competitors continued their involvement with the Marathon and Half Marathon which attracted a combined elite field of 10 athletes.

The Spartan Club, for people who have run 10 or more Marathons, gained another 94 members, including 80-year-old Alfred Ryan. The Club so far has attracted 617 members of which 44 members have completed all 17 Melbourne Marathons. Congratulations to all members on your great achievement.

The successful running of the 1994 Qantas Melbourne Marathon was a credit to the hardwork of the committee and the continuing support of the events sponsors. In addition I would like to thank the Victoria Police, the Australian Sports Medicine Federation, the local councils, the community groups, the athletic clubs, doctors and paramedics who gave their services to the Qantas Melbourne Marathon.

Tom Reynolds MP

Minister for Sport, Recreation and Racing



Dear Entrant,

Congratulations on being firstly an entrant and secondly, hopefully a finisher in this year's Qantas Melbourne Marathon and Half Marathon.

The day dawned as Frank Shorter put it, "a no excuses day" — a day that is the culmination of hundreds of hours of planning, of kilometres of training and of course, the highs and lows that each and every entrant's story can tell.

We welcome the new Spartans as well as the first-timers, the interstate and international visitors, who combined as a cross section of our community and share a common goal.

Thanks must go to the array of volunteers, marshals, medical staff and officials who give up their Sunday in sometimes trying conditions to enable the event to proceed.

Each and every entrant should be aware of all those sponsors of the event, without whom the Marathon would not exist.

We look forward to your participation again in 1995.

Warm regards,

JOHN MALLINDER General Manager

In the two Olympic Games and one Commonwealth Games in which I represented Australia as a 1500 metre runner, all Australian team members had the highest admiration for our marathon representatives. We all knew the enormous stress and strain they placed on their bodies as they ran to their capacity in the last event on an Olympic Games program. I have the same admiration for you, the participants in the 1994 marathon and half marathon. It was exciting for me to talk to many of you and hear your story as to why you participated and what it meant to you. To me you all are unsung heroes of Australian sport.

The Melbourne Marathon requires the support of many people: 150 police, 500 volunteers from sports medicine to marshalls. I thank them all for dedication to their task. To all our sponsors led by Qantas, without you there would not be a Melbourne Marathon: thank you. We are fortunate to have the total support of our Patron Tom Reynolds MP, the Melbourne City Council and the City of Port Phillip. Last but not least, we are fortunate to have a dedicated committee and a tireless staff headed by our General Manager John Mallinder.

We hope to see you all, and more, participate in the 1995 Melbourne Marathon.

Dr. MERV LINCOLN

Chairman Melbourne Marathon Inc.

A. & Lineals



THE QANTAS MELBOURNE MARATHON

By Chris McKenzie

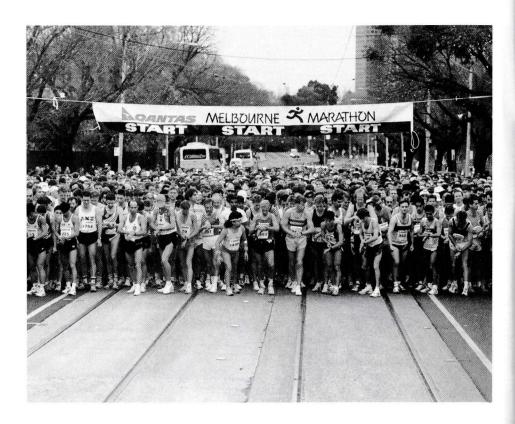
Although run in near perfect marathon conditions, cool but fine, the 1994 Qantas Melbourne Marathon produced only modest winning times. Neither the mens nor womens race was devoid of excitement, however, both producing intriguing races whose results hung in the balance for the majority of the 42 km event. At one stage it seemed both sections would be won by Australians, a feat not accomplished since 1981, but for the fourth year running foreign athletes prevailed.

The victor in the mens race, Japanese runner Manabu Kawagoe, is no stranger to racing in Australia having competed in the gruelling Otway Classic in 1992 and 1993. It was his return to Melbourne for this years Marathon, however, that provided Kawagoe with the most success he's had on our shores. His winning time of 2:19:02 put him just over four minutes clear of second place getter, a margin that somewhat flatters the ease of Kawagoes victory. The race was far from a procession and at one point during the event it was Kawagoe that was a substantial margin behind the leader.

The race itself started quickly and the leaders soon broke into separate packs. Going through the first 10km in 31:50 were prerace favorites, Kawagoe and Victorian Adam Hoyle. Hoyle, a former National cross-country champion, is a familiar name in Australian athletics having been in the top echelon of the countries distance ranks for a number of years now, and capable of producing patches of brilliance.

The two passed half way in 69:11, indicating a drop in pace from 10km and causing Hoyle to assume a more dominant role. Hoyle was looking a good thing as he broke away from Kawagoe and established a lead of more than a minute by 25km. In fairness to Kawagoe, he did have an unexpected toilet stop costing him some time loss, but Hoyle seemed to be increasing the lead he'd gained through the Japanese runners misfortune and setting himself for his first marathon victory. By 35km, however, Hoyle had begun to slow and Kawagoe sensed he was a chance.

With only 5km remaining in the race, Hoyle was a spent force and had to surrender his lead to a fast finishing Kawagoe. The Japanese athlete continued his strong run down St Kilda Road ending up a comfortable winner. Hoyle, who only 10km down the road looked a near certain winner, was now battling glycogen depletion and struggling to hold onto second place. Within sight of the finish line a second Japanese runner, Mamoru Fujita overtook Hoyle to finish in 2:23:14, leaving



Hoyle in third place in a time of 2:24:14.

In the womens race at 35km it also seemed we could have an Australian victor in the form of Anne Lord, another runner who has been amongst Australia's elite for some time now. Anne was in a duel with Hong Kong's Winnie Ng who had a 2:42 PB against her name. The 41 year old Ng achieved that mark in the 1984 Olympic Games, the first of her two appearances at the Games.

Unfortunately for Lord, she faded dramatically over the closing stages suffering badly from cramps allowing Ng to surge for the finish well clear of any opposition. Eventually Ng broke the tape in 2:47:37, nearly five minutes clear of second placed Colleen Stephens from Victoria, in 2:52:16. Third place went to fellow Hong Kong runner Man Yi Lo in the time of 2:54:25.

course The Melbourne Marathon is not just a race for the elite and like any other "peoples" event it attracts people from all sections of the community, competing for a variety of reasons. In fact over 3000 runners toed the line for this years 17th staging of the event. Amongst the large field was special guest and marathon legend from the USA, Frank Shorter. The 1972 Olympic Gold Medallist, who is now race director of the Boulder 10km race in Colorado which attracts 35,000 competitors each year, was invited out to promote the Marathon and to look at the course and how the event is staged with a view to offering advice on how it may be improved. In Australia for the first time, Frank also took the opportunity to take in some of Melbourne's views by running the event as a tough training run.

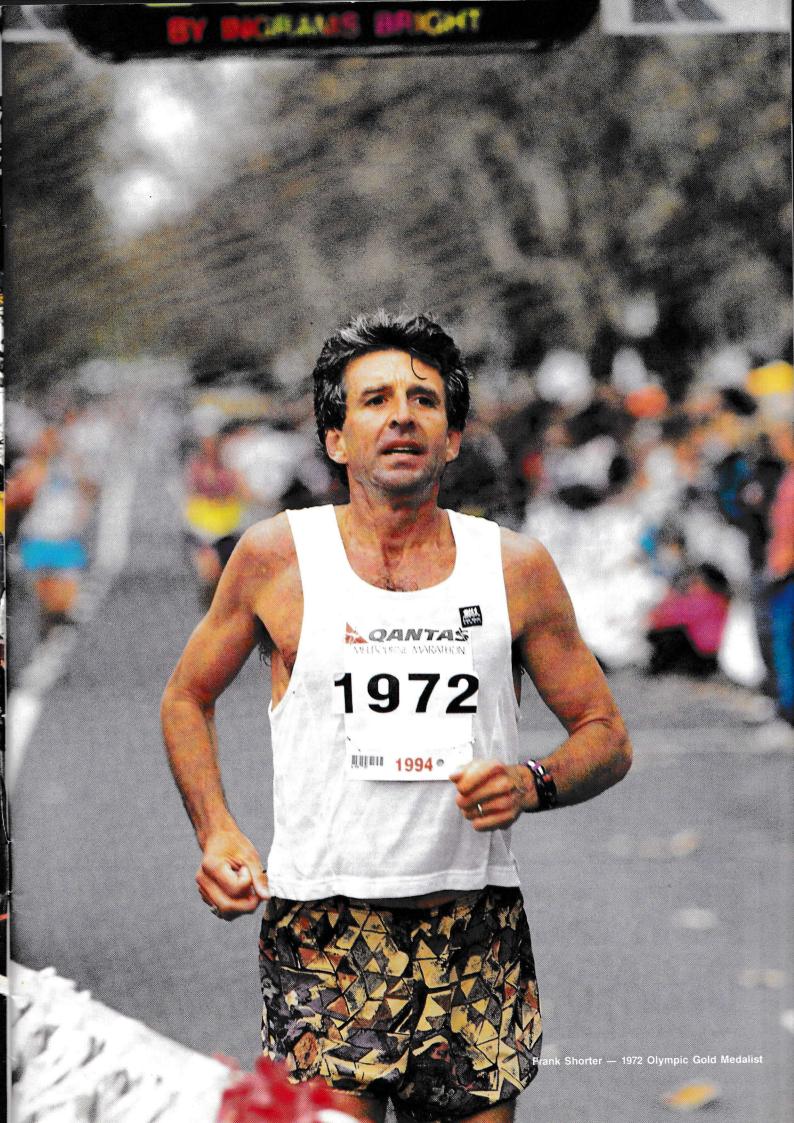
Another celebrity determined to make the 42km journey was David Brooks, better known as a member of the popular Music Men group. Brooks decision to run the event only four weeks prior was fuelled by a desire to use the event as a chance to raise money for bone marrow cancer research. Securing sponsors at \$25 per kilometre allowed Brooks to raise substantial support for the worthy cause. Brooks should be applauded not only for his generous and novel idea, but for his courageous effort to finish the event with such limited preparation. He finished the race in a respectable 3:51:36.

As a good indication that the course, adopted only two years ago, is capable of producing fast times, the first wheelchair athlete shattered the race record. Victorian Brendon Milgate finished with an excellent 1:46:47, reaping the benefits of attacking a fast time from the beginning and exploiting the favourable conditions and good course.

Congratulations must go to all finishers of the '94 event, all of whom had their own goals and aims by competing. Hopefully most of them could achieve these goals, but if they didn't.

They can take solace in the fact that there's always next year.





1994 WINNERS



Manabu Kawagoe 2:19:02 Japan

Colin Fallon, NSW, 1990, 2:41:20

Margaret Ellis-Smith, VIC, 1990, 3:12:14

50-54

Male

Female



Winnie Ng 2:47:37 Hong Kong

MELBOURNE MARATHON HALL OF FAME

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FEMALE

1978 1979 1980 1981 1982 1983	Bill Scott Andy Lloyd Andy Lloyd Andy Lloyd Bill Rodgers Juma Ikangaa	Australia Australia Australia Australia U.S.A. Tanzania	2:21:04 2:26:44 2:17:37 2:19:03 2:11:08 2:13:50	1978 1979 1980 1981 1982 1983 1984	Elizabeth Hassell Jane Kuchins Rosemary Longstaff Jackie Turney Sue King Rhonda Mallinder Margaret Reddan	Australia Australia Australia Australia U.S.A. Australia Australia	2:53:38 3:12:35 2:46:15 2:42:12 2:37:57 2:37:56 2:43:40
1984 1985	Juma Ikangaa Fred Vandervennet	Tanzania Belgium	2:15:31 2:12:35	1985	Margaret Reddan	Australia	2:44:56
1986	Richard Umberg	Switzerland	2:17:21	1986	Tani Ruckle	Australia	2:36:06
1987	Ric Sayre	U.S.A.	2:14:16	1987	Jackie Turney	Australia	2:44:18
1988	Tommy Hughes	Ireland	2:18:44	1988	Coral Farr	Australia	2:47:38 2:49:18
1989	Takeshi So	Japan	2:18:13	1989	Colleen Stephens	Australia	2:39:10
1990	Russell Foley	Australia	2:20:35	1990	Alevtina Chasova	Russia	
1991	Victor Muzgovoi	Russia	2:17:02	1991	Irina Petrova	Russia	2:39:57
1992	Slawomir Gurny	Poland	2:16:04	1992	Alena Peterkova	Czechoslovakia	2:33:02
1993	Jerry Modiga	South Africa	2:15:07	1993	Dominique Rembert	France	2:44:22

QANTAS MELBOURNE MARATHON RECORDS

	Mal	e: Bill Rodgers, USA, 1982, 2:11:08	Female: Alena Pe	eterkova, TC	H, 1992, *2:33:02
Age Group	s	,			
Under 20	Male	Glen Devers, VIC, 1983, 2:26:36	55-59	Male	George Perdon, VIC, 1982, 2:51:35
	Female	Susan McNish, VIC, 1983, 3:03:34		Female	Jean Albury, VIC, 1984, 3:09:14
40-44	Male	Garry Hand, ACT, 1985, 2:21:38	60 &	Male	Gordon McKeown, VIC, 1984, 2:56:09
	Female	Dot Browne, VIC, 1982, 2:46:51	Over	Female	Shirley Young, VIC, 1992, *3:27:40
45-49	Male	Bill Raimond, NSW, 1982, 2:25:51			-
	Female	Masako Ide, Japan, 1991, 2:56:19			1994 WINNERS
					0.40.00 M/::- N 0.47.07

Manabu Kawagoe 2:19:02 Winnie Ng 2:47:37

*new course



Principal Sponsor

Qantas Airways Limited

Major Sponsors

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Sports Medicine Centres of Victoria
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Southgate Arts & Leisure Precinct
IBM
Canon Australia Pty Ltd

Bella Bustiere
Skybus
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Cubitt Trophies
Mrs. Win Woodruff & Family
Priority Concepts

Special Thanks to

Melbourne City Council
City of Port Melbourne
City of St Kilda
Australian Sports Medicine Federation
Victorian Arts Centre
Victoria Police
Victorian Cross Country League Inc
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Torch Club

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Doncaster A.C.
Glenhuntly A.C.
Ringwood A.C.
Diamond Valley Triathlon Club
Mentone Vets A.C.
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Melton Lions Club
Athletics Victoria Officials Club
Olympic Park Management
Public Transport Authority
Vic Roads

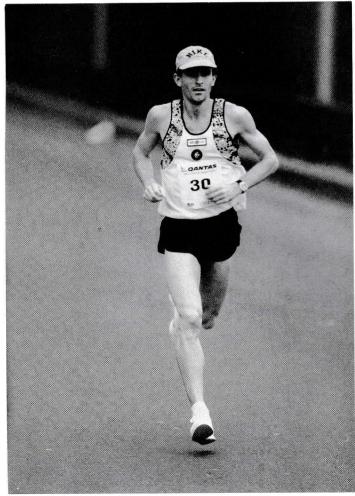
Bourne & Assoc Public Accountants C.P.A.
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Melway
Metropolitan Fire Brigade
Old Paradians A.C.
National Bus Company
Williamstown A.C.
Waverley Women's A.C.
Sandringham A.C.
Athletics Essendon
Diamond Valley A.C.
Melbourne Water

To all our sponsors a sincere thank you assisting us in presenting the 1994 Qantas Melbourne Marathon — Australia's premier marathon and Half Marathon.

To all our support groups a special thank you for your contribution which enabled us to present two memorable events.







12 - The Cantas Melbourne Marathon



On behalf of the Councillors and Citizens of the City of South Melbourne, I take this opportunity once again to congratulate the organisers of the Qantas Melbourne Marathon for conducting another very successful event.

My Council is proud to have been able to participate as a major sponsor for the third year in succession, and particularly to have been able to continue to supply the Finishers Medallions which provide a lasting memory to the competitors in either the full or half Marathon.

The Melbourne Marathon is an extremely important event for this City, especially with its international links to other such events around the world. The new course, now three years on, has been a great way to highlight some of the best aspects of Melbourne and help promote our capital city as a tourist destination of international standing.

I am aware of many people within the South Melbourne community who participated in this marathon and I am sure this enthusiasm will grow in the coming years. It is also important to note the widespread community support within the inner suburbs that helps ensure the success of such an event which has a significant impact on the area through which it is run.

I congratulate the Melbourne Marathon staff and volunteers who work so hard to make the event work so well, and I am sure that the new City of Port Phillip, which will contain two thirds of the marathon course, will continue South Melbourne's enthusiastic support and sponsorship for this important race.

FRANK O'CONNOR

Mayor — City of South Melbourne





City of Melbourne

Message for the Melbourne Marathon

On behalf of the City of Melbourne I offer congratulations to everyone involved in this year's Qantas Melbourne Marathon. Its success in 1994, as in previous years, is in no small part due to the commitment and effort of the organisers.

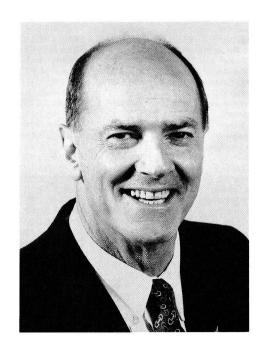
The route for this year's marathon highlighted some of our city's most notable attractions and featured our parks and gardens and St Kilda Boulevard.

The competitors, organisers and sponsors all contribute to making the Melbourne Marathon the internationally renowned event it has become.

As a former Olympic athlete I am aware of, and can well relate to the strenuous training requirements for runners in the month leading up to such an event and I commend all participants.

I look forward to welcoming the interstate and international competitors who will visit us next year to participate in the 1995 Melbourne Marathon. To all our Victorian athletes — good luck with your training schedules.

R. KEVAN GOSPER AO Chief Commissioner





1994 QANTAS MELBOURNE MARATHON PRIZEWINNERS

WINNER: Qantas Melbourne Marathon Trophy plus Minister for Sport and Recreation Perpetual Trophy: Manabu Kawagoe, Japan

1ST FEMALE: Qantas Melbourne Marathon Trophy plus Lord Mayor of Melbourne Perpetual Trophy: Winnie Ng, Hong Kong

2nd MALE & FEMALE: Qantas Melbourne Marathon Trophy: Mamoru Fujita, Japan Colleen Stephens, Vic

3RD MALE & FEMALE: Qantas Melbourne Marathon Trophy Adam Hoyle, Vic Man YI Lo, Hong Kong

1ST MALE & FEMALE AUSTRALIAN RESIDENTS: Qantas Melbourne Marathon Trophy plus Qantas trip to Sister Marathon, Lake Kawaguchi Nikkan Sports Marathon, Japan, November 1994: Adam Hovle, Vic Colleen Stephens, Vic

2ND MALE & FEMALE AUSTRALIAN RESIDENTS: Qantas Melbourne Marathon Trophy plus Qantas Air Ticket to the value of A\$500:

Safet Badic, Vic Sherryn Rhodes, Vic

3RD MALE & FEMALE AUSTRALIAN RESIDENTS: Qantas Melbourne Marathon Trophy plus Qantas Air Ticket to the value of A\$500:

Ian Nash, Vic Sharon, McEvoy, Vic

First 10 Males:

1. Manabu Kawagoe, Japan	2:19:02
2. Mamoru Fujita, Japan	2:23:14
3. Adam Hoyle, Vic	2:24:14
4. Fai Yeung Ng, Hong Kong	2:25:04
5. Safet Badic, Vic	2:25:09
6. Ian Nash, Vic	2:25:12
7. Ian Robertson, Vic	2:27:29
8. Kar Lun Lee, Hong Kong	2:28:05
9. Andrew De Highden, Vic	2:28:08
10. Weng Hei Lam, Macau	2:28:22

2:47:37
2:52:16
2:54:25
2:55:10
2:58:36
3:03:21
3:04:33
3:04:35
3:07:41
3:07:54

Victorian Marathon Championship Medallions:

2:24:14 1. Adam Hoyle

2. Ian Robertson

3. Andrew De Highden

- 1. Colleen Stephens
- 2. Sherryn Rhodes
- 3. Anne Lord

AGE GROUPS:

Under 20 Years — RetireInvest Hawthorn, Financial Par **Trophies**

First Male: Naoki Hirasawa, Japan (19) 2:34:54

First Female: Nil

Qantas Melbourne Marathon Plagues for Males Bella Bustiere Plaques for Females 35-39 Years

First Male: Kar Lun Lee, Hong Kong (38) 2:28:05 First Female: Sharon McEvoy, Vic (36) 2:58:36

First Male: Russell Johnson, Vic (42) 2:39:19 First Female: Winnie Ng, Hong Kong (41) 2:47:37

First Male: Lew Harvey, Vic (45) 2:35:14

First Female: Colleen Stephens, Vic (45) 2:52:16

First Male: Barry Brooks, Vic (54) 2:38:13 First Female: Mayumi Aihara, Japan (53) 3:12:21

55-59 Years

First Male: Colin McLeod, Qld (58) 2:44:56 First Female: Barbara Dalgleish, Vic (58) 3:33:29

60-64 Years

First Male: Roy Barrett, Vic (60) 3:07:18 First Female: Shirley Young, Vic (64) 3:53:46

First Male: Vivian Edwards, SA (65) 3:30:57 First Female: Nil

70 Years and over

First Male: Randall Hughes, Vic (70) 3:37:09

First Female: Nil

Jack Woodruff Memorial Perpetual Trophies Oldest Male: Ernest Walker, Vic (80) 6:13:28 Oldest Female: Shirley Young, Vic (64) 3:53:46

Paraplegics — City of Melbourne Trophies First Male: Brendon Milgate, Vic 1:46:47 First Female: Melissa Lucas, Vic 2:49:46

Novice Marathoners — Qantas Melbourne Marathon Tros

First Male: Ian Robertson, Vic 2:27:29 First Female: Sherryn Rhodes, Vic 2:55:10

Interstate Finishers — Cubitt Perpetual Trophies First Male: Terry Ellis, SA 2:37:14

Ray Mason

First Female: Debbie Cowell, NSW 3:04:35

SPORTS MEDICINE CENTRES OF VICTORIA (Prahran - Malvern - Croydon) TEAM CATEGORY PLAQUES

A)	Athletic Club Eureka AC		
	Julian Callahan	2:41:57	
	Stephen Callahan	2:42:35	
	Ernie Stewart	2:51:21	
B)	Sporting/Health Club. Vic Rogaining Assoc	/Gymnasium	
	Peter Mitchell	2:30:20	
	Mal Grimmett	2:35:00	
	Nigel Aylott	2:43:55	
C)	Community Service (B'hood St Laurence	Club	
	Anthony Quinney	2:54:40	
	Michael Toner	3:33:03	

3:34:27

D)	Business Houses/Worl ANZ Bank Brad Cossar Alan Barkauskas Jim Grelis	2:51:44 2:54:30 2:57:58	8:44:12
E)	Government & Semi G NSW Fire Brigades Roger Mentha Gary Burton David Baigent	2:45:01 2:52:35 3:08:55	8:46:31
F)	Open Women's Team Knox Roadrunners Michelle Cameron Rhea Martin Karen Cosson	3:26:27 3:30:03 4:09:32	11:06:02
G)	Wheelchair Team N G D Gate Brendon Milgate Ned Horton	1:43:47 1:55:44	3:39:31
H)	Veteran Men's Team (4 Eureka Veterans Gerry Surridge Michael Fenelon Roger Stoddart	2:39:49 2:43:48 3:02:06	8:25:43
I)	Veteran Women's Tean Wednesday Girls Liz Feldman Sandra Kerr Shirley Young	3:32:19 3:49:47 3:53:46	11:15:52
J)	Social Team Tri Mates Peter Robson Peter Boulton David McCormack	2:33:11 2:38:16 3:04:15	8:15:42

RETIREINVEST MELBOURNE, FINANCIAL PLANNERS FAMILY CATEGORY PLAQUES

K)	Husband & Wife Hoyle Adam Hoyle Julie Hoyle	2:24:14 3:33:51	5:58:05
L)	Mother & Daughter Nil		
M)	Mother & Son O'Hehir Batten Dennis O'Hehir Mary Batten	2:52:03 6:04:45	8:56:48
N)	Father & Son Collins Mark Collins Ted Collins	3:05:32 3:09:05	6:14:37
O)	Father & Daughter Blanchfield Nikki Blanchfield Ray Blanchfield	3:07:41 3:19:02	6:26:43
P)	Brother & Sister O'Dea Sharon McEvoy Peter O'Dea	2:58:36 2:58:56	5:57:36

SPARTAN AWARDS

Priority Concepts — Investment & Retirement Planning Trophies: First Male Spartan: Ian Nash, Vic 2:25:12

First Female Spartan: Colleen Stephens, Vic 2:52:16

1994 COURAGE AWARD — MERVYN FISHER. Vic

1994 QANTAS MELBOURNE MARATHON STATISTICS

ENTRANTS	2212
FEMALES	245
MALES	1967
INTERSTATE	160
OVERSEAS	199
WHEELCHAIRS	8
FINISHERS	2089

MAJOR RANDOM PRIZE QANTAS RETURN TICKET TO HONOLULU MARATHON 1994

Drawn at random from all finishers — Marathon & Half Marathon

WINNER: MR DAVID MURPHY, MENTONE, VIC

WHEELCHAIR RESULTS MARATHON

	PR = PERSO	ONAL BEST	F	M =	FIRST MA	RATHON	
Ρ	TIME	NAME		FΜ	DIV PL	DIV	
1	1:46:47	Brendon Milgate		N	1/5	M2034	
2	1:58:44	Ned Horton		Ν	2/5	M2034	
3	2:09:19	Warren Hall		N	3/5	M2034	
4	2:09:23	Michael Green		N	4/5	M2034	
5	2:13:44	Ian Gainey		Ν	1/2	M4044	
6	2:19:43PR	Michael De Santo)	N	2/2	M4044	
7	2:31:47	Andrew Avery		N	5/5	M2034	
8	2:49:46	Melissa Lucás		Y	1/1	F2034	
	HALF MARATHON						
		PR = PERSO	NA	IL BE	200 Processor (200 - 100 CHO)		
Р	TIME	NAME			DIV PL	DIV	
1	1:11:31PR	Chris Hogan			1/1	M1619	
2	1:55:05	Paul Hewitt			1/1	M4044	



THE QANTAS MELBOURNE HALF MARATHON

Along with the adoption of a new course in 1992 was the introduction of a half marathon into the marathon day proceedings. It allowed runners to gain experience and confidence and to use this experience as a stepping stone to the marathon the following year. So far this idea has proved a winner with the 1994 Qantas Half Marathon attracting its largest field ever.

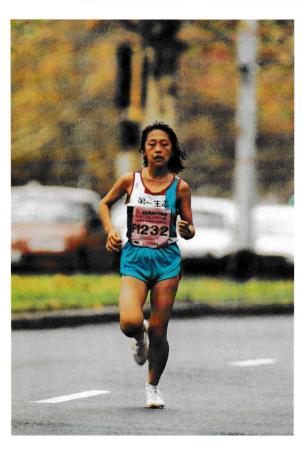
Around 1,500 runners gathered at the start of this years event, including a strong contingent of Australian and overseas athletes. In the mens race it was the Australians who dominated the places. Victoria's Darren Wilson took line honours when he outkicked Tasmanian Michael Dalton over the final stages, winning narrowly in the time of 66:20 from Dalton's 66:24. Both runners were under the old course record of 66:30 set last year by

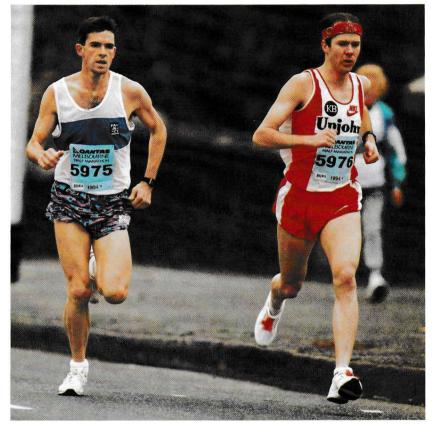
Commonwealth Games marathon representative Sean Quilty. Rounding out the top three was Peter Burke from Victoria in a time of 68:17.

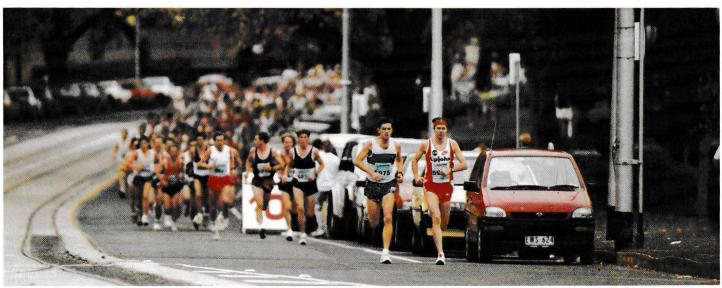
The Womens race saw Japanese athletes filling both first and second places. First place for the second year running went to Masami Moriguchi in a time of 76:27, from compatriot Hiromi Utsunomiya in 76:44. Victorian Tania Warrick was third across the line, and first Australian home, in a time of 79:59.

The growth in popularity of this event over the three years since its inception will no doubt be a trend that continues into 1995 and the years to follow. Although the event, as described earlier, was developed as a stepping stone for the marathon, it is fast gaining tradition and an identity of its own.

HALF MARATHON LEADERS







NIGHT OF STARS

The arrival in Melbourne of America's Marathon Great, Frank Shorter, as special guest for this year's Marathon provided the perfect opportunity to bring together Australia's own three Marathon Kings, Derek Clayton, Rob deCastella and Steve Moneghetti for a Marathon Night of Stars.

Shorter is largely credited with America's 70's running boom following his 1972 Olympic Marathon Gold and 1976 Silver in the same event. Derek Clayton established himself as one of the alltime greats in the marathon after his second world record of 2:08:33 in the 1969 Antwerp Marathon stood for twelve years

before it was taken by fellow Aussie Rob deCastella in Japan's Fukuoka Marathon. And none of us need to be reminded of deCastella or Moneghetti's feats that have added to the rich tradition of Australian Marathon strength at an international level.

With such a cast, a host the calibre of Bruce McAvaney and a venue the quality of the World Congress Centres, LaTrobe Theatre the first Marathon Night of Stars was always going to be a great success. The night began with video profiles of the four stars followed by a series of questions asked by host Bruce McAvaney. Following an intermission

where refreshments were served to the 300 strong audience, the night took on the format of a pane discussion where the four marathon legends answered questions collected from the enthralled audience.

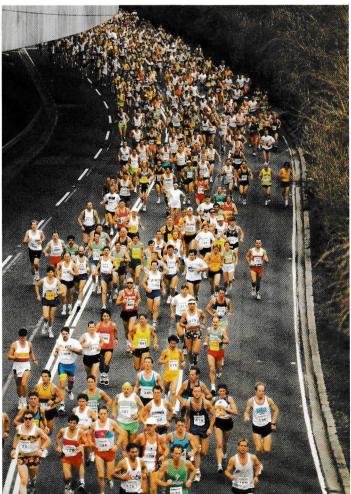
The very different backgrounds ages, attitudes and training philosophies of the four stars provided for not only an extremely informative evening but a thoroughly entertaining one also. Any true running enthusiast or potential marathoner could not have left the night dissatisfied. Seldom do you get to see and hear from four of the world's best ever in the one night as was the case at the inaugural Marathon Night of Stars.

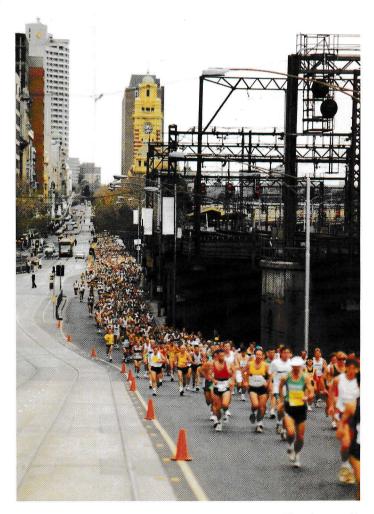
By Chris McKenzie











The Qantas Melbourne Marathon — 39

THE SPARTANS

WHAT IT MEANS TO ME

Like so many other Spartans, my running "career" started with friends encouraging me to join them in a lunch break jog. From that point I was literally "hooked" on running although I must confess, I was close to 58 when I made the big mistake of running in the second of the Melbourne Marathons in October 1979. The challenge was there although I clearly had had insufficient training. The time was terrible and the aftereffects even worse! We all learn from experience and this is particularly so if a marathoner is fired with ambition to qualify as a Spartan.

In 1987, the first year of the Spartan Club, 88 Spartans competed in the marathon. They made up a little less than 3% of the 3018 runners who finished. By 1990, 288 Spartans competed out of a total of 3366 finishers (nearly 9%) and this year the percentage climbed to a remarkable 28%.

It also seems to me that more and more elderly people are qualifying for Spartan membership. These are the sportsmen and sportswomen who are giving Melbourne Marathon much continued support at a time when the number of marathon participants is generally falling. This year an eighty year old Spartan completed the marathon. What an accomplishment! Of course the effort required to run such a race becomes greater with advancing years and race times become progressively worse. In 1985 when 63 my time was a pb 3.16.03, but nine years later it had dropped to 3.41.36, reasonable enough, but to run this time at 72 I found that one had to train a lot more than previously and that this was only possible through a greater commitment, a necessary and selfevident characteristic of every Spartan. How long one can continue is anybody's guess. We all have our heroes but my praise is for those who despite work and family obligations manage to find the necessary time to train for this great event. (It's easier when you've taken retirement). I also have the greatest admiration for those not blessed with healthy bodies but who, through courage and determination go on to achieve the goal that they set themselves — the successful completion of a marathon.

KEN MATCHETT (S215)

QANTAS MELBOURNE MARATHON SPARTANS CLUB — 1994

LISTING OF INCOMING SPARTANS

NAME	No.	NAME	No.
Graeme Alford	S518	Eugene Jones	S563
George Allen	S519	David Keech	S564
Julia Babrczy	SF16	David Ladbury	S565
Fred Blackman	S520	Les Lazar	S566
Brian Bloomer	S521	Bryan Leaf	S567
Rod Howen	S522	David Lindsay	S568
Nick Brennan	S523	Bill Loads	S569
John Bullen	S524	Doug Luke	S570
Gordon Burrowes	S525	Greg Lyndon	S571
Bruce Burston	S526	Neil MacDonald	S572
Bill Cavanagh	S527	Michael May	S573
Ken Chalmers	S528	Robert Miller	S574
Robert Cherubin	S529	Stephen Miller	S575
Jim Clarke	S530	Frank Morgan	S576
Gareth Clayton	S531	lan Morgan	S577
Bill Cleveland	S532	Shirley Morgan	SF20
Jim Cozens	S533	Dennis Mountford	S578
Colin Crawford	S534	Harri Muller	S579
John Cumberland	S535	Gary Nash	S580
Neil Cunningham	S536	lan Nash	S581
John Curran	S537	Jack Nicola	S582
Lorraine Devonport	SF17	Peter Oredsson	S583
Orani Dixon	SF18	Ashley Page	S584
lan Dobson	S538	Steve Peterson	S585
Barry Dobyn	S539	Graham Philpott	S586
Ken Down	S540	Yehia Ragheb	S587
David Ellis	S541	Bill Redmond	S588
Michael Fenelon	S542	Bernard Reicher	S589
Bruce Ferrall	S543	Graeme Robertson	S590
Paul Ferrari	S545	Mick Ryan	S591
Bob Garner	S546	Peter Ryan	S592
Lynette Gawne	SF19	Kevin Sheppard	S593
lan Gilbert	S547	Colleen Stephens	SF21
Geoff Glue	S548	Mark Stephens	S594
Victor Godfrey	S549	Phillip Stephenson	S595
Bernie Goggin	S550	Robert Van Keulen	S596
Tom Gorman	S551	Jeff Visser	S597
Geraint Griffiths	S552	Doug Wallace	S598
Rob Gullifer	S553	Brian Walsh	S599
Russell Harris	S554	Patrick Walsh	S600
Lew Harvey	S555	John Werchola	S601
Barry Higginbotham	S556	Doug Wheeler	S602
Eric Higgins	S557	Peter White	S603
George Hogarty	S558	Robert Wiese	S604
Geoff Howard	S559	Graham Wightman	S605
John Howes	S560	Chris Wilson	S606
Clint Jeffrey	S561	Con Zanetidis	S607
Darrell Johnson	S562		



